



IN HARMONY  
WITH NATURE  
AND HUMAN  
HEALTH



lotos pharma

# Welcome



Today we can do better than yesterday, so we offer products based on the latest research and advances in medicine to provide the most effective, highest quality and simply the best products on the food supplement market.

Sincerely yours,

A handwritten signature in black ink, appearing to read 'K. Ivanovs', positioned below the text 'Sincerely yours,'.

**Dr. Kaspars Ivanovs**  
CEO of Lotos Pharma





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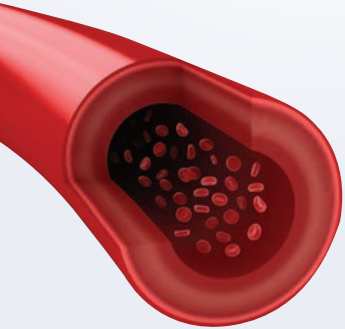
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# AteroLip®

Don't let your  
**cholesterol**  
to climb



## CHOLESTEROL-LOWERING

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**Natural statin with proven effectiveness in lowering cholesterol**

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Cardiovascular disease is the No.1 cause of death in worldwide, mostly caused by atherosclerosis. Chemical statin therapy is ineffective, because in first 2 years, 77% of patients stop taking chemical statins due to side effects.

**AteroLip®** is a high quality brand for safe and effective cholesterol lowering therapy. **AteroLip®** has been developed in collaboration with leading cardiologists and endocrinologists and is first choice product.

# Aterolip® – first choice product for dyslipidemic patients



DAILY DOSAGE	1 CAPSULE
Monacolin K	10 mg
Berberine	49 mg
Flavonoids	2.36 mg

## EFFECTS

- ➔ **Minimizes** LDL's contribution to atherosclerosis
- ➔ **Reduces** LDL cholesterol
- ➔ Significantly **improves** cardio endpoints.

## ADVANTAGES



100% natural



All active ingredients are included in the European Dyslipidemia Guidelines



Easy to use



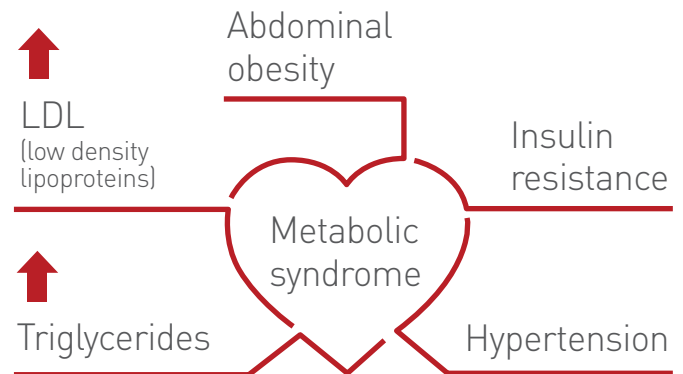
Leader in the Baltic market

# AteroLip® 5D Controls cholesterol and glucose level



DAILY DOSAGE	2 CAPSULES
Cinnamon	600 mg
Chrome	10 mg
Monacoline K	120 mg
Magnesium	2.8 mg
Vitamin B6	48 µg
Vitamin D3	20 µg
Vitamin B12	5 µg

## WHEN TO CHOOSE



## EFFECTS

- **Protection** against 2 type diabetes
- **Lower** cholesterol and sugar level
- **Regulation** of insulin level



# AteroLip® fiber

## The most promising and safest non-statin in the treatment of dyslipidemia



DAILY DOSAGE	3 SACHETS
Beta-glucans	4.29 g
Psyllium	13.71 g

### EFFECTS

- ➔ **Lowers** cholesterol
- ➔ **Regulates** glucose levels
- ➔ **Reduces** the side effects of statins
- ➔ **Double the effectiveness** of statins

### APPROVED



# Imunosil<sup>®</sup> virufix

Strong immunity  
for **strong health**



## IMMUNITY

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**Scientifically proven effectiveness in improving immunity**

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The immune system is the most important part of our health. Immune system protects against viruses, bacteria, disease, infection, and helps to recover after injuries.

**Imunosil<sup>®</sup>** provides a daily dose of essential vitamins, minerals and phyto elements, to meet contemporary lifestyle needs.

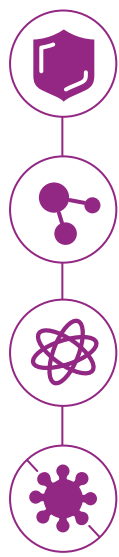


# Strong and Healthy

Composition based on latest scientific studies to protect body from viruses at all stages of their development and to improve immunity

## ADVANTAGES

- Strengthens** both specific and non-specific immunity
- Designed** according to the principles of orthomolecular medicine
- Strong synergies** between active substances
- Protects** the body's cells from the negative effects of viruses and toxins



## DAILY DOSAGE AND EFFECTS

### VITAMIN D 4000 IU

- 4000 IU of active vitamin D3
- Reduces virus replication and cytokine synthesis
- Provides an immunoregulatory function

### VITAMIN C 1000 mg

- High concentration of vitamin C – 1000 mg
- Increases the activity of quercetin and zinc
- A powerful antioxidant, reduces inflammatory reactions

### QUERCETINE 500 mg

- A powerful antioxidant
- Reduces releasing of histamine
- Inhibits virus replication and entry into the cell

### MELATONIN 1,95 mg

- Circadian rhythm regulator
- Modulates the response of non-specific immunity, a powerful antioxidant
- Anti-inflammatory and immunomodulatory effects

### ZINC 19,9 mg

- Inhibits virus replication and strengthens the immune system
- Improves antiviral immunity



2 red capsules per day in the morning

1 white/blue capsule once per day 20 min before bedtime

# Imunosil® sambucus

## The first choice for strengthening immunity and fighting viruses during risky periods



### ADVANTAGES

- **Strengthens** the immune system, fights viruses and reduces recovery time
- **Innovative production** technology ensures the preservation and highest concentration of all valuable active substances
- Rich source of **anthocyanins, vitamins** and **minerals**



Gluten free



Without preservatives



Lactose free



1+ years

### DAILY DOSAGE

30 ML

Concentrated

elderberry fruit juice

18 g

Ca

Calcium  
1.32 mg

Mg

Magnesium  
1.87 mg

K

Potassium  
12 mg

Fe

Iron  
0.04 mg

Mn

Manganese  
0.17 mg

Zn

Zinc  
0.01 mg

P

Phosphorus  
1.23 mg

### MINERAL ELEMENTS IN 1 DOSE (5 ML)



# C-VIT<sup>prolong</sup> Imunosil<sup>®</sup> Essential daily dose in 1 capsule



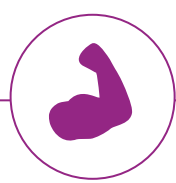
Vitamin C and blackcurrant maintain the immune system and have antioxidative, anti-inflammatory properties. Blackcurrant is an anthocyanin-rich concentrate which has antibacterial and antiviral properties.

DAILY DOSAGE	1 CAPSULE
Vitamin C	500 mg
Cryodesiccated blackcurrant concentrate	50 mg

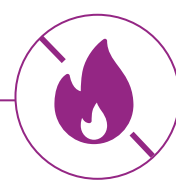
## ADVANTAGES



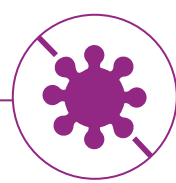
**Boost**  
immunity



**Powerful**  
antioxidant



**Reduces**  
inflammatory  
reactions



**Antiviral and  
antibacterial**  
properties

# Sinunorm®

DUO

Treat runny nose  
and sinusitis  
in right way



## RHINITIS & COMMON COLD

**Not only reduces rhinosinusitis but also improves lower airway health**

Rhinosinusitis is one of the oldest and most common diseases. In case of rhinitis, working capacity is reduced by 40%. With untreated rhinosinusitis there is a risk of complications. Therefore, rhinitis must be treated properly.

**Sinunorm®** is the right choice for treatment of rhinosinusitis because it not only defeat the viruses and bacteria, but also strengthen the immune system. Also dual effect on the upper and lower respiratory tract.

# No.1 natural product for rhinosinusitis treatment



## ADVANTAGES



Provides **fast effect** due to high concentration of extracts



Simultaneously defeats viruses and **strengthens immunity**



**Affect all respiratory tract** and promotes faster recovery

DAILY DOSAGE	2 CAPSULES
Elderberry flower	80 mg
Cowslip	80 mg
Thyme	80 mg
Hops	80 mg
Acerola fruit (80% vitamin C)	80 mg
Elderberry fruit juice	40 mg
Pine bark	40 mg
Zinc	24 mg

# Sinunorm® B

## Natural products for the whole family.



DAILY DOSAGE	20 ml
Plantain leaf	2 g
Ivy leaf	0.044 g
Chamomile	0.5 g
Althea root	0.5 g
Pine bark	4 g
Elderberry fruit juice	6 g



Gluten free



Without preservatives



Lactose free



3+ years

### ADVANTAGES



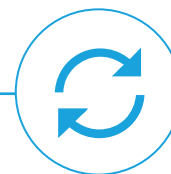
**100% natural** and safe (natural base – quince juice)



**Affects** all respiratory tract



**Prevents** from complications



Promotes faster **recovery**

# BRONCHO NORM

## For all types of cough



DAILY DOSAGE	30 ml
Plantain leaf	2 g
Clove buds	0.06 g
Pine buds	0.6 g
Thyme herb	0.6 g
Pine bark	0.3 g

### ADVANTAGES

- **Relives** breathing and cough
- Can be used for **all types of the cough** (dry, productive, spastic)
- **Safe** for children and pregnant woman
- 100% **natural**



Gluten free



Without preservatives



Lactose free



2+ years



# BRONCHO NORM

Beat the cough  
faster!



## COUGH

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The right choice for any type of cough treatment

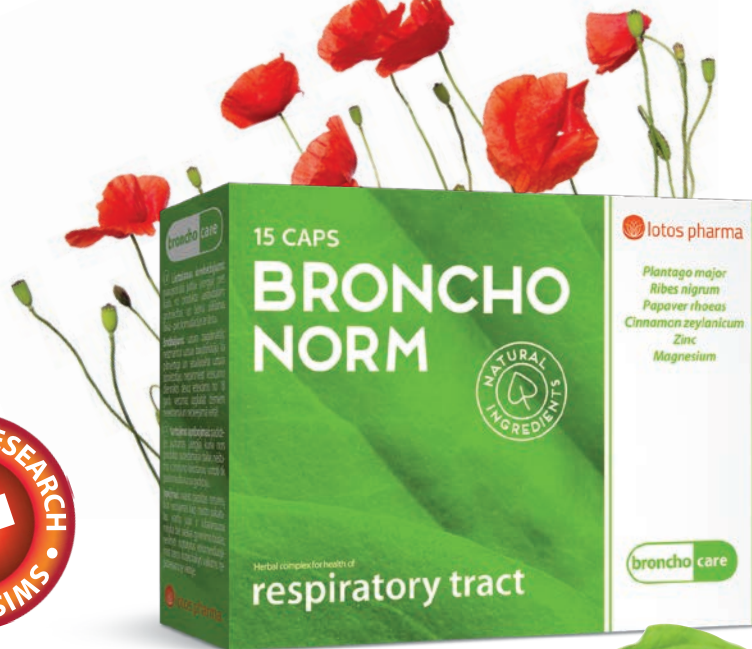
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In recent years trends in cough treatment have changed, because in 90% of cases coughs being caused by a viral illness which causes a dry, irritating cough that does not become productive unlike bacterial caused cough.

**Bronchonorm** helps to overcome cough much faster. The composition of **Bronchonorm** products is made based on the latest recommendations of the European Respiratory Society.



# Most powerful treatment for dry cough



## ADVANTAGES

- For **dry spasmolytic** cough
- **Reduces** cough sensitivity
- **Relief** of night cough
- **Decrease free radical** impact on cell damage and stop the spread of infection.



DAILY DOSAGE	30 ml
Plantain leaf	300 mg
Poppy flower	100 mg
Blackcurrant buds	180 mg
Cinnamon bark	100 mg
Magnesium	180 mg
Zinc	20 mg

# GOOD SLEEP

The key  
to healthy  
sleep



## HYPNOTIC AND SEDATIVES

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Deserved and tight sleep every night

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Sleep is an essential part of our lives. We spend 1/3 of our lives sleeping. The meaning of sleep is still unclear, but even one sleepless night has been shown to be a threat to our immune system.

**Good Sleep** affects both sides of insomnia – a combination of natural, plant-derived substances, and melatonin helps to create and promote relaxation in the central nervous system, and shortens the time of falling asleep.

# Good Sleep spray – first aid in case of insomnia

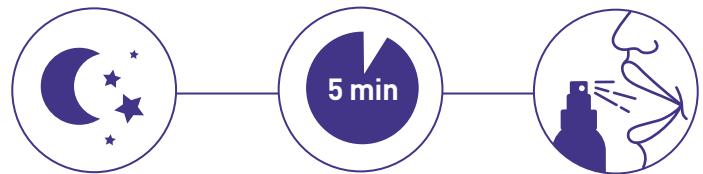
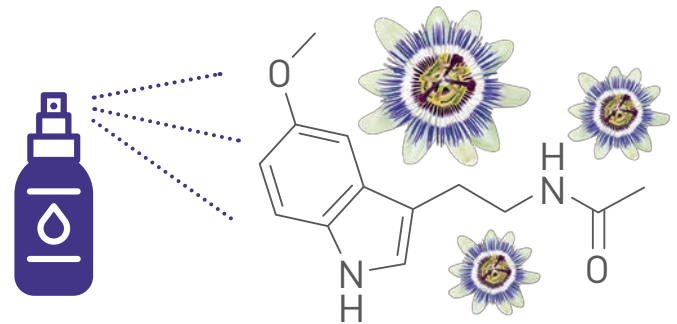
Passiflora has a natural sedative properties, it helps to induce relaxation and healthy sleep. Melatonin helps to control circadian cycles and contributes to the reduction of time taken to fall asleep.



DAILY DOSAGE	1 SPRAY
Melatonin	1.95 mg
Passion flower	20 mg

## ADVANTAGES

- ➔ **Cost-effective** – one bottle for 210 sleepy nights
- ➔ **Effective** – 4 times higher melatonin absorption in 5 min
- ➔ **Innovative** – sublingual spray form



# GOOD SLEEP CAPS

## Reduces anxiety and helps fall asleep

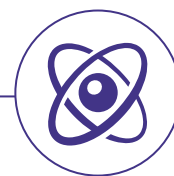
Passiflora has natural sedative properties and regulates the balance of the nervous system. Valerian contains isovaleric acid reduce stress and anxiety, and enhance sleep.



### ADVANTAGES

- A natural **alternative** to sleep medication
- **Natural** benzodiazepine for anxiety
- **Stabilizes** a deep sleep
- Approved **synergic combination**

DAILY DOSAGE	1 CAPSULE
Melatonin	1.95 mg
Passion flower	60 mg
Hops	60 mg
Valerian root (Isovaleric acid)	37 mg



# Sedanorm®

## Natural antidepressant

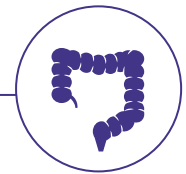
L-tryptophan and 5-HTP is converted into serotonin. Serotonin plays significant role in the control of sleep, emotional moods, pain control, inflammation, intestinal peristalsis, etc. Oregano has a soothing effect and helps in getting restful sleep.



### ADVANTAGES

- ➔ A **natural** antidepressant
- ➔ **Improves** mood and sleep quality
- ➔ **Balances** nervous system
- ➔ **Helps** in treatment of irritable bowel syndrome

DAILY DOSAGE	1 CAPSULE
L-tryptophan	100 mg
Oregano	100 mg
Griffonia seed (5-HTP)	51 mg



# Hepasan<sup>®</sup>

forte

Restores  
and protects  
liver health



## HEPATOPROTECTOR

The two most recognized hepatoprotectors in one capsule

The liver is the largest human internal organ, responsible for hundreds of different body functions, so keeping it in good shape is crucial. Maintaining liver health gets often undermined by unhealthy habits like smoking, alcohol intake, medication and fatty foods. Around 80% of the population has some liver damage.

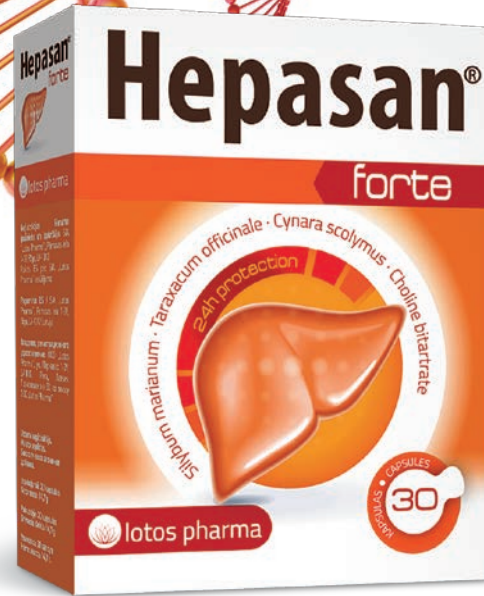
**Hepasan<sup>®</sup> Forte** provides for the four most important functions of liver regeneration process – cleansing, restoring, protecting and reducing inflammation. **Hepasan<sup>®</sup> Forte** contains two most valuable hepatoprotectors – silymarines and essential phospholipids in one capsule.

# Hepasan<sup>®</sup> forte – complete liver protection

When entering liver, choline produces essential phospholipids and reduces the amount of fat in liver. Milk thistle contributes protection from harmful substances and maintain the liver functions. Artichoke maintains liver health. Dandelion contributes to well-being of the gastrointestinal and liver functions, also regulates cholesterol levels.

## ADVANTAGES

- Contains two most valuable **hepatoprotectors**
- **Cleans, restores, protects** and reduces inflammation in liver
- **Reduces** fats in liver



DAILY DOSAGE	1 CAPSULE
Choline	200 mg
Artichoke leaf	100 mg
Milk thistle seed (Silymarin 80%)	100 mg
Dandelion root	100 mg



# OTHER FOOD SUPPLEMENTS

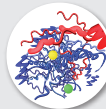


Peppermint leaf essential oil

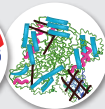


Fennel seed essential oil

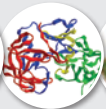
**Spasmoil – natural antispasmodic and for treatment of IBS**



Amylase



Lipase



Protease



Turmeric extract

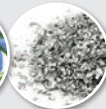
**K-Enzyme 1000 – helps digest food and reduces the feeling of heaviness in the stomach**



Vitex extract



Borage extract



Magnesium



Vitamin E

**BiPMSok – to reduce the symptoms of PMS and menopause**



Magnesium citrate



Magnesium oxide

**Magnemix Premium – for energy, immunity and the nervous system**



Magnesium bisglycinate



Vitamin B6

**Magnekvin Premium – for energy, immunity and the nervous system**



Green coffee bean extract



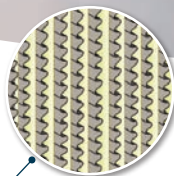
Cambodia garcinia

**Fat Burner – for faster weight loss**



# Sinurin®

## Deep breath every day



Seawater  
(hypertonic, salt  
concentration  
2.2%)



Eucalyptus  
essential oil



Peppermint  
extract



Eucalyptus  
essential oil



Tea tree  
essential oil

🕒 2 years 📦 Oil drops 10ml 🛒 3000 units 📅 8 weeks 🏠 Medical device

🕒 2 years 📦 Nasal spray 30ml 🛒 3000 units 📅 8 weeks 🏠 Medical device

MEDICAL DEVICES

# Export



”

Grow and develop together with the company – this is what Lotos Pharma offers. Today we deliver products to 14 different countries. Each year our export sales grows for at least 15%. Knowledge and research ensure the effectiveness of our products.

Sincerely Yours,

**M.Jekabsons**, pharmacist, M.H.A.  
International product manager  
of Lotos Pharma



# Quality & production

Since 2020 Lotos Pharma holds a Good Manufacturing Practice (GMP) and ISO standard Certificates.

The GMP is a part of the Quality Assurance System that ensures that products are continuously processed and checked in agreement with the quality standards that correspond with their intended usage, with approved registration documentation for the respective preparation, and other regulatory documentation.

Certifying company work boosts our capacity to work more closely and be better and stronger.



”

The market for OTC products is growing, therefore it is important to ensure highest quality in order to be competitive worldwide.

Sincerely Yours,

**A.Kanusniece**, pharmacist  
Quality manager of Lotos Pharma



## Contacts

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