

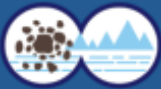
Optalux *Complex*

Targeted Nutritions For Healthy Vision



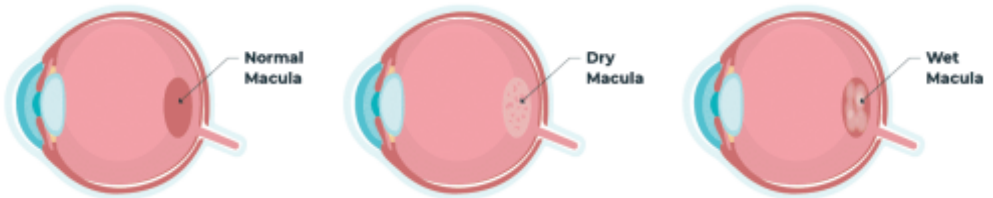
**Optalux has been formulated to offer
comprehensive nutritional protection of eyes**

Who is at risk for macular degeneration?



People with macular degeneration in one eye are likely to develop it in the other eye.

THE TWO TYPES OF AMD



Dry AMD (also called non-exudative AMD) is the most common form, affecting 80-90% of AMD patients.

Wet AMD (also called exudative AMD) is a more visually threatening condition and accounts for 10-20% of AMD cases.

SCIENTIFICALLY PROVEN INGREDIENTS TO HELP MAINTAIN OCULAR HEALTH

AREDS2 found that supplementing your diet with high levels of vitamins C, E, lutein, and zeaxanthin, which are all antioxidants, and the minerals zinc and copper may help slow the progress of advanced age-related macular degeneration (AMD) and delay vision loss if you already have moderate or severe AMD.



Omega-3 fatty acids

Essential for the maintenance of normal vision and only obtained from food and supplements



Lutein and zeaxanthin

From the protective macular pigment that helps filter harmful blue light



Antioxidants and zinc

Help neutralise excess free radicals and reduce oxidative stress



Astaxanthin

Astaxanthin works with other vision health-supporting carotenoids, especially lutein and zeaxanthin



Ginkgo

Ginkgo biloba contains natural properties that act as antioxidants and improve blood flow



Bilberry

Bilberry is one of the richest sources of anthocyanins – powerful, bright-colored antioxidants

Composition	Per serving	%RM*	Composition	Per serving	%RM*
Fish oil	450 mg		Vitamin B12	2,5 µg	100 %
of which DHA	225 mg		Vitamin B6	3 mg	214 %
of which EPA	60 mg		Vitamin A	600 µg	75 %
Lutein	15 mg	*	Vitamin E	30 mg	250 %
Zeaxanthin	2 mg	*	Vitamin B3	20 mg	125 %
Resveratrol	15 mg	*	Biotin	200 µg	400 %
Aronia extract	50 mg	*	Pantothenic acid	12 mg	200 %
Ginkgo extract	40 mg	*	Folic acid	200 µg	100 %
Bilberry Extract	20 mg	*	Vitamin D	5 µg	100 %
Lycopene	1 mg	*	selenium	50 µg	91 %
Astaxanthin	0,5 mg	*	Zinc	15 mg	150 %
Vitamin C	50 mg	63 %	Copper	2 mg	200 %
Vitamin B1	2,4 mg	218 %	Chrome	60 µg	150 %
Vitamin B2	2,5 mg	179 %			

*RM= Reference quantity according to EU regulation 1169/2011

**no EU recommendation available

Recommended daily Intake: 1 tablet daily with liquid or after meals



Based on AREDS 2 Formula

With All Recommended Nutrients

- Omega-3 EPA & DHA
- Lutein & Zeaxanthin
- Vitamin C & E
- Zinc & Copper

Plus Additional Ingredients

- Bilberry & Ginkgo & Blueberry Extract
- Astaxanthin
- Resveratrol & Lycopene
- Other Vitamins & Minerals

Important Information: A balanced diet and healthy life should not be replaced with a food supplement. This product is not intended to diagnose, treat, cure, or prevent any disease.

Food Supplement With Omega-3, Vitamins, Minerals, Lutein, Zeaxanthin, Resveratrol, Ginkgo And Many Important Nutrients

References

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