



Nome italiano		Nome botanico		BIO	DNA	FU FE	RE	FU DE	FU MI	FU TO	SIS	FU	AT EN	EQ ME	RIL TO	AN	BE	BE FU	BE	
	AGRIMONIA	Agrimonia eupatoria L.																		
	ALTEA	Althaea officinalis L.																		
	ANICE VERDE	Pimpinella anisum L.																		
	ARNICA	Arnica montana L.																		
	BARDANA	Arctium lappa L.																		
	BETULLA	Betula pendula Roth																		
	BIANCOSPINO	Crataegus curvisepala Lind.																		
	BOLDO	Peumus boldus Molina																		
	CALENDULA	Calendula officinalis L.																		
	CANNELLA	Cinnamomum verum J. Presl.																		
	CARCIOFO	Cynara scolymus L.																		
	CARVI O CUMINO DEI PRATI	Carum carvi L.																		
	CENTELLA	Centella asiatica (L.) Urban																		
	COLA NOCI	Cola nitida (Vent.) Schott et Endi.																		
	CURCUMA	Curcuma longa L.																		
	DAMIANA	Turnera diffusa Wild. ex Schult.																		
	DROSERA	Drosera ramentacea Burch. ex DC.																		
	ECHINACEA PURP. (PARTI AEREE)	Echinacea purpurea Moench																		
	ECHINACEA PURP. (RADICE)	Echinacea purpurea Moench																		
	EPILOBIO	Epilobium angustifolium L.																		
	ERISIMO	Sisymbrium officinale (L.) Scopoli																		
	ESCOLZIA	Eschscholzia californica Cham.																		
	FIENO GRECO	Trigonella foenum-graecum L.																		
	FILLANTO	Phyllanthus niruri L.																		
	FINOCCHIO	Foeniculum vulgare Miller																		
	FUCO O QUERCIA MARINA	Fucus vesiculosus L.																		
	FUMARIA	Fumaria officinalis L.																		
	GALEGA	Galega officinalis L.																		
	GRINDELIA	Grindelia robusta Nutt.																		
	GUARANA'	Paullinia cupana Kunth																		
	IPPOCASTANO (CORTECCIA)	Aesculus hippocastanum L.																		
	LESPEDEZA	Lespedeza capitata Michx.																		
	LICHENE ISLANDICO	Cetraria islandica (L.) Ach.																		
	MACA ANDINA	Lepidium meyenii Walp																		
	MALVA	Malva sylvestris L.																		
	MELILOTO	Melilotus officinalis Pallas																		
	MELISSA	Melissa officinalis L.																		
	MENTA	Mentha x piperita L.																		
	MIRTILLO NERO	Vaccinium myrtillus L.																		
	MUIRA PUAMA	Ptychopetalum olacoides Benth.																		
	OLIVELLO SPINOSO	Hippophae rhamnoides L.																		
	ONONIDE	Ononis spinosa L.																		
	ORTICA FOGLIE	Urtica dioica L.																		
	PARTENIO (FEVERFEW)	Tanacetum parthenium (L.) Schultz Bip.																		
	PASSIFLORA	Passiflora incarnata L.																		
	PIANTAGGINE LANC.	Plantago lanceolata L.																		
	PIANTAGGINE MAGG.	Plantago major L.																		
	PILOSELLA	Hieracium pilosella L.																		
	RIBES NERO (FOGLIE)	Ribes nigrum L.																		
	ROSA CANINA	Rosa canina L.																		
	RUSCO O PUNGITOPO	Ruscus aculeatus L.																		
	SALVIA	Salvia officinalis L.																		
	TABEBUIA O LAPACHO	Tabebuia avellanedae Lorentz ex Griseb.																		
	TARASSACO	Taraxacum officinale G.H. Weber ex Wiggers																		
	TIGLIO	Tilia platyphyllos Scopoli																		
	TIMO VOLGARE	Thymus vulgaris L.																		
	ULMARIA O REGINA DEI PRATI	Filipendula ulmaria (L.) Maxim																		
	UVA URSINA	Arctostaphylos uva-ursi (L.) Spreng.																		
	VERGA D'ORO	Solidago virgaurea L.																		
	VIOLETTA DEL PENSIERO	Viola tricolor L.																		
	VITE ROSSA	Vitis vinifera L.																		



Botanical Name		English Name	BIO	DNA	Physiological Targets and Health Indications													
					DIGESTIVE SYSTEM – LIVER	GUT REGULATION	URINARY SYSTEM – DIURESIS – SWEATING	CARDIOVASCULAR SYSTEM MICROCIRCULATION – BLOOD PRESSURE	RESPIRATORY SYSTEM – VOICE	IMMUNE SYSTEM – ALLERGIES	MUSCULOSKELETAL APPARATUS (JOINTS)	TONIC – ENERGIZER – SPORT & VITALITY	WEIGHT LOSS AID – METABOLISM ENHANCER	NERVOUS SYSTEM (MENTAL STRESS SLEEP – MOOD)	ANTIOXIDANT & ANTI-AGEING MEMORY ENHANCER	FEMALE WELLNESS (MENSTRUAL PERIODS – MENOPAUSE)	MALE WELLNESS (PROSTATE SEXUAL ENHANCER)	SKIN – NAIL – HAIR CARE
✓	<i>Aesculus hippocastanum</i> L.	HORSE CHESTNUT (BARK)			●	●	●	●										●
	<i>Agrimonia eupatoria</i> L.	AGRIMONY			●	●			●									●
✓	<i>Althaea officinalis</i> L.	MARSHMALLOW			●	●	●		●									●
	<i>Arctium lappa</i> L.	BURDOCK			●		●				●							●
	<i>Arctostaphylos uva-ursi</i> (L.) Spreng.	BEARBERRY					●											
	<i>Arnica montana</i> L.	ARNICA						●										●
✓	<i>Betula pendula</i> Roth	COMMON WHITE BIRCH					●						●					
	<i>Calendula officinalis</i> L.	POT MARIGOLD			●				●							●		●
	<i>Carum carvi</i> L.	CARAWAY			●				●							●		
✓	<i>Centella asiatica</i> (L.) Urban	GOTU KOLA						●						●	●			●
✓	<i>Cetraria islandica</i> (L.) Ach.	ICELAND MOSS			●				●	●								●
	<i>Cinnamomum verum</i> J. Presl.	CINNAMON			●	●		●					●		●			●
	<i>Cola nitida</i> (Vent.) Schott et Endi.	KOLA										●	●	●				
✓	<i>Crataegus curvisepala</i> Lind.	HAWTHORN						●						●	●			
✓	<i>Curcuma longa</i> L.	TURMERIC			●						●				●	●		
✓	<i>Cynara scolymus</i> L.	ARTICHOKE			●			●					●		●			
	<i>Drosera ramentacea</i> Burch. ex DC.	SUNDEW							●									
✓	<i>Echinacea purpurea</i> Moench	PURP. CONEFLOWER (AERIAL PART)					●		●	●								
✓	<i>Echinacea purpurea</i> Moench	PURP. CONEFLOWER (ROOT)					●		●	●								
✓	<i>Epilobium angustifolium</i> L.	FIREWEED			●	●									●		●	
	<i>Eschscholzia californica</i> Cham.	CALIFORNIAN POPPY												●				
	<i>Filipendula ulmaria</i> (L.) Maxim	MEADOWSWEET			●		●				●							
✓	<i>Foeniculum vulgare</i> Miller	FENNEL			●	●	●		●							●		
	<i>Fucus vesiculosus</i> L.	BLADDERWRACK			●						●		●					
	<i>Fumaria officinalis</i> L.	EARTH SMOKE			●													●
	<i>Galega officinalis</i> L.	GOAT'S RUE					●	●					●			●		
	<i>Grindelia robusta</i> Nutt.	GRINDELIA							●									
	<i>Hieracium pilosella</i> L.	COMMON HAWKWEED					●		●									●
	<i>Hippophae rhamnoides</i> L.	SEA BUCKTHORN			●	●						●			●			●
	<i>Lepidium meyenii</i> Walp	MACA										●	●	●	●	●	●	
	<i>Lespedeza capitata</i> Michx.	LESPEDEZA					●	●					●					
✓	<i>Malva sylvestris</i> L.	MALLOW			●	●	●		●									●
✓	<i>Melilotus officinalis</i> Pallas	SWEET CLOVER					●	●										●
✓	<i>Melissa officinalis</i> L.	LEMON BALM			●									●	●			
	<i>Mentha x piperita</i> L.	PEPPERMINT			●				●									
	<i>Ononis spinosa</i> L.	SPINY REST HARROW			●		●											●
✓	<i>Passiflora incarnata</i> L.	PASSION HERB			●									●				
	<i>Paullinia cupana</i> Kunth	GUARANA'										●	●					
	<i>Peumus boldus</i> Molina	BOLDO			●	●	●											
	<i>Phyllanthus niruri</i> L.	STONEBREAKER			●		●						●					
	<i>Pimpinella anisum</i> L.	ANISE			●				●							●		
	<i>Plantago lanceolata</i> L.	ENGLISH PLANTAIN			●				●									
	<i>Plantago major</i> L.	GREATER PLANTAIN			●		●		●									
	<i>Ptychopetalum olacoides</i> Benth.	MUIRA PUAMA				●						●		●	●	●	●	
	<i>Ribes nigrum</i> L.	BLACKCURRANT (LEAF)					●		●		●				●			
✓	<i>Rosa canina</i> L.	ROSEHIP				●	●			●	●	●			●			●
	<i>Ruscus aculeatus</i> L.	BUTCHER'S BROOM						●										●
	<i>Salvia officinalis</i> L.	SAGE			●		●		●			●			●	●		●
	<i>Sisymbrium officinale</i> (L.) Scopoli	BANK CRESS							●									
	<i>Solidago virgaurea</i> L.	GOLDEN ROD					●		●									
	<i>Tabebuia avellanedae</i> Lorentz ex Griseb	PAU D'ARCO					●	●	●	●								
	<i>Tanacetum parthenium</i> (L.) Schultz Bip.	FEVERFEW									●					●		
✓	<i>Taraxacum officinale</i> G.H. Weber ex Wiggers	DANDELION			●	●	●											
✓	<i>Thymus vulgaris</i> L.	COMMON THYME			●				●						●			
	<i>Tilia platyphyllos</i> Scopoli	LIME					●		●					●				
	<i>Trigonella foenum-graecum</i> L.	FENU GREEK			●		●					●	●			●	●	
	<i>Turnera diffusa</i> Wild. ex Schult.	DAMIANA			●	●	●					●		●		●	●	
	<i>Urtica dioica</i> L.	NETTLE (LEAF)					●		●		●							●
✓	<i>Vaccinium myrtillus</i> L.	BILBERRY				●		●							●			●
	<i>Viola tricolor</i> L.	WILD PANSY					●		●		●							●
	<i>Vitis vinifera</i> L.	VINE						●							●			●