

Shake well  
before use



Patent granted by the United States Patent  
and Trademark Office



**Nutritional ingredients in FOMEAL CARE PLANT-BASED 250ml**  
(The content of nutritional indicators is not less than 80% of the value on the label)

Nutrient(s)	Content	DV% <sup>a</sup>
Energy	200.0	kcal 100.0
Protein	15.0	g 30.0
CaHMB	0.4	g 1.0
HMB	0.3	g 1.0
Fat	6.7	g 8.6%
Saturated Fat	1.4	g -
MUFA	1.7	g -
Omega 9	2.7	g -
PUFA	1.9	g -
Omega 3	100.0	mg 15.0
Omega 6	2.1	g -
Trans fat	0.0	g -
Carbohydrate	25.3	g 9.3%
Add sugar	3.5	g 12.5%
Vitamin A	200.0	µg 22.2%
Vitamin D3	7.5	µg 37.5%
Vitamin E	30.0	mg 200.0%
Vitamin B1	0.2	mg 16.7%
Vitamin B2	0.5	mg 38.5%
Vitamin B3	4.4	mg 27.5%
Vitamin B5	2.6	mg 52.0%
Vitamin B6	0.8	mg 47.1%
Vitamin B12	1.6	µg 66.7%
Biotin	35.0	µg 116.7%
Folic acid	250.0	µg 62.5%
Vitamin C	25.0	mg 27.8%
Vitamin K	35.0	µg 29.2%
Sodium	300.0	mg 13.0%
Potassium	725.0	mg 15.4%
Calcium	375.0	mg 28.8%
Magnesium	375.0	mg 31.3%
Phosphorus	90.0	mg 21.4%
Iron	3.5	mg 19.4%
Zinc	3.3	mg 30.0%
Iodine	36.8	µg 24.5%
Selenium	25.0	µg 45.5%
Chromium	42.5	µg 121.4%
Manganese	1.7	mg 73.9%
Copper	500.0	µg 55.6%

(1) Percent Daily Values (% DV) are based on Vietnamese Ministry of Health and FDA recommendations.

**Note:**

- Do not use when the carton is bulging, or the ingredients are coagulated, spoiled.
- The product should be reheated under 40°C and do not heat in microwave.
- The product contains almond and soy ingredients.

Self - Declaration Number: 23/OGI/2022

**18 amino acids (including 9 essential amino acids \*) in 250ml**

Nutrient(s)	Content	DV <sup>a</sup> %
Leucine*	825.0 mg	35.3%
Isoleucine*	425.1 mg	35.4%
Lysine	750.0 mg	41.7%
Histidine*	372.5 mg	62.1%
Phenylalanine*	327.6 mg	35.2%
Threonine*	517.5 mg	57.5%
Valine*	550.0 mg	35.2%
Methionine*	277.5 mg	46.2%
Tryptophan*	85.0 mg	35.4%
Tyrosine	435.0 mg	-
Aspartic acid	1282.5 mg	-
Cystine	185.0 mg	-
Serine	575.0 mg	-
Glutamic acid	2167.5 mg	-
Proline	515.0 mg	-
Glycine	492.5 mg	-
Alanine	575.0 mg	-
Arginine	695.0 mg	-

<sup>(2)</sup>Percent Daily Values (%DV) are based on WHO recommendations for a person weighing 60 kg.

**High quality products of Orgalife**  
Nutritional Science Company Limited.  
Address: No.27 Street 65, Tan Phong  
Ward, District 7, Ho Chi Minh City,  
Vietnam.

**Made in** Branch of Orgalife Nutritional Science Company Limited - Factory. Lot B4D1 - Lot B4C, 04 Street, Phuc Long industrial park, Long Hiep commune, Ben Luc district, Long An province, Vietnam.

Hotline: 19006744

Email: [hotro@orgalife.com.vn](mailto:hotro@orgalife.com.vn)

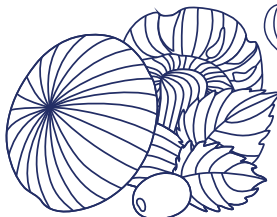
Website: [www.orgalife.com.vn](http://www.orgalife.com.vn)



**FOMEAL**  
CARE PLANT-BASED

## Micronutrient soup

### Nourish the body



**Ingredients:** Water, brown rice, plant protein (soy protein), pea protein, rice, Pennix Mineral OptiCare, sunflower oil, tricolposphosphates (E570), lipoil, canola oil, ratio purgare flour.

**Fomeal care plant-based** is the daily micronutrient soup providing energy and full of essential nutrients to promote comprehensive health.

- Supplementing with Japanese *Perilla frutescens* leaves Extract (Benegut®) helps to decrease bloating, balance bowel movements, lower irritable bowel syndrome, and help with good digestion.
- MCTs (medium-chain triglycerides), natural fiber and FOS fiber improve the absorbability problem and intestinal health, avoid constipation.
- 100% complete plant protein contains BCAAs (valine, leucine, isoleucine) and CaHMB (calcium  $\beta$ -hydroxy  $\beta$ -methylbutyrate monohydrate) help to build and maintain muscle health.
- Folic acid, Iron, Zinc, Magnesium, Selenium, vitamin A, C, E and B help to strengthen the immune system.
- MUFA (medium fatty), PUFA (omega 3.6) help to lower total cholesterol and Low-Density Lipoprotein (LDL), decrease the risk of developing cardiovascular disease.
- A combination of calcium, vitamin D3 and phosphorus help to build strong bones.

**Storage:** At room temperature, in a cool, dry place, away from direct sunlight. Refrigerate after opening and consuming within 24 hours.

**Instructions for use:** Drink directly. Shake well before use. Products taste better when kept cold. According to demand, drink 1-3 boxes per day.

**Indications:** People who need nutritional supplement for good digestion and fast absorption, to improve their health, or replace meals.

**MFG & EXP:** on the packaging.

Products are manufactured and controlled by a food safety and quality management system according to European standards FSSC and HACCP codex.



CaHMB	Complete Protein
	Japanese Perilla Frutescens leaves extract
25 vitamins and minerals	



No added sugar	Food supplement	Net volume:
No preservatives	Energy: 200 kcal	<b>250 ml</b> (at 20°C)

Net volume:  
**250 ml** (at 20°C)