

Ashwa.30™

Experience True Ashwagandha

True Ashwagandha Powered by Proprietary Bioactive Optimization Technology™ (B.O.T) for **ENERGY, ENDURANCE AND STRESS**



Lowest
Dose: 30 mg



Bioactive Optimization
Technology™ (B.O.T)



Energy, Endurance &
Stress



Strictly
Root



30% Ashwa Bioactive
Complex™ (ABC)



100% Safe



EVIDENCE-BASED RESULTS

STUDY - 1

● Improved VO₂ max and longer sustained exercise performance.

STUDY

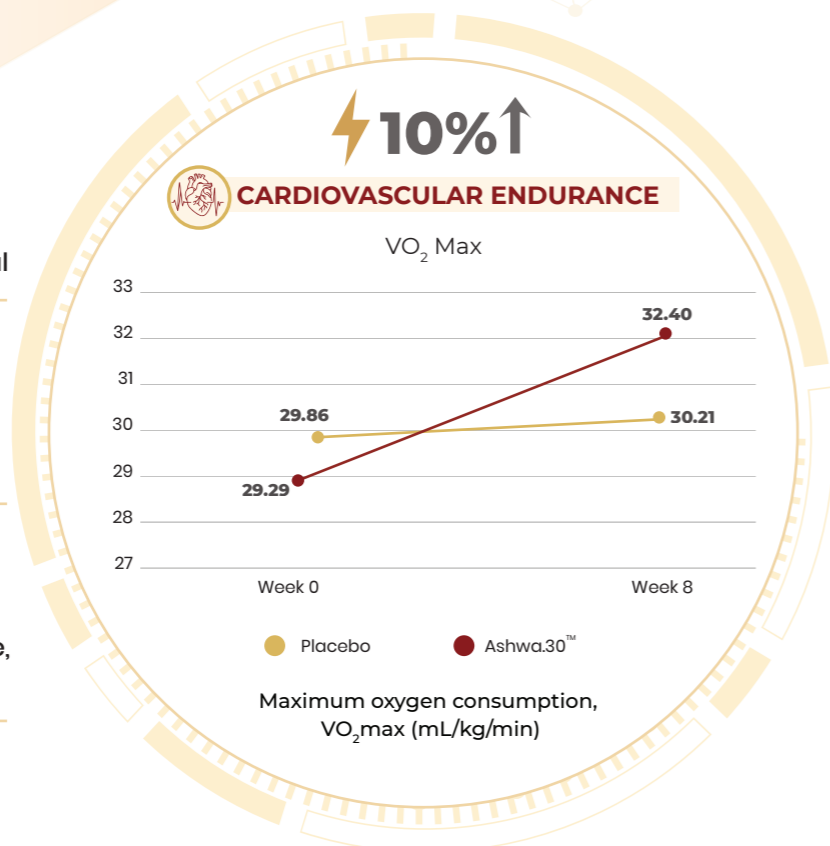
Randomized, prospective, double-blind, placebo-controlled clinical trial

SUBJECTS

63 healthy adults; Ashwa.30™ : 30 mg/d & placebo

ENDPOINT

Change in cardiovascular endurance, assessed by VO₂ max



STUDY - 2

● 38.5% reduction in cortisol levels compared to placebo at day 7.

STUDY

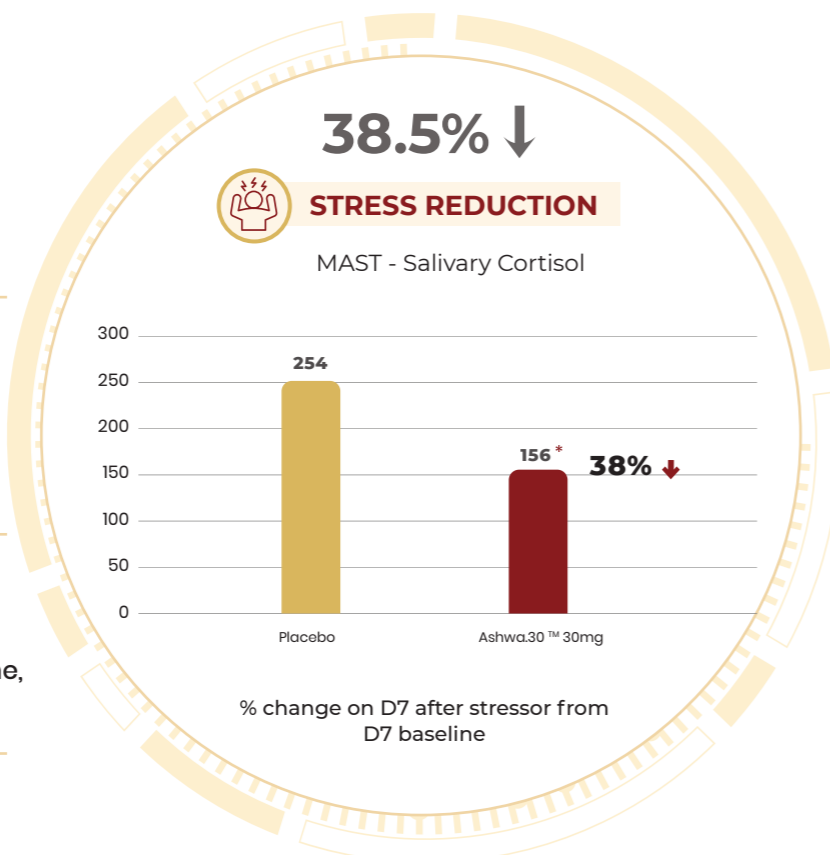
The randomized, double-blind, placebo-controlled trial

SUBJECTS

40 Healthy adults Ashwa.30™ (30 mg/d) & placebo groups

ENDPOINT

Salivary cortisol is assessed at baseline, day 7 and day 7 after MAST



POWERED WITH B.O.T™ TECHNOLOGY

ASHWA BIOACTIVE COMPLEX™ : 30 @ 30

Withanolides
>15%
by HPLC - USP

ATP active
Fraction
>15%

MECHANISM OF ACTION

Inducing the State of Nonspecific Resistance (NSR)

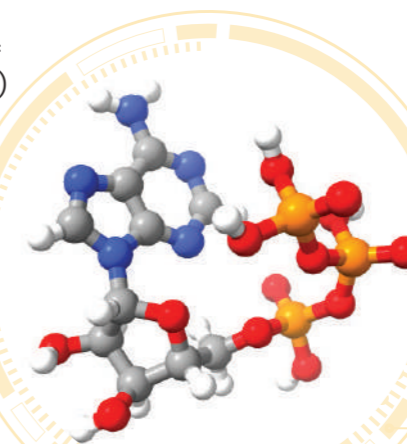
Promoting sustained performance even under physical stress

Reducing lactic acid accumulation, delaying fatigue

Adaptogens like Ashwa.30™ help in Modulating cortisol levels and Supporting physical performance

Enhancing aerobic glycolysis, supporting efficient ATP production

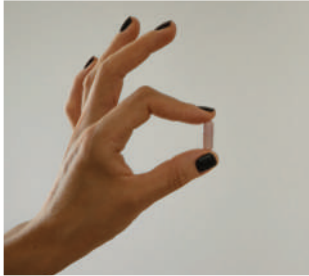
Modulating cortisol levels



Why choose Ashwa.30™ ?

1

Small Dose
Big Benefits



2

Smartest Science
B.O.T™



3

Energy &
endurance
supplements



5

Evidence-based
claims only!

Stress-relief
supplements

6



4

Sports nutrition



8

30 @ 30



Free-flowing
Powder

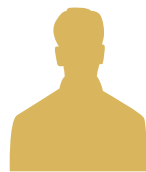
7

Strictly Root

9



DOSE:



ADULTS:
30 mg/day



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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