

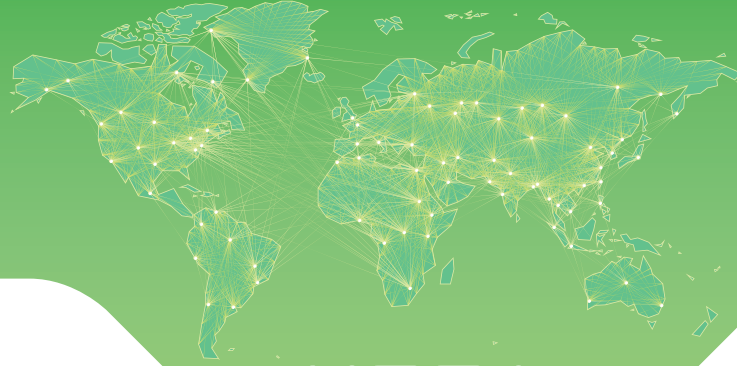


Our success is your health...

PRODUCT CATALOGUE

VEFA
— İLAÇ —

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VEFA
— İLAÇ —

VEFA İLAÇ SAN. Ve TİC. LTD. ŞTİ.

As manufacturer was established in 2012 in İstanbul, one of the Turkish Pharmaceutical Industry's dynamic and reputable company. **Vefa ilaç** manufactures in its GMP certified facility pharmaceuticals for human health and prosperity. **Vefa ilaç** through effective research and development has a sustainable environment and quality production policy. **Vefa ilaç**'s future depends on human resources...

Our Mission is to achieve success in connecting continents through Pharmaceuticals and Food Supplement products and perform a particular production for human health and prosperity.

Our Vision is to produce and develop Pharmaceuticals and Food Supplement products. Because of the success of R&D we become one of the fastest growing companies in the field of export.



VEFA İLAÇ SAN. Ve TİC. LTD. ŞTİ. is all about excellence in manufacturing, research and development of Pharmaceuticals and Food supplement products. **VEFA İLAÇ** is the best classified capabilities by WHO, GMP and ISO in Eurasia. The factory's different sections are well equipped with carefully selected technological machinery and equipment.



Quality control, R&D and microbiology laboratories are under the control of specialized and highly qualified people...



Expertise combines hygienic production with sustainable environment...

We really care about human health as well.

Our work is sensitive...

We are seeking for long term and trust based partnerships in all global markets for defined services;



- ✓ Distributorship
- ✓ Contract Manufacturing
- ✓ Private Labelling

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Arteasy

Tablets



For Healthy Joints
and Bones

Arteasy tablets represent a unique formula for the protection and regeneration of joint cartilage. The special composition of clinically verified substances - Glucosamine, Chondroitin and unique elements of Boswellia Serrata, Curcuma Longa and Undenatured Type II Collagen affect all joints (knee joints, hip joints, other joints for legs, hands and backbone) efficiently.

Recommended use:

1-2 tablets a day.

One tablet contains:

Glucosamine Sulphate	500 mg
Chondroitin Sulphate	100 mg
Boswellia Serrata Extract	50 mg
Manganese Sulphate	1,7 mg
Vitamin C	15 mg
Curcuma longa Extract	50 mg
Undenatured Type II Collagen	40 mg

- Helps to ease painful symptoms of joint inflammation
- Effective substances protect, nourish and help with the recovery of cartilage
- Decreases synostosis and improves mobility of joints
- Recommended in the case of symptoms of early wearing of joints and backbone
- Improves mechanical properties and resistance of joints



For Healthy Joints
and Bones



Arteasy

Cream



Arteasy cream represents a special composition for local easing of pain and removing of problems associated with joints. This manner of application of effective elements lead to significant easing of pain in joints and muscles. The natural extracts contained in Arteasy cream, increase blood flow through suffered tissues, helps to warm and ease painful areas.

Direction of use:

Apply to the required area with a circular motion, several times a day. It is recommended for use by people over 12 years old.

Ingredients:

Glucosamine Sulphate Dipotassium Chloride, Sweet Orange (Citrus Aurantium Dulcis) Oil, Menthol, Methyl sulfonyl methane, Lavender (Lavandula Officinalis) Oil, Type II Collagen, Chondroitin Sulphate Sodium, Fennel (Foeniculum Vulgare) Oil, Eucalyptus (Eucalyptus Globulus) Oil, Ginger (Zingiber Officinale) Oil, Clove (Eugenia Caryophyllus) Oil.

- Fast relief of joint, muscle, back & neck pains
- Unique combination of natural herbal oils and chondroprotective ingredients

Nemolix C3



For Healthy Joints
and Bones

Nemolix C3 is a unique combination of BiovaFlex®, Boswellin® Super and Curcumin C3 Reduct® extracts. BiovaFlex™ is an all natural Egg Membrane ingredient which beneficially affects joint's health - alleviates everyday joint aches and pains, reduces joint discomfort, improves joint mobility, flexibility and function, promotes normal inflammatory response, provides joints with the building blocks needed to build cartilage. Boswellin® Super is a standardized powdered extract from Gum resin exudates from *Boswellia serrata* tree. *Boswellia serrata* has anti-inflammatory action much like conventional non steroidal anti-inflammatory drugs. Long term usage of *Boswellia* does not lead to irritation or ulceration of stomach, hence safer than NSAIDs. *Boswellia* extract can be recommended in patients with Osteoarthritis knees and may also have therapeutic utility in the treatment of other arthritis like joint, rheumatoid, spondylosis. Curcumin C3 Reduct® - the cascading antioxidant, standardized for 95% tetrahydrocurcuminoids. Curcumin C3 Reduct® helps suppress NFκB activation and hence inflammation and a host of its manifestations. Tetrahydrocurcuminoids reduce pain and inflammation by inhibiting COX-1 and COX-2 (Cyclooxygenase), plus another inflammatory enzyme known as 5-Lipoxygenase. Curcumin C3 Complex is clinically proven to be helpful in the management of Arthritis.

Recommended use:

1-2 soft gelatin capsules a day.

Each soft gelatin capsule contains:

BiovaFlex®	500 mg
(Natural Egg Membrane)	
Boswellin® Super	75 mg
(Boswellia Serrata Extract Super)	
Curcumin C3 Reduct®	50 mg
(95% Tetrahydrocurcuminoids)	



- Nourishes and promotes the restoration of cartilage for healthy joints and bones
- Decreases painful symptoms of joints
- Improves mobility of joints
- Prevents the symptoms of early wearing of joints and backbone
- Helps to relieve pain in 7 days and to improve joint functionality in 28 days

For Healthy Joints
and Bones



Calzin-D specially formulated to help maintain the bones in men and women of all ages. All components of this product are essential for key operations in human body and are necessary for bone health. Calcium and magnesium are especially important for maintaining a teeth, help to keep blood pressure on a healthy level and are necessary for normal function of nervous system and muscles. Zinc helps maintain the health of the immune system and is also necessary for skin health. Vitamin D3 promotes the absorption of calcium in the gastrointestinal tract and keeps a balance of calcium in the body, therefore help to build strong bones.

Recommended use:

Adults: 1-2 tablets a day

Children under 12 years: 1 tablet a day.

Each tablet contains:

Calcium	400 mg
(as Calcium Carbonate - 998,92 mg)	
Magnesium	150 mg
(as Magnesium Oxide - 248,74 mg)	
Zinc	5 mg
(as Zinc Gluconate - 34,85 mg)	
Vitamin D3	5 mcg
(Cholecalciferol - 200 IU)	

- Healthy skin, hair, nails, bones and teeth
- Healthy cardiovascular system and immunity
- Decreases the risk of osteoporosis
- Keeps the nervous system in good condition, eases insomnia





Parvulex



Women's Health

Parvulex is a complex of vitamins, minerals and Omega-3 fatty acids. Omega-3 fatty acids are important in both: in the development of the baby and for the health of the mother.

Parvulex supplement is targeted towards pregnant and lactating women. Parvulex improves overall nutritional health and provides optimum levels of essential nutrients which are important during pregnancy and lactation period.

Recommended use:

1 soft gelatin capsule a day.

Each Parvulex softgel capsule contains:

Omega 3	236,52 mg
DHA	85 mg
Vitamin B1	1,4 mg
Vitamin B2	1,4 mg
Vitamin B3	16 mg
Vitamin B5	6 mg
Vitamin B6	1,8 mg
Vitamin B7	0,035 mg
Vitamin B9	0,4 mg
Vitamin B12	2,5 mcg
Vitamin C	50 mg
Vitamin D3	5 mcg
Zinc	10 mg
Iron	17 mg
Iodine	0,2 mg
Selenium	55 mcg



- Supports the mother health and increases the development of babies in the womb
- Optimal amounts of vitamins, minerals and Omega 3 fatty acids
- Does not irritate the gastric mucosa
- Provides an effective absorption



Argimac is a unique and powerful supplement, specially designed to support and increase male and female sexual performance. Argimac ensures optimum sexual health, significantly improves libido and sexual performance. It also has a positive effect on spermatogenesis (the formation and agility of sperm) and thereby enhances fertility.

Recommended use:

2 tablets a day.

Long-term usage is recommended.

Each tablet contains active ingredients:

Maca (<i>Lepidium meyenii</i>) extract	170 mg
Tribulus terrestris extract	250 mg
L-Arginine	500 mg
Horny Goat Weed (<i>Epimedium</i> sp.) extract	50 mg
Ginseng (<i>Panax ginseng</i>) extract	25 mg
Coenzyme Q10	30 mg

- For a natural libido and quality sexual life
- Supports sexual desire and reproductive performance





Prostakaps



Men's Health

Prostakaps is a combination of herbal extracts which beneficially affect men's health. Prostakaps contains Saw Palmetto extract, natural Lycopene extract, Nettle (*Urtica Dioica*) extract, Common Bearberry (*Arctostaphylos uva-ursi*) extract, Pumpkin Seed oil, Zinc and Selenium. Prostakaps helps to maintain prostate health, strengthens the body against the free radicals negative effects, contributes to prevent the formation of prostate hypertrophy.

Recommended use:

1-2 soft gelatin capsules once or two times a day.
Long-term usage is recommended.

Each soft gelatin capsule contains:

Saw Palmetto extract	300 mg
Lycopene extract	500 mcg
Nettle extract	62,5 mg
Common Bearberry extract	12,5 mg
Pumpkin seed oil	300 mg
Zinc (as Zinc Sulphate mono)	10,3 mg
Selenium (as Sodium Selenite)	103 mcg

- Helps to maintain prostate health
- Prevents the formation of prostate hypertrophy
- Strengthens the organism against oxidative stress





Betakid



Natural Products
For Babies and
Children

Betakid syrup is a complex of Beta Glucan and all necessary vitamins, minerals, which are crucial for the physiological growth and healthy development of children. It has a beneficial effect on natural immunity, promotes vitality and general well-being, supports the physiological growth and proper development. Betakid syrup also is necessary for teeth, bone, hair, skin health and nails. Betakid syrup is recommended during recovery and physical or mental fatigue.

Recommended use:

6 - 12 months :5 ml a day
1 - 3 years :5 ml once or twice a day
3 - 6 years :10 ml a day
> 6 years :10 ml once or twice a day

Each 10 ml of syrup contains active ingredients:

Vitamin A (Retinyl palmitate)	1667 IU
Vitamin B (Thiamine)	0,8 mg
Vitamin B2 (Riboflavin)	0,9 mg
Vitamin B3 (Niacinamide)	8,5 mg
Vitamin B5 (D calcium pantothenate)	3,5 mg
Vitamin B6 (Pyridoxine hydrochloride)	0,5 mg
Vitamin B7 (Biotin)	15 mcg
Vitamin B9 (Folic Acid)	300 mcg
Vitamin B12 (Cyanocobalamin)	1,5 mcg
Vitamin D3 (Cholecalciferol)	400 IU
Vitamin E (DL-alpha-tocopheryl acetate)	8 IU
Vitamin K1 (Phytonadione)	20 mcg
Vitamin C (Ascorbic Acid)	59,7 mg
Beta Glucan	10 mg
Zinc	5 mg
Iodine	0,075 mg
Manganese	1 mg
Selenium	0,045 mg



- Combination of essential vitamins and minerals
- Syrup with Beta Glucan – strengthens local and general immunity
- With a pleasant orange flavour



Colispas syrup contains natural herbal oils such as Dill Oil, Clove Oil, Caraway Oil, Cardamom Oil, Cinnamon Oil. Colispas eases the intestinal spasms and infantile colics, helps digestion process of infants. Due to its quality, pleasant taste and easy use, it is especially indicated in children's diets starting from their first months of life.

Recommended use:

Infants 0 - 2 months:	2,5 ml 3 times a day
Infants 2 months - 1 years old:	5 ml 3 times a day
Children 1 - 2 years old:	10 ml 3 times a day
Children > 2 years old:	15 ml 3 times a day

Each 5 ml of syrup contains active ingredients:

Dill Oil (Anethum Graveolens)	2,5 mg
Clove Oil (Eugenia Caryophyllata)	0,5 mg
Caraway Oil (Cuminum Cyminum)	0,025 mg
Cardamom Oil (Elettaria Cardamomum)	0,02 mg
Cinnamon Oil (Cinnamomum Zeylanicum)	0,015 mg

- Provides easy disposal of the gas
- Prevents the formation of gas
- Has spasmolytic (spasm relieving) effect
- Prevents constipation

BONA kids



Natural Products
For Babies and
Children

Bona Kids is a rich source of Calcium, Magnesium, Vitamin D3 and Zinc. Calcium, Vitamin D3 and Magnesium are necessary for the strengthening of bones and teeth in children. Moreover, they are also important for the heart and cardiovascular system to work properly, as well as for healthy function of muscles and nerves. Calcium in Bona Kids is in the citrate form – is the most easily and completely absorbable form, even in case of low acidity in the stomach. Calcium Citrate 2,5 times more bio-compatible to the biological systems, than any other calcium salt.

Recommended use:

0 - 1 year: 2,5 ml twice a day

1 - 2 year: 5 ml twice a day

2 - 3 year: 10 ml twice a day

Each 10 ml of suspension contains:

Calcium (as calcium citrate)	300 mg
Magnesium (as magnesium hydroxide)	150 mg
Zinc (as zinc gluconate)	6 mg
Vitamin D3 (cholecalciferol)	3,6 µg

- Prevents Calcium and Vitamin D3 deficiency
- Accelerates mineralization of bones
- Provides normal function of muscles and nerves
- Helps to prevention of Rickets





Appetite *plus*



Appetite plus is a unique combination of herbal extracts, which normalizes the function of the gastrointestinal tract, improves digestion and stimulates the appetite. Appetite plus enhances immunity and growth, increases the appetite to gain weight. It helps resistance against viral and infectious diseases. Accelerates children's growth and helps the physical evolving of the children.

Recommended use:

Children:

6 months - 1 year : 1,25 ml two times a day
1 - 2 years : 2,5 ml two times a day
> 2 years : 5ml three times a day

Adults:

10 ml three times a day
Is taken 20 minutes before meals.

Each 5ml of syrup contains active ingredients:

Black Elderberry (<i>Sambucus nigra</i>) extract	50 mg
Grape Seed (<i>Vitis vinifera</i>) extract	50 mg
Fennel (<i>Foeniculum vulgare</i>) extract	25 mg
Cumin (<i>Cuminum cyminum</i>) extract	20 mg
Piper longum extract	20 mg

- Enhances appetite, growth and immunity
- Increases the appetite to gain weight
- Helps resistance against cold
- Supports the child's growth
- Helps the physical development of the child



The active ingredients in the content, provide Helix by a wide spectrum of action. The product is on herbal based and will not cause any problem during long term of use unlike the synthetic antihelminthic products.

Recommended use:

Children:

1 - 5 years	: 5 ml twice a day
5 - 12 years	: 5 ml three times a day
> 12 years	: 10 ml twice a day

Take the recommended dose 15 minutes before meals.

Two weeks usage is recommended.

Each 5 ml syrup contains:

Pumpkin Seed Extract (Cucurbita Pepo)	200 mg
Walnut Leaf Extract (Juglans Regia)	10 mg
Garlic Extract (Allium Sativum)	0,5 mg
Wormwood Herb Extract (Artemisia Absinthium)	15 mcg
Thyme Extract (Thymus Vulgaris)	250 mcg

- Unique herbal composition
- Natural antihelminthic action
- Has a spasmolytic effect, regulates intestinal peristalsis
- Absolutely safe, without any side effects





The active ingredient Babypxol syrup is a dry leaf extract of Artichoke (*Cynara scolymus*). Biologically active substances of Artichoke field have choleric, hepatoprotective, diuretic effects. It also helps to reduce the serum urea levels.

Recommended use:

Children:

0 - 1 year: 0,3 - 0,5 ml three times a day. Dissolve in 1 teaspoon water and take 20 minutes before meals.

1 - 5 years: 0,5 - 1 ml three times a day. Dissolve in 1 tablespoon water and take 20 minutes before meals.

5 - 12 years: 2 - 3 ml three times a day. Dissolve in 1 tablespoon water and take 20 minutes before meals.

> 12 years and adults: 5 ml three times a day. Take 20 minutes before meals.

100 ml of syrup contains active ingredient:

Artichoke Dry Leaf Extract (*Cynara scolymus*) 20 g

- Has a strong hepatoprotective effect
- Increases the ability of hepatocytes to produce co-enzymes, which improves the exchange of cholesterol, lipids and metabolism of ketone bodies
- Detoxifies the liver parenchyma and kidneys during the antibiotic use

INSOMNIS

baby drops



Natural Products
For Babies and
Children

Insomnis baby drops is a mild preparation that helps babies and children fall asleep. It is recommended in states of nervous excitement, excessive irritation and anxiety.

Recommended use:

0 - 6 months	: 3 - 5 drops twice a day
6 - 12 months	: 10 drops twice a day
1 - 3 years	: 20 drops twice or three times a day
3 - 7 years	: 30 drops twice or three times a day

Add the recommended dose of INSOMNIS baby drops and dilute in 8-10 spoons of water or fruit juice.

Each 17 drops (0,5 ml) contains:

Passiflora incarnata extract	30 mg
Melissa officinalis extract	12,5 mg
Valerian root extract	8,5 mg
Vitamin B6	0,07 mg

- Helps the child to relax in safely
- Helps in relieving of hyperactivity symptoms, restlessness and sleeplessness





Zincovef C syrup is a rich source of Zinc and vitamin C. Zinc is an essential microelement and is important for the immune system formation and function. Zinc improves absorption of electrolytes and water, thus prevents subsequent episodes of diarrhea. The World Health Organization (WHO) and UNICEF recommended daily Zinc supplements for children with acute diarrhea. Zinc also maintains normal growth rates, skin hydration and the sense of smell and taste. Vitamin C (Ascorbic Acid) is essential for formation and maintenance the body's resistance against infectious diseases. Vitamin C is an important antioxidant and it enhances the immune system.

Each 5 ml of syrup contains:

Zinc (as Zinc Sulphate)	10 mg
Vitamin C (Ascorbic Acid)	50 mg

Recommended use:

Use in diarrheas:

0-6 months	: 5 ml a day
6 months - 3 years	: 10 ml a day
3-12 years	: 15 ml a day
Above 12 years	: 20 ml a day

Zinc deficiency and other indications:

Children under 10 kg	: 10 ml a day.
Daily dose divided into two.	
Children within 10-30 kg	: 10 ml 1-3 times a day
Adults and children over 30 kg	: 20 ml 1-2 times a day

- Zinc and Vitamin C Syrup has no analogues
- Exact doses of Zinc – recommended by WHO/UNICEF for the disposal and prevention of diarrhea and dehydration
- With a pleasant orange flavour

FerroVef

syrup



Natural Products
For Babies and
Children

Ferrovef syrup is a combined preparation containing Iron, Folic Acid and Vitamin B12. Iron is an important constituent of hemoglobin, myoglobin, and the enzymes which contain Iron.

Recommended use:

0 - 1 year:	5 ml a day
1 - 12 years:	10 ml a day
> 12 years:	20 ml a day

Each 10 ml of syrup contains:

Ferrous gluconate	59,9 mg
(equivalent to the elemental Iron 7,5 mg)	
Folic Acid	100 mcg
Vitamin B12 (Cyanocobalamine)	1,4 mcg

- Combined anti-anemic formula for children of any age
- Helps to eliminate the symptoms of Iron, Folic Acid and Vitamin B12 deficiencies
- Does not color the tooth enamel
- With a pleasant caramel flavour





Bliss Baby diaper rash cream with Zinc oxide and organic ingredients, helps soothe and heal irritated skin, instantly relieves diaper rash. Zinc oxide creates a barrier and prevents contact with components that can harm the baby's skin. Bliss Baby special formula, that contains Lecithin and Shea butter, provides high protection and is compatible with the skin. Panthenol helps to shorten the healing period. Provides rapid relief from the irritation. Hexamidine Diisethionate has an aseptic effects. Allantoin soothes and protects baby's delicate skin.

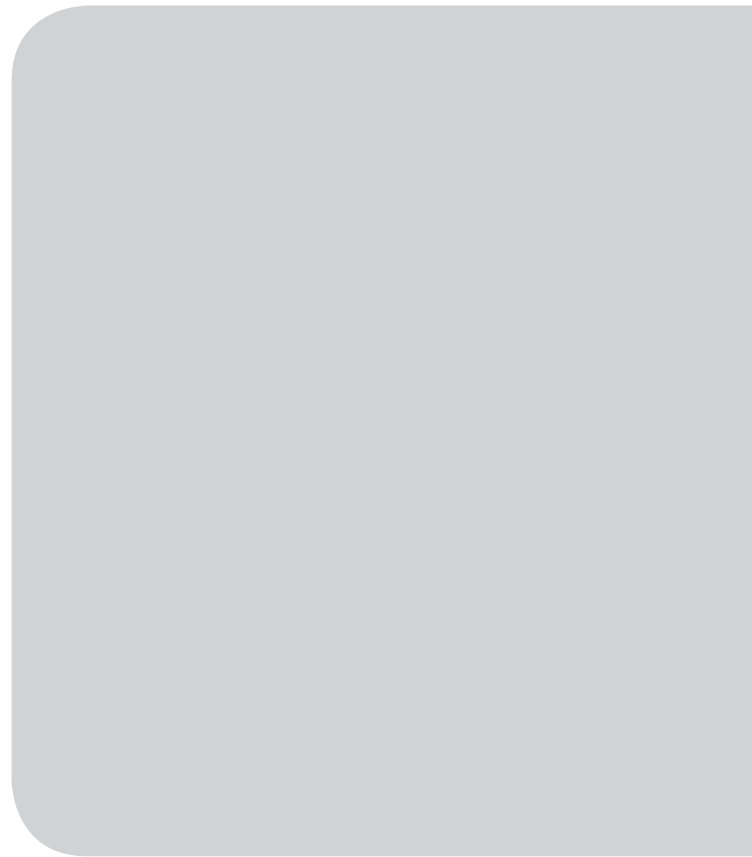
Direction of use:

Use after the diaper change, wash by water, allow to dry and apply Bliss Baby cream.

Composition:

Zinc Oxide, Shea Butter, D-Panthenol, Allantoin, Hexamidine Diisethionate.

- Forms a protective barrier in short time on baby's skin to instantly provide relief and soothe irritated skin
- Reduces the duration and severity of diaper rash when applied at the first signs of redness
- Shea butter and allantoin moisturize the skin
- Zinc oxide helps reduce and prevent redness and inflammation
- Instant relief after first use
- Hypoallergenic
- Plant and Mineral-Based Ingredients





Apteranit Shampoo's double action formula does not only suffocate, but also dehydrates head lice and eggs. In addition, its convenient to use as it washes the hair at the same time. Apteranit Shampoo's formula has been tested to kill 100% of head lice.

Direction For Use:

1. Check dry hair lock for head lice using the enclosed fine toothed anti-lice comb.
2. Apply enough Apteranit Shampoo evenly onto dry hair. Be sure to cover all the hair and scalp. Massage well from the roots to tips paying particular attention to the neck and behind the ears. Wait for 10 minutes.
3. Add enough water to the hair to work up foam. Wash and rinse the hair thoroughly. Be sure to rinse everything out.
4. Before drying the hair, comb thoroughly with the Apteranit anti-lice comb to remove the lice and eggs. Regularly clean the comb.
5. Repeat the treatment after 7 days.

Composition:

Dimethicone, purified water, liquid paraffin, setearil alcohol, glycerol, propylene glycol, Ceteareth-20.

- Effective in 10 minutes
- No insecticides
- Pleasant fragrance





VITAP GS

BETAGLUCAN, MULTIMINERAL, MULTIVITAMIN
&
GINSENG

Vitap GS soft gelatin capsules contain essential vitamins and minerals and provide vital nutrition to boost immune function, protection against the negative influence of free radicals, maintain healthy functioning and overall well-being. Helps to increase resistance against physical stress and to improve working capacity.

Recommended use:

1 soft gelatin capsule a day.

Each soft gelatin capsule contains:

Vitamin A (Retinyl palmitate)	500 IU
Vitamin B1 (Thiamine hydrochloride)	1,1 mg
Vitamin B2 (Riboflavin)	1,4 mg
Vitamin B3 (Niacinamide)	20 mg
Vitamin B5 (D-calcium pantothenate)	4,6 mg
Vitamin B6 (Pyridoxine hydrochloride)	1,64 mg
Vitamin B9 (Folic acid)	0,4 mg
Vitamin B12 (Cyanocobalamin)	2,5 mcg
Vitamin C (Ascorbic acid)	200 mg
Vitamin D3 (Cholecalciferol)	400 IU
Zinc sulphate monohydrate	10 mg
Ferrum fumarate	17 mg
Manganese sulphate	2 mg
Copper sulphate	1 mg
Potassium Iodide	80 mcg
Ginseng (Panax Ginseng) extract	40 mg
Beta Glucan	50 mg

- Multivitamin and multimineral complex with Beta Glucan and Ginseng
- Prevents the vitamin and mineral deficiencies
- Supports immune system
- Provides energy for daily activities



SeleVef



Vitamin & Mineral
Supplements

SeleVef is a unique combination of Selenium, Zinc and vitamins A, C, E and B6. All vitamins and minerals have an antioxidant effects which protect the human body against the negative influence of free radicals – oxidative stress.

Recommended use:

1 tablet a day.

Each tablet contains active ingredients:

Selenium	100 mcg
Zinc	15 mg
Vitamin A	1000 mcg
Vitamin C	90 mg
Vitamin E	45 mg
Vitamin B6	2,2 mg

- Helps to protect cells against harmful influences of free radicals
- Helps to strengthen the immune system and prevents the origination of modern lifestyle diseases
- Slows down the aging of cells





MagneMax B6



MagneMax B6 contains effective combination of Magnesium and Vitamin B6 in the optimal dosage. Because of this, the body easily fights hypomagnesemia and stress, prevents their primary manifestations.

Recommended use:

1 tablet 3 or 4 times a day.

Each tablet contains:

Magnesium citrate (equivalent to elemental Mg - 100 mg)	881,91 mg
Pyridoxine hydrochloride (Vitamin B6)	6 mg

- The special formula is based on magnesium citrate
- Magnesium citrate has preferred bioavailability compared with inorganic salts of magnesium
- Vitamin B6 improves the bioavailability of magnesium
- Fights hypomagnesemia, strengthens the health of nervous system

Ferrovef



Vitamin & Mineral
Supplements

Ferrovef is an antianemic complex which contains Iron, vitamins and minerals. It helps to increase the hemoglobin level and the erythrocytes amount in blood.

Recommended use:

Adults and children over 12 years:

1 soft gelatin capsule once or twice a day.

Each softgel capsule contains:

Ferrous fumarate <i>(equivalent to elemental Iron – 47 mg)</i>	143 mg
Zinc sulphate <i>(equivalent to elemental Zinc – 4,0 mg)</i>	11,05 mg
Copper sulphate <i>(equivalent to elemental Copper – 2,0 mg)</i>	5,0 mg
Manganese Sulphate <i>(equivalent to elemental Manganese – 2,0 mg)</i>	6,2 mg
Vitamin C <i>(Ascorbic Acid)</i>	75,0 mg
Vitamin B6 <i>(Pyridoxine hydrochloride)</i>	4,11 mg
Vitamin B12 <i>(Cyanocobalamin)</i>	5,0 mcg
Folic Acid	0,5 mg

- The Best Supplement for treatment and prevention of anemia
- Helps to eliminate the symptoms of Iron, Folic Acid and Vitamin B12 deficiencies
- High content of Fe in one soft gelatin capsule





Redom contains Krill oil, which is extracted exclusively from Antarctic krill. Krill oil is rich in the phospholipid form Omega-3 fatty acids EPA and DHA, Phospholipids, Astaxanthin and Choline. Redom Krill oil Omega-3 acids are transported and integrated into cell membranes quicker and more efficiently because they are bound to phospholipids. Redom Krill Omega-3 acids address many health areas, such as: heart health, brain health, joint health and women's health. Krill oil is also rich with the natural antioxidant astaxanthin. Astaxanthin is the most powerful carotenoid antioxidant. It crosses the blood-brain barrier and the blood-retinal barrier, which brings antioxidant and anti-inflammatory protection to the eyes, brain and central nervous system and reduces the risk of cataracts, macular degeneration, blindness, dementia and Alzheimer's disease. Choline is vital for healthy liver and brain functions.

Recommended use:

1 or 2 soft gelatin capsules a day.

Each 2 soft gelatin capsules contains:

Phospholipids	360 mg
Omega 3	260 mg
EPA (Eicosapentaenoic Acid)	125 mg
DHA (Docosahexaenoic Acid)	62 mg
Choline	76 mg
Astaxanthin	200 µg

- High absorption and maximum effect
- Unique complex of Omega 3 fatty acids and phospholipids
- High levels of powerful antioxidant – Astaxanthin
- Provides enhanced support brain, cardiovascular and immune systems





Extrased



For Peaceful Life

Extrased is a combination of natural extracts that help to release tension and stress, creating an overall well feeling of relaxation. Extrased is recommended for insomnia, anxiety and nervousness.

Recommended use:

1-2 capsules a day.

Each capsule contains active ingredients:

Passiflora leaf extract (<i>Passiflora incarnata</i>)	150 mg
Lemon balm leaf extract (<i>Melissa officinalis</i>)	100 mg
Valerian root extract (<i>Valeriana officinalis</i>)	75 mg
Hop flower extract (<i>Humulus lupulus</i>)	50 mg
Magnesium citrate	256 mg
Vitamin B6	3 mg

- Extrased possesses sedative effect, recovers the physiological sleep
- Decreases anxiety, nervousness
- Improves working of cardiac muscles, helps to normalize heartbeat and arterial pressure
- Has spasmolytic effect, diminishes headache, withdraws tensions, reduces the climacteric and PMS symptoms
- All natural stress relief for maximum performance





Urinon contains the Cranberry (*Vaccinium macrocarpon*) extract, which guarantees the respective volume of effective substances and positively affects the activity of the urinary system. *Vaccinium macrocarpon* extract is a rich source of vitamins, bioflavonoids, phenolic compounds and other natural substances having a positive effect on the health of the human body. *Vaccinium macrocarpon* extract helps to prevent the adhesion of harmful bacterias to the walls of the urethra and urinary bladder. Urinon can be used together with antibiotics. Everyday use helps to prevent repeated inflammation.

Recommended use:

1-2 soft gelatin capsules a day.

- Positive effect during infection and inflammation of the urinary tract
- Prevents repeated inflammations
- Helps to prevent the growth of bacterias on the walls of the urinary system
- Contains natural elements, does not have side effects
- Safe during pregnancy

Each soft gelatin capsule contains:

Cranberry extract (*Vaccinium macrocarpon*) 200 mg





CRANNOZA



Crannoza contains clinically approved PAC standardized whole Cranberry (*Vaccinium macrocarpon*) powder - Pacran® and D-mannose. Pacran® is obtained from the whole fruit and provides the full spectrum of cranberry with a standardized level of bio-active proanthocyanidins (PACs), as well as other key cranberry components, such as phenolics, organic acids, fibers, fatty acids, proteins. This full spectrum of cranberry makes Pacran unique and more effective than other cranberry extracts. D-mannose helps prevent urinary tract infections because it inhibits bacteria's adhesion to the walls of the urinary tract.

Recommended use:

2 soft gelatin capsules a day.

Each one soft gelatin capsule contains:

Pacran® (Cranberry extract - <i>Vaccinium macrocarpon</i>)	250 mg
D - Mannose	200 mg

- Full spectrum of Cranberry and D-mannose in the content
- Most studied and proven cranberry product
- Exhibits anti-adhesion activity
- Reduces the incidence of E.coli infections
- Reduces the incidence of recurrent urinary tract infections





Izinos nasal spray contains hypertonic sea water. Sea water is a rich source of sodium chloride, minerals and trace elements. Trace elements are essential for life. Hypertonic sea water decongests the mucosa through nasal drainage, removes dirt and mucus, improves the function of mucous cilia.

Recommended use:

Children over 6 months : 1 to 2 sprays in each nostril, 2 to 5 times daily

Adults : 3 to 5 sprays in each nostril, 4 to 8 times daily or as directed by physician

Composition:

2.12 % hypertonic sea water solution (equivalent to 21.2 g/L NaCl).

- Reduces the consumption of medicines such as anti-histamines
- Improves the life quality
- Preservative-free. Drug-free. Chemical additives-free





Imutens PR is a unique supplement especially designed to favourably influence and helps to support the body's immune system. Imutens PR consists of 5 active substances: Beta Glucan, Vitamin C, Zinc, Propolis and Rose Hip extracts, which help to strengthen immunity of the human body and contribute to the reducing of fatigue.

Recommended use:

1-2 tablets a day.

Each tablet contains active ingredients:

Beta Glucan	200 mg
Propolis	50 mg
Vitamin C	50 mg
Rose Hip Extract	25 mg
Zinc	7,5 mg

- Helps to strengthen immunity of the human body
- Helps enhance body's ability to protect itself and helps prevent infection





Olivef



Composition:

Olive extract, Sage (*salvia officinalis*) extract, Propolis extract

Olivef Spray contains natural ingredients that derived from olive leaf, sage and propolis. Olivef Spray is able to fight infection, inflammation of upper respiratory tract without risk of developing antibiotic or antiviral resistance. Stopping bacterial and other infections at the beginning stage and help in healing sore throat, cough, and mouth inflammation.

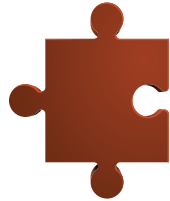
- Helps to relieve symptoms of inflammatory diseases of mouth and throat
- Effective antioxidants to promote a healthy immune system and seasonal wellness
- Antiseptic spray that protects the oral hygiene.

Recommended use:

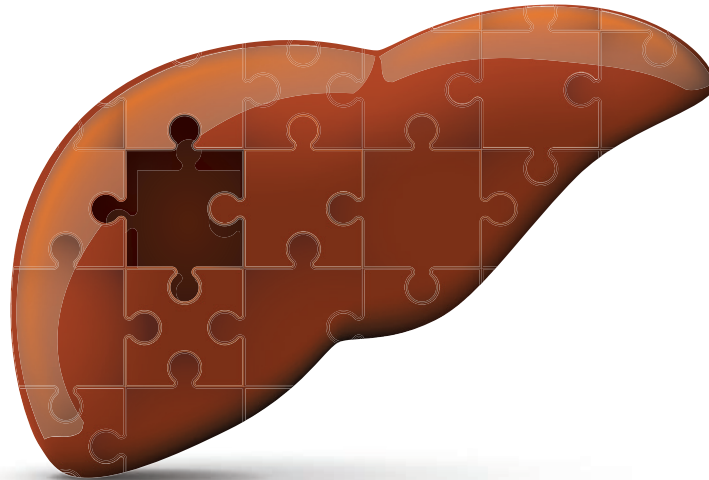
Children: 4 to 12 years old: under the supervision of adults - 1 spray 3 times a day

Children and adults over 12 years: 3-5 spray every 2-4 hours.
Spray on the inflammation area.





Healthy Liver



Astera is a hepatoprotective supplement which contains Artichoke, Reishi and Shiitake extracts, Alpha Lipoic Acid, Selenium and Vitamin E. Artichoke has been used in traditional medicine for centuries as a specific protector of liver and gallbladder. Alpha Lipoic Acid has an antioxidant activity, which is helpful in certain liver diseases. The Reishi and Shiitake extracts are a well-known traditional medicinal mushrooms that have obvious hepatoprotective effects.

Recommended use:

1 tablet 2 times a day.

Each tablet contains active ingredients:

Artichoke Leaf Extract (Cynara Scolymus)	300 mg
Alpha Lipoic Acid (Thioctic Acid)	50 mg
Shiitake Extract (Lentinus Edodes)	10 mg
Reishi Extract (Ganoderma Lucidum)	5 mg
Selenium (as Sodium Selenite)	50 mcg
Vitamin E (DL-alpha tocopheryl acetate)	100 IU

- Unique hepatoprotective formula
- Offers powerful blend of antioxidants
- Protects liver cells from oxidative stress







Escus gel contains extracts from healing plants as Horse chestnut, Bilberry and Gotu kola, which help strengthen and stabilize vascular walls, decreases the development of veins varicose and improves the vascularity of the skin. Escus gel helps to ease the pain in legs and has a positive influence in the complaint of "heavy legs". Escus gel is recommended for people with symptoms of vascular insufficiency (veins varicose, feeling of heavy legs, etc.).

Direction of use:

Apply 1-2 times daily on the affected area, massage your legs in a direction upwards from the foot.

Ingredients:

Aesculus Hippocastanum Extract (Horse chestnut)

Centella Asiatica Extract (Gotu kola)

Vaccinium Myrtillus Extract (Bilberry)

- Supports the vein health
- Helps to strengthen and stabilize the vein walls
- Relieves feeling of heaviness and tiredness in the legs







Fondomix is a unique supplement that consists of a natural blend which gives the body biologically active ingredients together with minerals and trace elements in a balanced and full strength, as only nature can give.

Recommended use: Adults and children over 6 years of age take one vial (15 ml) a day preferably in the morning.

Children: 2-6 years of age - half of one vial (7,5ml) daily.

The product can be diluted by pouring slowly into juices, yogurt or other liquids own taste.

After opening, the vial can be stored tightly closed for several days in the refrigerator.

Each 1 vial (15 ml) contains:

Royal Jelly Lyophilized Powder	200 mg
Acerola Extract Powder (Malpighia emarginata)	150 mg
Bilberry Concentrate (Vaccinium myrtillus)	750 mg
Black Elderberry Concentrate (Sambucus nigra)	500 mg
Blackberry Concentrate (Rubus fruticosus)	375 mg

- 100% natural supplement
- With useful substances for restorative and supportive actions
- Natural energy booster for adults and children
- Concentrated fluid in single dose vials



VeNatura

Vitamins
Supplements
Herbs



take care



Venatura Lutein, Zeaxanthin, Omega 3 and Coenzyme Q10



Each tablet contains:

Lutein	10 mg
Zeaxanthin	2 mg
Grape Seed Extract	7,5 mg
Blueberry Extract	7,5 mg
Omega -3 (EPA- 88 mg/DHA -55 mg)	550 mg
Coenzyme Q10	7,5 mg
Vitamin C	190 mg
Vitamin E	15 mg
Zinc	10 mg
Resveratrol	1 mg

Venatura Lutein, Zeaxanthin, Omega 3 and Coenzyme Q10 is designed for macular and whole body health care. The protective sunglasses that we call lutein and zeaxanthin filter the high-energy blue light that is harmful to the eyes, preventing it from getting into the eyes, with their antioxidant properties destroy the effects of light-stimulated reactive oxygen species. Grape Seed extract is a very powerful antioxidant. It contains a very powerful antioxidant called Proanthocyanidin which neutralizes free radicals. The antioxidant component in the grape seed extract plays an important role in the destruction of the damage caused by free radicals, macular degeneration and the prevention of diabetes and nerve damage.

Blueberry Extract contains anthocyanin and tannins that protect the eye from oxidative stress while maintaining good blood circulation throughout the eye and the whole body. Coenzyme Q10 accelerates cell regeneration and removal of free radicals in the body. Omega-3 plays a beneficial role against vascular occlusion and have protective effect on the visual nerve. Venatura Lutein contains vitamin C and vitamin E in proportions that contribute to the health of the eyes in AREDS 2 clinical trials. Resveratrol prevents the production of inflammatory material that causes cell damage.

- Strong antioxidant effect, rich content
 - Protection for macular and whole body health.
 - Suitable for maintaining vision and body health.
 - It is made of high quality components and manufactured to high quality standards.
- Recommended use: It is recommended to take 2 tablets a day.

VeNatura Chromium

Each capsule contains:

Chromium (as chromium picolinate) – 200 mcg
Venatura Chromium provides a full 200 mcg of Chromium per tablet. The product is developed using the picolinate form of this mineral, to improve the rate of absorption. Chromium is needed for glucose utilization by insulin in normal health. Chromium contributes to the maintenance of normal blood glucose levels. Chromium identified as regulating insulin by increasing the sensitivity of the insulin receptor.

- Essential trace mineral
- Contributes to the maintenance of normal blood glucose levels
- Helps maintain healthy insulin levels
- Helps support cardiovascular health
- Contributes to normal macronutrient metabolism

Recommended use: It is recommended to take 1 capsule a day.





Each drop contains:

Cholecalciferol - 25 mcg / 1000 IU

Vitamin D3 is a fat soluble and very important vitamin for the human body. Vitamin D is required for the regulation of the minerals calcium and phosphorus found in the body. It also plays an important role in maintaining proper bone structure. The many benefits of Vitamin D3 are slowly becoming more and more well known, and its involvement in most of the body's vital processes is now being recognised. Aside from regulating the amount of calcium and phosphorus in our blood, Vitamin D carries several benefits to our overall health and wellbeing. It contributes to healthy function of our immune systems and plays a role in the process of cell division. It also ensures the maintenance of healthy bones and teeth. Vitamin D is essential for children's development, playing a vital role in the normal growth and maintenance of their bones and immune systems.

- Supplement with pure vitamin D3 content
- Contributes to the maintenance of normal bones, muscle function and teeth
- Contributes to the normal function of the immune system
- BHA free
- No preservatives

Recommended use: It is recommended to take 1 drop a day.

Venatura Fe

Each capsule contains:

Iron (as ferrous bisglysinate) – 17 mg

Venatura Fe contains ferrous bisglycinate. Ferrous bisglycinate is a chelate that is used as a source of dietary iron. Ferrous bisglycinate is a chelated form of non-haem iron that passes through the stomach and small intestine without breaking apart. It has been shown to be more effectively absorbed than other types of iron chelate in healthy people with different iron levels.

- Provides to increase hemoglobin levels and helps to prevent Fe deficiency
- A non-constipating, well-absorbed form of iron
- An essential mineral for red blood cell formation
- Helps fight fatigue and other symptom of iron deficiency

Recommended use: It is recommended to take 1 capsule daily.



Venatura Lutein, Zeaxanthin, Omega 3 and Coenzyme Q10



Each tablet contains:

Lutein	10 mg
Zeaxanthin	2 mg
Grape Seed Extract	7,5 mg
Blueberry Extract	7,5 mg
Omega -3	550 mg
(EPA- 88 mg/DHA -55 mg)	
Coenzyme Q10	7,5 mg
Vitamin C	190 mg
Vitamin E	15 mg
Zinc	10 mg
Resveratrol	1 mg

Venatura Lutein, Zeaxanthin, Omega 3 and Coenzyme Q10 is designed for macular and whole body health care. The protective sunglasses that we call lutein and zeaxanthin filter the high-energy blue light that is harmful to the eyes, preventing it from getting into the eyes, with their antioxidant properties destroy the effects of light-stimulated reactive oxygen species. Grape Seed extract is a very powerful antioxidant. It contains a very powerful antioxidant called Proanthocyanidin which neutralizes free radicals. The antioxidant component in the grape seed extract plays an important role in the destruction of the damage caused by free radicals, macular degeneration and the prevention of diabetes and nerve damage. Blueberry Extract contains anthocyanin and tannins that protect the eye from oxidative stress while maintaining good blood circulation throughout the eye and the whole body. Coenzyme Q10 accelerates cell regeneration and removal of free radicals in the body. Omega-3 plays a beneficial role against vascular occlusion and have protective effect on the visual nerve. Venatura Lutein contains vitamin C and vitamin E in proportions that contribute to the health of the eyes in AREDS 2 clinical trials. Resveratrol prevents the production of inflammatory material that causes cell damage.

- Strong antioxidant effect, rich content
 - Protection for macular and whole body health.
 - Suitable for maintaining vision and body health.
 - It is made of high quality components and manufactured to high quality standards.
- Recommended use: It is recommended to take 2 tablets a day.

VeNatura Chromium

Each capsule contains:

Chromium (as chromium picolinate) – 200 mcg
Venatura Chromium provides a full 200 mcg of Chromium per tablet. The product is developed using the picolinate form of this mineral, to improve the rate of absorption. Chromium is needed for glucose utilization by insulin in normal health. Chromium contributes to the maintenance of normal blood glucose levels. Chromium identified as regulating insulin by increasing the sensitivity of the insulin receptor.

- Essential trace mineral
- Contributes to the maintenance of normal blood glucose levels
- Helps maintain healthy insulin levels
- Helps support cardiovascular health
- Contributes to normal macronutrient metabolism

Recommended use: It is recommended to take 1 capsule a day.





Each tablet contains:

Selenium (as L-selenomethionine) – 200 mcg

Venatura Selenium is a rich source of Selenium. Selenium L- methionine is an organically bonded and the most absorbable form of selenium in the human body. Selenium activates many enzymes and hormones and is the most powerful antioxidant in the human organism. Selenium is also in the composition of the enzyme, which activates Thyroxine. Selenium deficiency leads to metabolic slowdown. Selenium also is a powerful antioxidant and an essential mineral with a number of vital roles in the body. It contributes to the normal function of the immune system and the maintenance of healthy hair and nails. It helps to protect cells from oxidative stress caused by free radicals. It contributes as well to normal spermatogenesis (male fertility) and normal thyroid function.

- Best absorbable organic Selenium source
- Possess anti inflammatory, anticarcinogenic actions
- Organic Selenium for immunity, healthy hair and nails

Recommended use: It is recommended to take 1 tablet a day.

VeNatura L-carnitine, Taurin, Methylcobalamin and Vitamin B6

Each 15 ml shot contains:

L- carnitin – 1500 mg
Taurin – 105 mg
Vitamin B6 – 3 mg
Vitamin B12 (as methylcobalamin) – 225 mcg

Venatura L- carnitine is a dietary supplement to boost body energy and enhance performance.

L-Carnitine is a natural protein and naturally occurs in the cells of human body - primarily in mitochondrias. L- carnitine carries fatty acids in to the mitochondrias. Fatty acids are metabolized by the mitochondrias within the cells and has generated the energy ATP. Taurine is an amino acid that is found in muscles, it is most abundant in the heart tissue. It maintains cell membranes, regulates heart beats, protects the heart from calcium overload and one study showed it to be more effective than CoQ10.

- A powerful combination that holds energy levels for a long time
- Contributes to the reduction of tiredness and fatigue
- Enhances body performance
- Helps athletes to perform better
- Helps to burn fats

Recommended use: It is recommended to take 15 ml a day.



**Each capsule contains:**

Zinc (as zinc picolinate) – 15 mg

Venatura Zinc contains Zinc Picolinate and is a rich source of Zinc. Zinc is an essential trace element vital for a variety of biological functions and is an important component of many enzymes in the human body. Zinc is a necessary mineral co-factor for hundreds of enzymatic reactions related to protein and carbohydrate metabolism, RNA/DNA synthesis, and intercellular signaling. It helps to keep the hair, nails, skin and bones healthy. It protects cells from oxidative stress caused by free radicals and supports the immune system. It contributes to maintaining male fertility and reproduction. It supports normal testosterone levels in the blood and contributes to normal protein synthesis.

- Helps to strengthen and improve immune system
- Supports Enzyme Functions
- Has a strong antioxidant activity and helps to protect cells from free radicals
- High absorption form of Zinc

Recommended use: It is recommended to take 1 capsule daily.

VeNatura Omega 3

Each soft gelatin capsule contains:

Total Fish Oil – 950 mg

Omega -3 – 640 mg

EPA (Eicosapentaenoic Acid) – 340 mg

DHA (Docosahexaenoic Acid) – 235 mg

Astaxanthin (Haematococcus pluvalis) – 110 mcg

Venatura Omega 3 is a unique combination of Fish Oil Omega-3 and Astaxanthin. Omega-3 fatty acids have beneficial effects on cardiovascular health, inflammation, mental health, and neurodegenerative diseases. Fish oil is rich in the Omega3 fatty acids EPA and DHA which address many areas of health . Astaxanthin is a carotenoid with anti-inflammatory and anti-oxidative properties. It crosses the blood-brain and blood- retinal barriers, which brings antioxidant and anti-inflammatory protection to eyes, brain and nervous system. Adding the antioxidant astaxanthin to fish oil reduces its susceptibility to oxidation while making its immunomodulatory properties more potent.

- Unique combination of Fish oil Omega 3 and Astaxanthin
- Advantage for all generations
- Provides sufficient levels of EPA and DHA for everyday health maintenance

Recommended use: it is recommended to take 2 soft gelatin capsules a day.





Each soft gelatin capsule contains:

Black Seed Oil – 900 mg

Black seed oil has shown promise in treating some of the most common health conditions, including high blood pressure and asthma. Nearly a thousand scientific articles have been published on *Nigella sativa*, the Latin name for black seed, documenting anti-inflammatory, antioxidant, antimicrobial, anticancer, and immune-enhancing properties.

- Helps to reduce high blood pressure
- Helps to reduce high cholesterol
- Improves rheumatoid arthritis symptoms
- Decreases asthma symptoms
- Fights Bacterial Infections, even drug- resistant ones such as MRSA
- Reduces stomach upset
- Cancer prevention

Recommended use: 2 soft gelatin capsules a day.

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