

diabeten



Diabeten - regulation of blood sugar

Diabetes is the collective name for several different diseases in which the entry of blood sugar into muscle and fat cells is impaired, as a result of which the level of sugar in the blood is increased. The hormone insulin plays a decisive role in the regulation of blood sugar levels, without which the cells of the human body cannot obtain blood sugar. Insulin allows blood sugar to enter cells where it is used as a source of energy.

The basis of the diabetic diet is a varied diet with plenty of nutrients, vitamins, minerals and fiber. However, a varied diet is not always sufficiently ensured, and the amount of active substances contained in food is also not standardized. A suitable solution is to supplement the necessary substances through food supplements. Diabeten has been specially developed for people who are suffering from diabetes, overweight and impaired glucose tolerance.

Composition of Diabeten

Diabeten contains an effective combination of gymnema, alpha-lipoic acid, cinnamon and chromium. These substances contribute to glucose metabolism and proper blood sugar levels, and help to control body weight and appetite.

ACTIVE INGREDIENTS

Gymnema sylvestre extract

Alpha-lipoic acid

Cinnamon extract

Chromium

1 capsule

200,0 mg

150,0 mg

100,0 mg

60,0 µg

Types of diabetes

- **Type 1 diabetes** is thought to be caused by an autoimmune reaction (the body attacks itself by mistake) that stops your body from making insulin.
- **Type 2 diabetes**, your body doesn't use insulin well and can't keep blood sugar at normal levels. About 90-95% of people with diabetes have type 2.

Health complications of diabetes

High blood sugar levels can seriously damage parts of your body, including your feet and your eyes. These are called diabetes complications. But you can take action to prevent or delay many of these side effects of diabetes.



HEART AND BLOOD
VESSEL DISEASES



DIABETIC
NEUROPATHY



PERIPHERAL
NEUROPATHY



EYE
DISEASES



DIABETIC
FOOT

The active substances in Diabeten



Gymnema sylvestre has long been used in traditional Ayurvedic medicine to treat many ailments, including diabetes. It lowers the levels of glucose, glycated hemoglobin and cholesterol in the blood. It also helps reduce the appetite for sweets.



Cinnamon has antibacterial, anti-inflammatory and antioxidant effects. Cinnamon extract contains a number of active ingredients that have been shown to improve insulin sensitivity and improve glucose utilization by the body's cells.



Alpha-lipoic acid is an important antioxidant, effective against the development of diabetes. It lowers and helps stabilize blood sugar levels. It is used to relieve diabetes-related symptoms of nerve origin (burning, pain and numbness in the legs and arms).



Chromium is a trace element that plays a major role in diabetics. Lack of chromium increases the level of blood sugar and insulin in the body. Sufficient chromium, on the other hand, can lower glucose levels and improve insulin sensitivity.