



medex
since 1954

Powered by bees. Proven by science.



MADE IN
EUROPE
SLOVENIA

Bee based food supplements

ABOUT MEDEX

A PIONEER OF
APITHERAPY
SINCE 1954

Medex is a pioneer in apitherapy and incredibly passionate to improve people's lives **with innovative food supplements based on bee products.** We are constantly **pushing the frontier of apitherapy** with a clear mission to **upgrade the traditional use** of bee products **with clinically supported innovations** to solve medical challenges of our times.

NATURAL & QUALITY PRODUCTS

Our products reveal the **secrets** of hard work of **bees** into a pure **miracle of nature.** They are made to the **highest quality standards, while having everyone's health and well-being** in mind – from children, working population to the elderly. **By combining beehives treasures** and other **natural ingredients** we **level up immune system & overall well-being of the people.**



THE BEE-CENTRIC COMPANY

Bees are our inspiration, they fascinate us, they are beautiful, and **their importance to mankind is beyond measure**. Every third spoonful of food is dependent on bees and pollinations. **Respecting bees** and understanding their importance for the environment **also improves our lives**.

FIRST AMBASSADOR OF THE WORLD BEE DAY

The initiative of **the World Bee Day** came from our mother land – **Slovenia**, where people are very aware of **bee's incredible mission**, so **beekeeping** has strong **roots in Slovenian tradition and our company**. We have always been **the driving force** behind the development and knowledge spreading in **the field of beekeeping all around the world**.



Royal Jelly - for immunity, energy, hormonal balance and anti-ageing



BEEHARMONY & BEELEXIR

		ACTION	SUITABLE FOR	RECOMMENDED DAILY ALLOWANCE	ROYAL JELLY DOSAGE/ 10-HDA DOSAGE IN ROYAL JELLY
BEEHARMONY CAPSULES, 60 pcs		Relieves menopause and PMS symptoms	adult women	 2 capsules	364 mg Royal balance™ (royal jelly + saffron extract)/ 14 mg
BEELEXIR CAPSULES, 40 pcs		Anti-ageing on a cellular level	Adults 30+	 2 capsules	484 mg Royal Youth™ (royal jelly, NAD and Q10 coenzyme)/ 14 mg

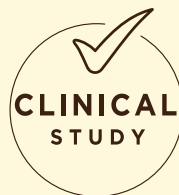
GELÉE ROYALE

		ACTION	SUITABLE FOR	RECOMMENDED DAILY ALLOWANCE	ROYALL JELLY DOSAGE/ 10-HDA DOSAGE IN ROYAL JELLY
GELÉE ROYALE CARDIO VIALS, 10x 9 ml		Cardio support	adults & seniors	 1 vial = 9 ml	2000 mg / 28 mg
BIO GELÉE ROYALE FORTE VIALS, 10x 9 ml		Immunity & prevention, Organic quality	adults & seniors	 1 vial = 9 ml	1500 mg / 21 mg
GELÉE ROYALE SUPER + D VIALS, 10x 9 ml		Immunity & prevention, with vitamin D3	teenagers & adults	 1 vial = 9 ml	1000 mg/ 14 mg
GELÉE ROYALE JUNIOR VIALS, 10x 9 ml		Immunity & prevention, formula for children	children 3+	 1 vial = 9 ml	250 mg/ 3,5 mg
GELÉE ROYALE BABY VIALS, 10x 9 ml		Immunity & prevention, formula for young children	children 1+	 1 vial = 9 ml	150 mg/ 2,1 mg
BIO GELÉE ROYALE FORTE CAPSULES, 30 pcs		Immunity & prevention, Organic quality	adults & seniors	 1 capsule = 370 mg	1000 mg/ 14 mg
GELÉE ROYALE SUPER + D CAPSULES, 30 pcs		Immunity & prevention, with vitamin D3	teenagers & adults	 1 capsule = 400 mg	1000 mg/ 14 mg
GELÉE ROYALE MEN CAPSULES, 30 pcs		Immunity & prevention, formula for men	adult men	 1 capsule = 386 mg	350 mg/ 4 mg

The quantity of **10 HDA** is an important quality factor for royal jelly. In Medex, we have **standardised the quantity of HDA** and thus provided **guaranteed & transparent quality**.

A CLINICAL STUDY¹

EFFECTS OF ROYAL JELLY ON SYSTEMIC INFLAMMATION:



- ✓ IMPROVES LIPID PROFILE
8 % lower total cholesterol
- ✓ REDUCES SYSTEMIC INFLAMMATION
21 % lower CRP and 34 % higher adiponectin
- ✓ INCREASES BLOOD ANTIOXIDANT POTENTIAL
35 % increase of bilirubin, endogenous antioxidant and TAC - Total Antioxidant Capacity
- ✓ SUPPORTS APPETITE REDUCTION
17 % increase of leptin (satiety hormone), increase in subjective feeling of satiety

¹ •Faculty of Health Sciences, University of Primorska, Izola, Slovenia and Medex d.o.o, Linhartova 49A, 1000 Ljubljana, Slovenia.

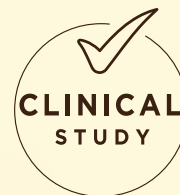
- Double-blind, placebo-controlled, randomised trial.
- 60 healthy asymptomatic people, 25-60 years old, BMI > 23.
- Results after 8 weeks of administration of 2000 mg royal jelly in a capsule.
- Petelin A, et al. 2019, Effects of Royal Jelly Administration on Lipid Profile, Satiety, Inflammation, and Antioxidant Capacity in Asymptomatic Overweight Adults. Evid Based Complement Alternat Med. 2019 Jun 13



A CLINICAL STUDY²

BEEHARMONY™

BeeHarmony™ is clinically proven to contribute to alleviating menopause symptoms



- ✔ **79% less** physical and mental exhaustion
- ✔ **70% less** mood swings
- ✔ **70% less** vaginal dryness
- ✔ **69% less** irritability
- ✔ **68% less** anxiety
- ✔ **66% less** accelerated and irregular heartbeat
- ✔ **61% less** bladder issues
- ✔ **60% less** sexual problems
- ✔ **58% less** joint and muscle issues
- ✔ **54% less** hot flushes and sweating
- ✔ **53% less** insomnia



² • Medex d.o.o., Linhartova 49a, 1000 Ljubljana
under the supervision of a gynaecologist.

- Double-blind, placebo-controlled, randomised trial.
- 50 women aged 45-60 with menopause symptoms.
- Results after 56 days of administration of 2 capsules Beeharmony™ daily.

AGE IS UNAVOIDABLE.
AGEING IS NOT!

**beelixir™**


CELL FUNCTION SUPPORT

**Anti-ageing on
a cellular level**

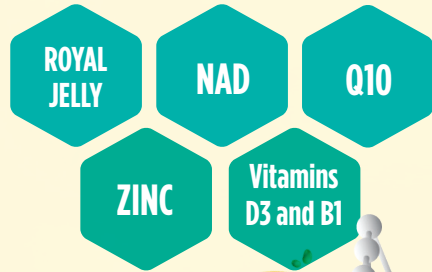
food supplement in capsules

 **Unique ROYAL YOUTH™ formula,
developed in Medex**

Contributes to normal cell division,
normal DNA synthesis, release of
energy in the cell and protection
of cells from oxidative stress.

 **An effective approach to
ageing cells**

With **BEELIXIR**, slow down
biological ageing and extend the
period of healthy, quality living.



New
generation of
ANTI-AGEING
food
supplements



ELEVATE YOUR HEART'S WELL-BEING WITH ROYAL JELLY

ROYAL
JELLY

COENZYME
Q10

VITAMIN
B1

Vitamin
D3

Vitamin
K2

Propolis

gelée royale cardio

CARDIOVASCULAR FUNCTION SUPPORT

Ultimate royal jelly product with cardio-supportive vitamins & propolis!

food supplement in vials

The only Medex product, which contains 2000 mg of royal jelly.

Regular consumption (8 weeks/ 2000 mg/day) has positive effect on:

- reduction of total cholesterol by 8%,
- reduction of systemic inflammation by 21%, increase of adiponectin by 34%,
- increasing the endogenous antioxidant bilirubin by 35%,
- raising the total antioxidant potential of the serum by 45%,
- 17% increase of leptin, the hormone that regulates hunger and triggers the feeling of satiety

(Source: Petelin et al., 2019).

2000 mg

The highest content of royal jelly



GUT HEALTH. LIFE WEALTH.

postbeeotic™

METABOLIC SUPPORT

Combat digestive issues,
boost immune health
and promote overall well-being
food supplement in sachets

- Innovative formula:**
Contains heat-inactivated probiotics, prebiotics and postbiotics with synergistic effects.
- Family-friendly:**
Suitable for adults, teenagers and children aged 3 and above.
- Healthy microbiome:**
Addresses digestive problems, enhances nutrient absorption and establishes a balanced intestinal microbiota.

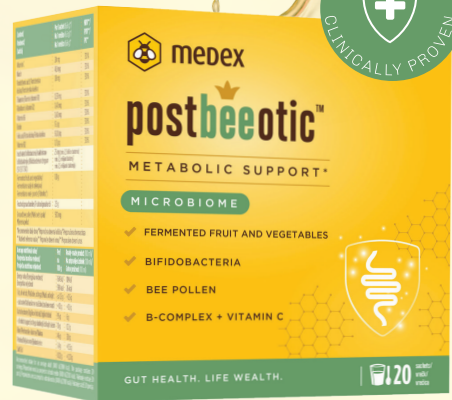
FERMENTED
FRUIT &
VEGETABLES

BIFIDO-
BACTERIA

HIGH
FIBRE
CONTENT

B-COMPLEX
+ Vitamin C

BEE
POLLEN



SLEEP WELL. LIVE WELL.

melatonin

FOR BETTER SLEEP¹

Relieve sleep disorders, improve sleep quality and support the normal functioning of the nervous system

food supplement in oral spray

✦ **Advanced formula:**

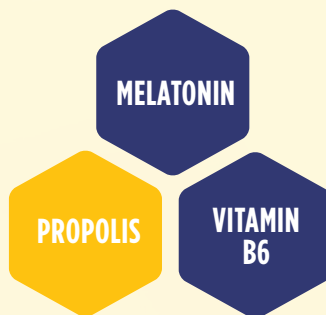
Faster absorption for increased efficiency.

✦ **Convenient for daily use:**

Easy to use, whether at home or on the go, ensuring you can maintain a healthy sleep pattern wherever you are.

✦ **Designed for those who need it most:**

Adults with mild sleep issues, individuals under stress, menopausal women experiencing altered sleep patterns, older adults with reduced melatonin production, night shift workers and individuals affected by jet lag.



¹ • 1 mg of melatonin helps to reduce the time it takes to fall asleep.

Propolis- the natural antiseptic

100%
NATURAL

DRY &
LIQUID
FORM



PROPOLIS

propolis LINE - ORIGINAL FORMULAS SINCE 1954

PREVENTION AND SUPPORT

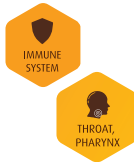
- ✓ Propolis **standardised to bioflavonoids**
- ✓ **Propolis-based food supplements** with added herbal extracts and/or vitamins
- ✓ **No preservatives, colorings, artificial flavours**

propolis oral

ADDED: HONEY, NIACIN, SAGE, ECHINACEA

ORAL SPRAY, 30 ml

WATER BASED



SUITABLE FOR



propolis oral junior

ADDED: HONEY, NIACIN, SAGE, SPRUCE TIPS

ORAL SPRAY, 30 ml

WATER BASED



SUITABLE FOR



CHILDREN 3+



ADULTS



PREGNANT AND NURSING MOTHERS

PROPOLIS LOZENGES

prevent and soothe throat inflammation

PROPOLIS FORTE

LOZENGES
18 pcs

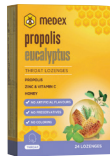


- Propolis
- Peppermint oil
- Vitamins A and C
- Also for diabetics
- From 3 years



PROPOLIS EUCALYPTUS

LOZENGES
24 pcs



- Propolis
- Honey
- Eucalyptus oil
- Zinc and vitamin C
- From 6 years



PROPOLIS GINGER

LOZENGES
24 pcs



- Propolis,
- Ginger extract
- Zinc and vitamin C
- Also for diabetics
- From 6 years



PROPOLIS EFFERVESCENT TABLETS

hydrating orange flavour drink for the immune system

PROPOLIS C + Zn

EFFERVESCENT TABLETS
20 pcs



- Propolis
- Vitamin C
- Zinc
- From 12 years



PROPOLIS DEFENSE

propolis defense

THE STRONGEST PROPOLIS ON THE MARKET

PREVENTION AND ACUTE CONDITIONS

- ✓ **APF® factor - standardized** concentration of flavonoids
- ✓ **Double** (or even triple) **standardisation** (raw material + final product)
- ✓ Concentration and doses adapted to **clinical trials**
- ✓ **Purified** propolis sprays/tinctures **with added honey and essential oils**
- ✓ **No preservatives, colorings, artificial flavours**

Medex standardization

Ensures the consistent quality and effectiveness of propolis.



ACTIVE PROPOLIS FLAVONOIDS

BIO PROPOLIS DEFENSE APF® 10 spray, 30 ml

Bio



WATER BASED

10 APF*

With added honey and peppermint oil. Made of ingredients from ecological agriculture. From 3 years.



BIO PROPOLIS DEFENSE APF® 30, solution, 30 ml

Bio



WATER BASED

30 APF*

With a dropper for easy dosing. Made of ingredients from ecological agriculture. From 3 years.



PROPOLIS DEFENSE capsules, APF® 50, 30 capsules



50 APF*

Without the taste of propolis. Added: vitamin A, Zinc. For adults.



Bioflavonoids from propolis per ml; ACTIVE PROPOLIS FLAVONOIDS (APF)

The real honey-based syrups!



















100%
NATURAL

AMAZING
TASTE



MORE THAN
70%
OF HONEY

SYRUPS

		ACTION	SUITABLE FOR	TOTAL HONEY CONTENT IN %	TOTAL HONEY CONTENT	HONEY CONTENT PER TEASPOON
ECHINACEA 140 ml		PREVENTION IMMUNITY		89 % HONEY	172 g	6,1 g
APISIRUP 140 ml		CURING FOR DRY COUGH AND SORE THROAT		91 % HONEY	173 g	6,1 g
SPRUCE TIPS 150 ml		CURING FOR WET COUGH		80 % HONEY	167 g	5,3 g
SAGE & ISLAND MOSS 150 ml, VEGAN		CURING FOR DRY & IRRITATING COUGH		84 % ORGANIC AGAVE SYRUP Also for diabetics.		AGAVE
IRON C + FOLIC ACID 150 ml		PREVENTION FOR RED BLOOD CELLS AND HEMOGLOBIN		74 % HONEY	152 g	
OMEGA-3 junior 140 ml		PREVENTION FOR CHILDRENS' BRAIN DEVELOPMENT, SIGHT, NERVOUS SYSTEM		74 % HONEY	143 g	5 g
MULTIVITAMIN junior 150 ml		PREVENTION FOR NORMAL DEVELOP- MENT & GROWTH		75 % HONEY	157 g	5 g
BETAIMMUNE junior 140 ml		PREVENTION FOR LONG TERM-IMMUNITY		74 % HONEY	142 g	5 g
APIBRONHI junior 140 ml		CURING FOR DRY & IRRITATING COUGH		89,7 % ORGANIC AGAVE SYRUP Also for diabetics.		AGAVE



CHILDREN 3+



ADULTS



PREGNANT AND NURSING MOTHERS

The sunshine vitamin with bee power

WITH BEE PROPOLIS

EXCELLENT ABSORPTION

NATURAL SOURCE


OBTAINED FROM LANOLIN



VITAMIN D3

VITAMIN D3 4000

SPRAY, 30 ml



1 x  = 1000 IU

4 x  = 4000 IU

FOR **60** DAYS

SUITABLE
FOR:



VITAMIN D3 1000

SPRAY, 30 ml



1 x  = 250 IU

4 x  = 1000 IU

FOR **60** DAYS

SUITABLE
FOR:



VITAMIN D3 500

SPRAY, 30 ml



1 x  = 250 IU

2 x  = 500 IU

FOR **120** DAYS

SUITABLE
FOR:



 CHILDREN 3+

 ADULTS



Aleša Mižigoj,
OWNER and CEO • MEDEX GROUP

A FEMALE-LED BUSINESS

"The survival of bees is essential for the survival of humans. At Medex, we have always been deeply connected to bees, making us ambassadors for a bee-friendly world.

A world that supports bees is one that supports people—everyone, not just a select few. This is the vision we strive to create at Medex.

We are committed to sustainability in environmental, social, and economic aspects. Additionally, we aim to bring attention to important issues and actions that are often overlooked but are crucial for building a better society and fostering harmony with nature."

– Aleša Mižigoj, owner and CEO • Medex Group

MEDEX MANAGEMENT

Aleša Mižigoj, the owner and CEO of the Medex family company, heads Medex for the last 20 years to a multinational organization. Aleša is a dedicated leader, a passionate advocate of a bee- and people-friendly world, a fighter for gender equality and the equality of all people, a humanitarian and philanthropist.

BUILDING A BETTER FUTURE TOGETHER



You can also help!
For every virtual tree planted on www.help-a-bee.com, Medex, in collaboration with Treecelet, will plant a real tree in Tanzania.

PIONEERING BEEKEEPING INITIATIVES IN DEVELOPING REGIONS

- ✓ Beekeeping development in Bangladesh in partnership with BRAC, world's largest NGO
- ✓ Greenfield project with Ghana EXIM bank for setup of national beekeeping
- ✓ Partnership with Treecelet, leading CEE platform for Africa forestation

PLANT A TREE, HELP A BEE!

The world's **bee population is decreasing** due to **climate change, habitat loss**, and the use of pesticides. With the disappearance of numerous plants, animals that live in harmony with them, **including bees, are also disappearing**. In some parts of the world, humans have cleared forests and completely **disrupted the natural balance**. **Reforestation** is particularly important in such **degraded areas of the world**. In the interest of environmental well-being and a better coexistence between humans and nature, **Medex joined the Slovenian Treecelet seedling project in 2022**. In the first year alone, they **planted 10,000 trees** in Tanzania! They will continue to plant trees every month, at a rate of 400 per month. The planting efforts will be combined with raising public awareness about the importance of responsible behavior towards nature and spreading awareness about the significance of protecting bees and the environment on a global scale.



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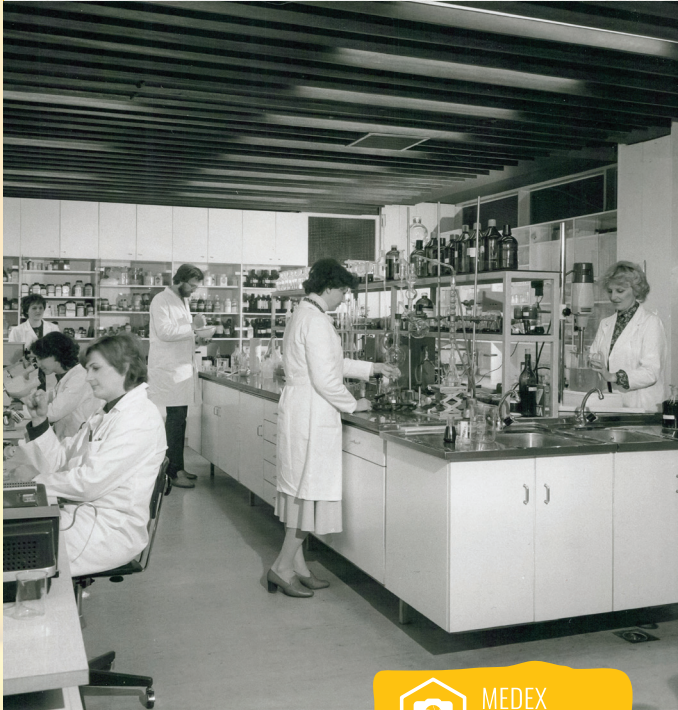
BRINGING NATURE'S BEST SINCE 1964

Honoring the Past, Inspiring the Future

A specialized Medex laboratory dedicated to the research and development of innovative products derived from bee-based materials has been established.

This cutting-edge facility focus on harnessing the natural properties of bee products, such as honey, propolis, beeswax, and royal jelly, to create new applications in various industries, including healthcare, cosmetics and nutrition.

The laboratory's primary mission is to explore the potential of these natural resources, conduct advanced studies and develop sustainable, high-quality products that benefit both consumers and the environment.



**MEDEX
ARCHIVE**



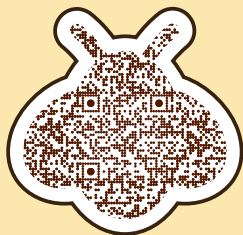


medex


since 1954



Partner with Medex




More info: medexlife.eu

 global@medex.si

Find us also on www.amazon.de/medex

amazon.de

Manufactured by: Medex d.o.o.

Linhartova cesta 49 A, 1000 Ljubljana,
Slovenia, EU  +386 1 475 75 27



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