



BERBERINE (DAARU HALDI)



Daruhaldi (*Berberis Aristata*) is used in Ayurvedic medicine from long time. It has hypoglycaemic, antibacterial, antifungal, antipyretic, anti-inflammatory, hepatoprotective and antioxidant activities.

Berberine has also been shown to lower glucose levels in people with diabetes. It helps your body to respond better to insulin and prevents your liver from creating more glucose, reduces the risk of heart diseases and works as effective antimicrobial agent