

169mm



Shake well before using



Patent granted by the United States Patent and Trademark Office

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O'gomeal

ORGALIFE
nutritional science

O'gomeal
PLANT-BASED

O'gomeal 100% complete plant-based formula is a scientifically designed supplement which helps to cut down on calorie intake with all 5 groups of healthy natural ingredients: Plant-based protein - Whole grains - Vegetables - Fruits - Vegetable oils, suitable for people in need of weight management or supplement of plant origin.*

- **Garcinia Cambogia** extract helps to support weight management and a healthy appetite.*
- **Natural fiber** blends extend the duration of fullness, regulate energy intake, and promote healthy glucose metabolism.*
- **DermaVal**™ stimulates the body to produce natural collagen to promote healthy, beautiful-looking skin.*
- **Rich in complete protein from 100% plant origin**, full of 18 amino acids including 9 essential amino acids to maintain muscle health.*
- **Provides 25 essential vitamins and minerals** to help the body to strengthen and maintain health and **Choline** to enhance concentration.*

Indications: People in need of weight management. The product is suitable for vegetarians and vegans or those who like to use vegetable protein.

Suggested use: Shake well before using. Product tastes better when kept cold.

Use 1 carton of O'gomeal plant-based to replace any meal. Can use additionally vegetables, fruits or nuts in the right amount when feeling hungry.

Storage: at room temperature, in a cool, dry place, away from direct sunlight. Products after opening should be used up within 18 hours, if not used up, must be covered, stored in the refrigerator and used up within 24 hours.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Products are manufactured and controlled by a food safety and quality management system according to European standards FSSC and HACCP Codex.



MFG & EXP: see on the packaging.



Tetra Pak®
Aseptic

Other ingredients: Water, cereals (white bean, mung bean, rice, brown rice, oat, quinoa), plant protein (soy protein, pea protein), vegetable fats (canola oil, sunflower oil, MCTs - Medium chain triglycerides), arrowroot, fruit, oat fiber, modified food starch, artificial herbal flavor, Japanese sweet potato, almond, methyl cellulose, kiwi, gelatin gum, monoga, sodium carboxymethyl cellulose, olive extract, shiitake mushroom, straw mushroom, abalone mushroom, and sucralose. Contains tree nuts (almond), soy.

HERBAL FLAVOR
NATURAL
COLLAGEN

No Lactose
No Preservatives
Dietary Supplement
8.45 FL OZ (250mL)

Weight
management*

GARCINIA CAMBOGIA EXTRACT 18 AMINO ACIDS
NATURAL FIBER
25 VITAMINS & MINERALS

Supplement Facts

Serving Size 1 carton (250mL)

Amount Per Serving	%Daily Value (DV)
Calories	200
Calories from Fat	50
Total Fat	6 g 8%
Saturated Fat	1 g 5%
Total Carbohydrate	20 g 7%
Dietary Fiber	6 g 21%
Protein	18 g 32%
Vitamin A (as beta-carotene, acetate)	200 mcg* 22%
Vitamin C (as sodium ascorbate)	25 mg 26%
Vitamin D3 (as cholecalciferol)	7 mcg 35%
Vitamin E (as Vitamin E acetate)	30 mg 200%
Vitamin K1 (as phyloquinone)	35 mcg 29%
Thiamine (Vitamin B1 (as thiamine HCl))	0.2 mg 17%
Riboflavin (Vitamin B2 (as riboflavin))	0.5 mg 96%
Niacin (Vitamin B3 (as niacinamide))	4.4 mg 26%
Vitamin B6 (as pyridoxine HCl)	0.6 mg 47%
Folate (as 250 mcg folic acid)	417 mcg DFE* 104%
Vitamin B12 (as cyanocobalamin)	1.6 mcg 67%
Biotin (as D-Biotin Trn)	35 mcg 117%
Pantothenic acid (as D-calcium pantothenate)	2.6 mg 52%
Calcium (as calcium carbonate)	375 mg 28%
Iron (as ferric pyrophosphate)	3.5 mg 19%
Phosphorus	375 mg 30%
Iodine (as potassium iodide)	37 mcg 25%
Magnesium (as magnesium oxide)	90 mg 21%
Zinc (as zinc oxide)	3 mg 27%
Selenium (as sodium selenite)	25 mcg 45%
Copper (as copper gluconate)	0.5 mg 56%
Manganese (as manganese sulfate)	1.7 mg 74%
Chromium (as chromium chloride)	42.5 mcg 121%
Choline (as choline bitartrate)	275 mg 50%

Amount Per Serving %Daily Value (DV)

Sodium	1300 mg	13%
Potassium (as dipotassium phosphate)	725 mg	15%
Garcinia extract (fruit rind and leaf) (Garcinia Cambogia)	300 mg	**
DermaVal™	17 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

Typical Amino Acid Profile per Serving (18 amino acids including 9 essential amino acids)**

Ingredients	Content
Leucine***	1105 mg
Isoleucine***	405 mg
Lysine***	812.5 mg
Histidine***	450 mg
Phenylalanine***	800 mg
Threonine***	600 mg
Valine***	600 mg
Methionine***	200 mg
Tryptophan***	180 mg
Tyrosine	502.5 mg
Aspartic acid	1512.5 mg
Cysteine	227.5 mg
Serine	685 mg
Glutamic acid	2700 mg
Proline	550 mg
Glycine	587.5 mg
Alanine	655 mg
Arginine	952.5 mg

*RAE (retinol activity equivalents).
*DFE (dietary folate equivalents).
*NE (niacin equivalents)

Product of Vietnam
Manufactured by:
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127.5mm

185mm

41.5mm

43mm