



INNOVATIVE AND SAFE NATURAL REMEDIES FOR MEDICAL NEEDS



BRAND PORTFOLIO

Nathura is a leading Italian company engaged in the research, development and marketing of **food supplements** and **medical devices**, specialized in fiber-based products (psyllium) and melatonin useful in various therapeutic areas.

Nathura SPA is a family-owned company established in 1992 in Montecchio Emilia (in the heart of Northern Italy), from the dream and the will of the chemist Angelo Ricotti.

The company mission is solving widespread health problems in respect of the physiology and wellbeing of people, with products that combine the naturalness of the active ingredients with the scientific method.

13 MLN
Turnover 2018

R&D
5% income

35
Sales Reps

20
Employees

NEWS
New Products.
Clinical Studies.
Events

NATHURA IS MARKET LEADER IN ITALY IN BOWEL WELLBEING AND SLEEP DISORDERS.

Psyllogel Fibra, sales 2018 → **1.260.000 *units**

Armonia, sales 2018 → **290.000 *units**

*Source: IMS Health dataview Multichannel 2018



Nathura is expanding its market outside Italy looking for international partners willing to replicate abroad its successful business model.

WE TAKE CARE OF PEOPLE TODAY TO PROTECT THEIR HEALTH TOMORROW.



Naturalness

We maximize nature's great health potential by extracting active ingredients and dedicating our efforts to the development of formulations that meet unsatisfied medical needs.



Effectiveness & Safety

We make safe and innovative remedies only in the most effective doses.



Research & Scientific method

We select natural active ingredients through meticulous research based on scientific evidence.



Innovation & high quality standards

We guarantee an optimal use of our resources and constant improvement of our processes.








CERTQUALITY
IS MEMBER OF
CISQ FEDERATION



FOOD SUPPLEMENT



Restores your bowel regularity


PROBLEM	CONSTIPATION
BENEFIT	Bowel regularity.
ACTIVE INGREDIENT	99% pure psyllium husk .
ACTION AND ADVANTAGES	Psyllogel Fibre forms a gel that is able to restore bowel function . Psyllogel Fibre is the only 99% pure psyllium fibre-based product which, when dissolved in water, forms a gel capable of restoring natural regularity without irritating the bowel. Does not irritate the intestine. Laxative free. Non-addictive.
SALES PACKAGE	Powder formulation available in: Pack of 20 single-dose sachets; Jar (approx. 38 doses) with a measuring spoon. The blood orange flavour is available in the trial size of 10 single-dose sachets.
DOSAGE	From 1 to 4 sachets or doses per day between meals. Take Psyllogel Fibre two hours before or two hours after taking medication.
FLAVOURS	 Lemon tea  Blood oranges  Strawberry  Vanilla  Grapefruit



FOOD SUPPLEMENT



Speeds up intestinal transit and keeps bloating under control

PROBLEM	CONSTIPATION, CHANGES IN INTESTINAL TRANSIT and any time that fibre is not enough or recommended.
BENEFIT	The natural laxative that increases intestinal motility and keeps bloating under control .
ACTIVE INGREDIENTS	Tamarind, ginger, caraway, frangula.
ACTION AND ADVANTAGES	Osmotic laxative action. Spasmolytic action. Anti-fermentative action. Stimulating action. Increases bowel movements. Does not create unpleasant urgent bowel movements. Treatment can be adjusted depending on needs. Delicious taste.
SALES PACKAGE	Pack of 8 doses (16 half-doses).
DOSAGE	1 or 2 doses per day for 2 consecutive days.
FLAVOUR	 Black Cherry



ARMONIA



FOOD SUPPLEMENT

Shelf Life
36 months

Shelf Life
36 months

Shelf Life
36 months

Shelf Life
24 months



Sleep Disorders

Solutions to get a good night's sleep

	ARMONIA Retard	ARMONIA Oro	ARMONIA Fast
PROBLEM	DISTURBED SLEEP	DIFFICULTY IN FALLING ASLEEP	DIFFICULTY IN FALLING ASLEEP AND JET LAG
BENEFIT	To restore regular, prolonged and uninterrupted sleep.	Helps you fall asleep fast.	Helps you fall asleep and alleviates the effects of jet lag.
ACTIVE INGREDIENT	Melatonin with a purity level of at least 99.9%, certified by Certiquality.		
ACTION AND ADVANTAGES	Controlled release of melatonin during the night to aid prolonged, uninterrupted sleep.	The sublingual tablets Armonia Oro allow for quick melatonin absorption and increased bioavailability. Does not require water.	Immediate release of melatonin. Also comes in a drop formulation to allow doses to be tailored to your requirements and for them to be administered to children.
SALES PACKAGE	Pack of 120 tablets.	Pack of 40 tablets.	Pack of 120 tablets. Drops in a 20ml bottle.
DOSAGE	One tablet per day. An hour before bed.	One tablet per day beneath the tongue. Just before going to sleep.	One tablet or 5 drops per day. An hour before bed.



Gluten Free



Drops suitable also for paediatric use



ARMONIA Relax



Shelf Life
36 months

FOOD SUPPLEMENT



Sleep Disorders

Solution for insomnia from anxiety and stress

PROBLEM	SLEEPING PROBLEMS CAUSED BY AGITATION AND DIFFICULTY IN RELAXING. In those cases in which this condition affects mood and prevents serenely tackling everyday commitments.
BENEFIT	to promote relaxation and sleep to be in a good mood during the day.

ACTIVE INGREDIENTS Melatonin with a purity level of at least 99.9%, L-theanine, Green Tea extract, Magnolia extract, Saffron extract.

ACTION AND ADVANTAGES Thanks to the innovative mix of ingredients in a multi-layer modified-release tablet, Armonia Relax is formulated with specific natural substances and extracts which promote **relaxation** and **sleep** to be in a good mood during the day.

Thanks to the innovative mix of ingredients in a 3-step modified-release tablet:

- **Step 1:** release of melatonin to reduce the time required to go to sleep (beneficial effect obtained by taking 1 mg).
- **Step 2:** release of L-theanine and green tea extract to combat physical and mental tiredness.
- **Step 3:** release of saffron and magnolia extracts to favour normal mood level.

SALES PACKAGE Pack of 24 non divisible tablets.

DOSAGE 1 tablet in the evening just before bedtime, preferably at the same time.



Lactose Free



Gluten Free



CELEGYN



MEDICAL DEVICE CE 0546



Gynaecological use

Repairing and soothing cream for the vulvovaginal area

PROBLEM	ATROPHIC VULVOVAGINITIS with symptoms such as: dryness, itchiness, irritation, inflammation, and dyspareunia.
BENEFIT	Improves mucosal integrity and thickness.
ACTIVE INGREDIENTS	Hyaluronic acid, α-bisabolol, beta-glucan, sericin, glycerophosphoinositol choline salts, sweet almond oil and mucoadhesive polymer.
INSTRUCTIONS FOR USE	It promotes the repair of micro-lesions and wounds in the vulvar and vaginal epithelium caused by a variety of reasons and supports the treatment of symptoms associated with atrophic vulvovaginitis, such as dryness, itchiness, irritation and inflammation. Celegyn improves the elasticity and tone of vaginal tissues and helps restore a moist, lubricated environment.
ACTION AND ADVANTAGES	Regenerative action. Moisturising action. Suitable for all women, from childbearing age to menopause. Safe for long-term use. Compatible with latex condoms, pH: 4.5-5.
SALES PACKAGE	Cream in a 30ml tube with 6 disposable applicators.
DOSAGE	For internal use , we recommend: <ul style="list-style-type: none">• intensive treatment, 1 application/day for at least 6 days;• cyclical treatment (preventative or maintenance), on alternate days or when needed. For external use, apply when needed.



REFERENCES are available upon request

CELEVIS^{Plus}



MEDICAL DEVICE



Proctological use

The fast-acting remedy for anal problems

PROBLEM	ANAL DISORDERS such as itching, a burning sensation, micro-lesions and chafing caused by haemorrhoids, anal fissures and proctitis.
BENEFIT	Accelerates the healing process of anal fissures and post-surgical wounds of the anal mucous membrane and lubricates, hydrates and soothes.
ACTIVE INGREDIENTS	Hyluronic acid and natual extracts.
INSTRUCTIONS FOR USE	Adjuvant treatment for symptoms associated with haemorrhoids, anal fissures and proctitis , such as a burning sensation, itching and chafing pain. Celevis Plus promotes the re-epithelialisation process and lubricates the anal epithelium.
ACTION AND ADVANTAGES	Healing complex. Protective action. Soothing action and support for micro-circulation. All the ingredients work together to promote healing and soothe and lubricate the skin and the mucous membrane of the anal area.
SALES PACKAGE	Gel in a 30ml tube + applicator.
DOSAGE	Use the product after every bowel movement. It may also be used several times a day or in accordance with medical advice.



REFERENCES are available upon request

LIETOFIX[®] Repair



COSMETIC



Dermatological use

Accelerates cicatrization with regenerating and protective action

PROBLEM	SURGICAL WOUNDS, SKIN FISSURES, ABRASION AND SUPERFICIAL BURNS
BENEFIT	Protects and regenerates the skin . Makes scars soft, smooth and elastic, improving their appearance.
ACTIVE INGREDIENTS	Hyaluronic acid, colostrum, aloe vera gel, sodium alginate.
INSTRUCTIONS FOR USE	Apply the cream on the clean and dry skin, forming a thin layer and leave in contact until completely absorbed.
ACTION AND ADVANTAGES	Promotes the natural process of regeneration of the epidermis, even in cases of scars after surgery or trauma (wounds, burns). Regenerating and protective cream with a moisturizing action, with functional active ingredients that act in synergy, stimulating the healing process on several levels. It makes the scars softer, smoother and elastic, improving the appearance.
SALES PACKAGE	Cream in 15 ml or 40 ml tube.
DOSAGE	Use also several times a day, until the skin is completely normalized.



Paraben Free



Nickel Tested

REFERENCES are available upon request

TRIXY



FOOD SUPPLEMENT



Metabolism

Adjuvant in the treatment of NAFLD

PROBLEM	NAFLD
BENEFIT	Trixy modulates hepatic lipid and glucose metabolism and improves non-alcoholic steatosis.
ACTIVE INGREDIENTS	Berberine, Tocotrienols and Decaffeinated Green Coffee.
ACTION AND ADVANTAGES	In a clinical trial Trixy was more effective than the diet alone in improving lipid levels in NAFLD patients (non-alcoholic fatty liver disease).
SALES PACKAGE	Pack of 28 tablets.
DOSAGE	1 tablet in the evening after dinner. Clinically-tested effectiveness after at least two months of treatment.



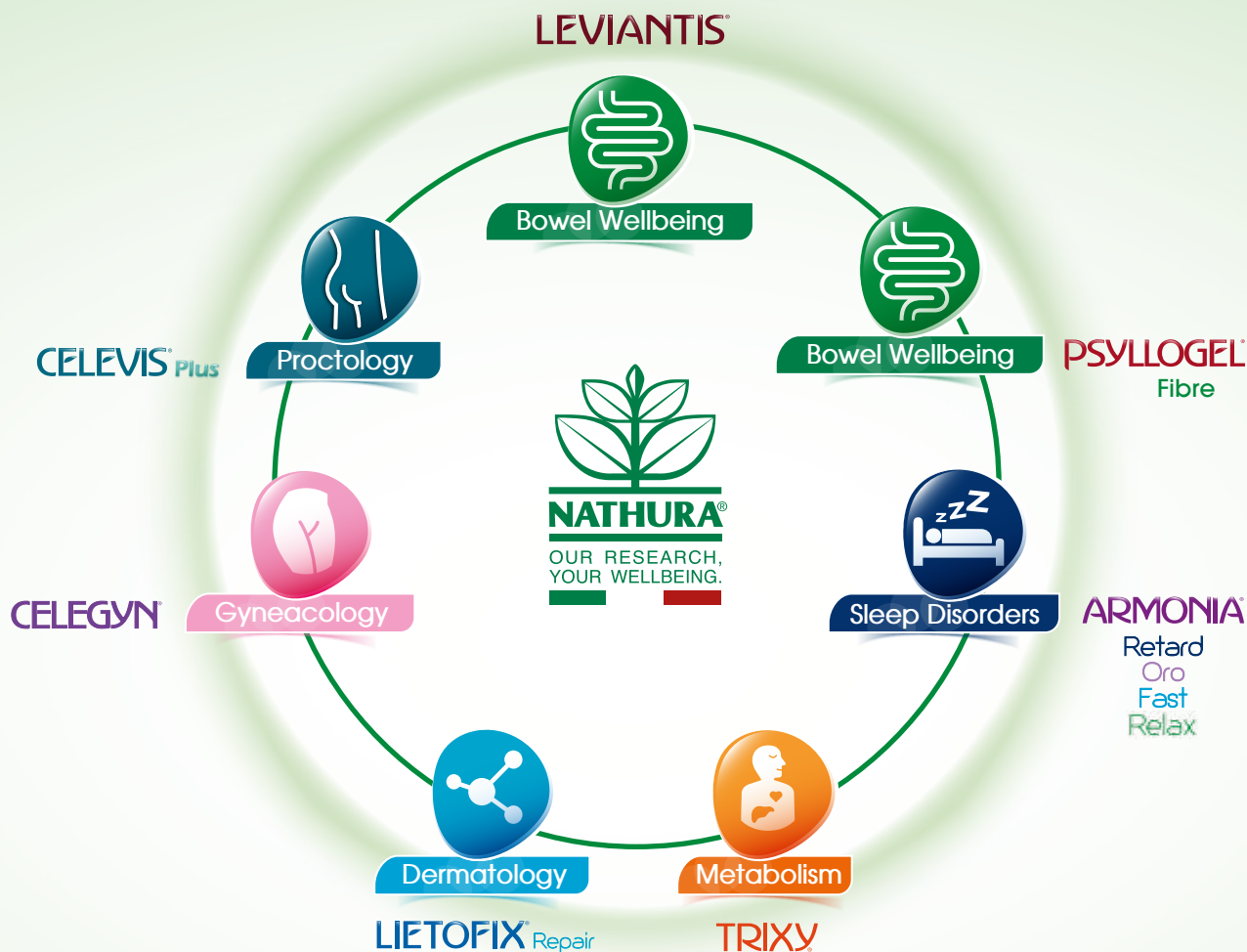
Gluten Free



Statin Free



REFERENCES are available upon request



For commercial information contact us: export@nathura.com



A family-owned company established in the heart of Northern Italy, and one of Italy's top manufacturers of food supplements, medical devices and cosmetics specialized in fiber-based products (psyllium) and melatonin. For more than 25 years we have been drawing from the natural world because we believe it's the best way to provide people with safe and effective solutions for their health.

We take care of people today, to protect their health tomorrow.

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