



instafresh

Nutritional Supplements



"Instafresh– A specialized division of

Medwise Overseas Pvt Ltd delivering excellence in Nutritional Supplements."

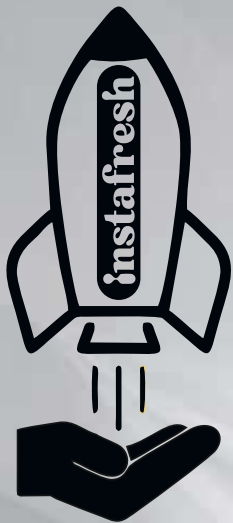
instafresh

“Fresh Formulas for a Healthier You.”



Medwise was incorporated in the year of **2015** with the concept of experienced and updated knowledge of medical field, enabling delivery of quality products in **Pharmaceutical & Nutraceutical** field. So far it has expanded its wings from domestic market to the international market in more than **35 countries across 5 continents** in a limited time span.

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InstaFresh Nutrition Supplements is a brand dedicated to providing high-quality, science-backed supplements designed for modern, health-conscious consumers. Their journey began with a mission to bridge the gap between science and nutrition, offering products that cater to the well-being of humanity.

The Beginning

The founders of InstaFresh recognized a growing demand for authentic, effective, and easily accessible supplements. Many people struggled with maintaining a balanced diet due to hectic lifestyles, and existing supplement options were often filled with unauthentic ingredients or lacked transparency.

This led to the creation of (Instafresh)

Instant, Nutrition, Supporting, Total, Active, Fitness, Revitalizing, Energy, Strength, and Health.

Core Philosophy

InstaFresh is built on three pillars:

1. Quality Ingredients

Sourced from the best manufacturers ensuring quality ingredients. Every batch undergoes strict quality testing, verifying purity and potency.

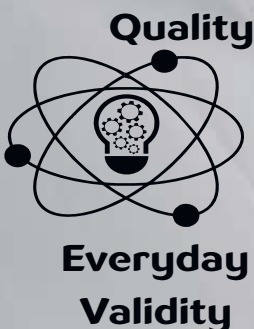
2. Smart Nutrition

Every product is science-backed and purpose-driven, combining clean ingredients, precision dosing, and advanced delivery systems to maximize effectiveness with minimal effort.

3. Everyday Vitality

More than supplements-Instafresh is your daily ritual for energy, recovery, immunity, and balance. We're here to power your day, every day, naturally and consistently.

Smart Nutrition



Quality

Everyday
Validity

**Super Enzyme
Complex Capsules**



SUPPLEMENT FACTS

Serving Size: 1 Capsule
Servings Per Container: 60

	Amount Per Serving	DV%
Betaine Hydrochloride	225 mg	**
Pancreatin IIX	136 mg	**
Amylase (37,500 USP units)		
Protease (37,500 USP units)		
Lipase (2,990 USP units)		
Ox Bile Extract (45% Total Cholic Acids)	105 mg	**
Papaya Fruit Powder	51 mg	**
Bromelain	47 mg	**
(from Pineapple Fruit) (140 GDU)		
Acid Stable Protease (56 SAPU)	11 mg	**
Papain	3.75 mg	**
(from Papaya Fruit) (200,000 FCC PU)		
Cellulase (200 CU)	1 mg	**

** Daily Value (DV) not established

Available Pack : 60 Capsules / 120 Capsules

SUPPLEMENT FACTS

Serving Size : 1 Tablet
Servings Per Container : 90

	AMOUNT PER SERVING	% DV
Folate	1700 mcg DEF	425%
	[1000 mcg (6S)-5-MTHF**]	
	[from Quatrefolic® (6S)-5-MTHF**] Glucosamine Salt]	

Available Pack : 90 Tablets / 180 Tablets



**Methyl Folate
Chewable Tablets**

SUPPLEMENT FACTS

Serving Size: 3 Capsules
Servings Per Container: 30

	AMOUNT PER SERVING	DV%
Glucosamine Sulfate Potassium (Shellfish-Free)	1500 mg	**
Boswellia Extract 65% Boswellic Acid (Boswellia serrata, Bark)	200 mg	**
Chondroitin Sulfate	150 mg	**
Turmeric 4:1 Extract (Curcuma longa, Root)	150 mg	**
Quercetin (Sophora japonica, Buds)	25 mg	**
L-Methionine	25 mg	**
Methylsulfonylmethane (MSM)	25 mg	**
Bromelain (Ananas comosus, Stem)	25 mg	**

** Daily Value (DV) not established

Available Pack : 90 Capsules /180 Capsules



**Glucosamine+
MSM Capsules**

SUPPLEMENT FACTS

Serving Size: 3 Capsules
Servings Per Container: 30

	AMOUNT PER SERVING	DV%
Organic Turmeric Root Powder (Curcuma longa)	1350mg	**
Turmeric Root Extract (95% Curcuminoids)	150mg	**
Black Pepper Fruit Extract (BioPerine®)	10mg	**

** Daily Value (DV) not established

Available Pack : 90 Capsules /180 Capsules



**Turmeric Curcumin
Bioperin® Capsules**

Weight Loss Lactobacillus Gasseri Capsules



SUPPLEMENT FACTS

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount Per Serving	DV%
Lactobacillus gasseri	10 Billion CFU	**

** Daily Value (DV) not established

Available Pack : 60 Capsules / 120 Capsules

SUPPLEMENT FACTS

Serving Size : 1 Capsule

Servings Per Container : 60

	AMOUNT PER SERVING	% DV**
Vitamin C (as Ascorbic Acid)	45 mg	50%
Vitamin D3 (as Cholecalciferol)	5 mcg	25%
Vitamin E (as d-Alpha Tocopheryl Succinate)	7.5 mg	50%
Vitamin B6 (as Pyridoxine Hydrochloride)	5 mg	294%
Folate (500 mcg folic acid)	850 mcg DFE	213%
Vitamin B12 (as Methylcobalamin)	250 mcg	10,417%
Iron (from Ferrous Sulfate 325 mg)	65 mg	361%

**Percent Daily Value (DV) based on a 2,000 calorie diet

Available Pack : 60 Capsules / 120 Capsules



Iron Slow Release Capsules

Ashwagandha Capsules



SUPPLEMENT FACTS

Serving Size: 3 Capsules

Servings Per Container: 33

	Amount Per Serving	DV%
Total Blend	2,100 mg	**
Organic ashwagandha powder (root) (Withania somnifera)	1,050 mg	**
Organic ashwagandha root extract (2.5% withanolides)	1,050 mg	**
Organic black pepper extract 4:1 (Piper nigrum)	8 mg	**

** Daily Value (DV) not established

Available Pack : 100 Capsules / 200 Capsules

SUPPLEMENT FACTS

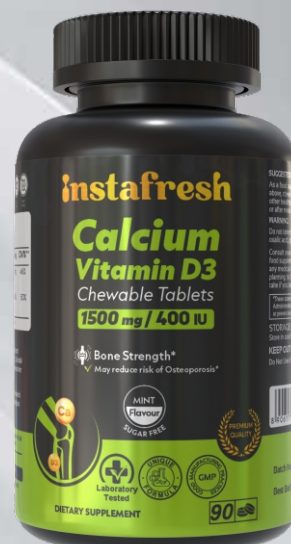
Serving Size: 1 Chewable Tablet

Servings Per Container: 90

	Amount Per Serving	DV%**
Calcium Carbonate (equivalent to 600mg Calcium)	1500mg	46%
Colecalciferol (equivalent to 10mcg of Vitamin D3)	400IU	50%

**Percent Daily Value (DV) based on a 2,000 calorie diet

Available Pack : 90 Tablets / 180 Tablets



Calcium Vitamin D3 Chewable Tablets

Shilajit Capsules



Supplement Facts

Serving Size: 1 Capsule
Servings per Container: 60

	Amount Per Serving	% DV
Shilajit extract (40% Fulvic acid)	250mg	**

** Daily Value (DV) not established.

Available Pack : 60 Capsules /120 Capsules

SUPPLEMENT FACTS

Serving Size : 1 Fast Dissolve Tablet
Servings Per Container : 100

	AMOUNT PER SERVING	% DV
Melatonin	12 mg	**

** Daily Value (DV) not established

Available Pack : 60 Tablets /120 Tablets



Melatonin Tablets

Shilajit Resin



Supplement Facts

Serving Size: 500 mg
Servings per Container: 60

	Amount Per Serving	% DV
100% Pure Shilajit Resin	500 mg	**

** Daily Value (DV) not established.

Available Pack : 1 OZ (30g)

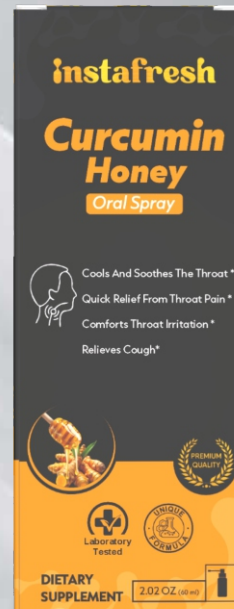
SUPPLEMENT FACTS :

Serving Size 4 Sprays (Approx. 0.5 ml)
Serving per Container: 120

		DV%
Each daily dose (4 sprays) contains		
Vitamin C	+10 mg	11
Curcumin 95%	500 mcg	**
Piperine 95%	50 mcg	**
Ginger Extract	7.5 mg	**
Punch Tulsi Liquid	0.5 µl	**
Honey	50 mg	**

** DV Value Not established

Available Pack : 30 ml /60 ml



Curcumin Honey Oral Spray

Glutathione Effervescent Tablets

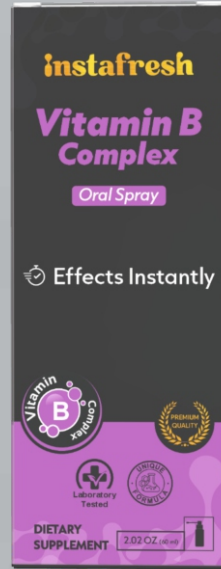


SUPPLEMENT FACTS :

Serving Size 4 Sprays (Approx. 0.5 ml)
Serving per Container: 120

		DV%
Vitamin B1	0.1 mg	8.33%
Vitamin B2	0.1 mg	7.69%
Vitamin B3 (Niacinamide)	0.5 mg	3.12%
Vitamin B5	0.1 mg	2%
Vitamin B6	0.15 mg	11.53%
Vitamin B7 (Biotin)	1 mcg	3.33%
Vitamin C	2 mg	2.22%
Vitamin D3	100 IU	16.66%
Vitamin B12	1 mcg	41.66%

Available Pack : 30 ml /60 ml



Vitamin B Complex Oral Spray

SUPPLEMENT FACTS

Serving Size : 1 Effervescent Tablet
Number of Servings : 20

Ingredient	Amount Per Serving	DV%
Glutathione	500 mg	**
Vitamin C	40 mg	5.33%

** Daily Value (DV) not established

Available Pack : 20 Tablets

SUPPLEMENT FACTS

Serving Size : 1
Servings per Container: 10 Tablets

	Amount Per Serving	*% DV
N-Acetyl Cysteine	600mg	**

** Daily Value (DV) not established

Available Pack : 10 Tablets / 20 Tablets



N-AcetylCysteine Effervescent Tablets

Vitamin C 1000 mg Effervescent Tablets



SUPPLEMENT FACTS

Serving Size : 1 Effervescent Tablet
Number of Servings : 20

Ingredient	Amount Per Serving	DV%
Ascorbic Acid	1000 mg	50%

**Percent Daily Value (DV) based on a 2,000 calorie diet

Available Pack : 20 Tablets

Vitamin C 1000 mg Effervescent Powder



SUPPLEMENT FACTS
Serving Size: 1 Sachet

	Amount per serving	%DV		Amount	%DV
Calories	35		Calcium	50 mg	4%
Total Carbohydrate	7 g	3% **	(as calcium carbonate, calcium phosphate, calcium pantothenate)		
Total Sugars	6 g	**	Phosphorus	38 mg	3%
Includes 6g Added Sugar		11% **	(as potassium phosphate, calcium phosphate, sodium phosphate)		
Vitamin C	1000 mg	111%	Magnesium	60 mg	14%
(As Ascorbic Acid, Zinc Ascorbate)			(as magnesium carbonate, magnesium hydroxide)		
Thiamine	0.38 mg	32%	Zinc	2 mg	18%
(as thiamine hydrochloride)			(As Zinc Ascorbate)		
Riboflavin	0.43 mg	33%	Manganese	0.5 mg	22%
(As Riboflavin-5' Phosphate)			(as manganese gluconate)		
Niacin	4mg	25%	Chromium	10 mcg	29%
(as pyridoxine hydrochloride)			(as chromium picolinate)		
Vitamin B ₆	10 mg	588%	Sodium	65 mg	3%
(as pyridoxine hydrochloride)			(as sodium bicarbonate, sodium phosphate)		
Folate	167 mcg DFE	42%	Potassium	200 mg	4%
(100 mcg folic acid)			(as potassium bicarbonate, potassium phosphate, potassium carbonate)		
Vitamin B ₁₂	25 mcg	1042%	Pantothenic Acid	25 mg	50%
(as cyanocobalamin)			(as calcium pantothenate)		

*** Daily Values (DV) are based on a 2,000 calorie diet.
** Daily Value not established.

Available Pack : 031 OZ (8.8 g) 10 Sachets, 30 sachets

SUPPLEMENT FACTS

Serving Size: 1 Sachet

Servings Per Container: 10

	Amount Per Serving	DV%
Lactobacillus gasseri	10 Billion CFU	**
Zinc	2.55 mg	23%
Vitamin D	10 µg	50%

** Daily Value (DV) not established

Available Pack : 0.070 OZ (2 g) 10 Sachets, 30 sachets



Weight Loss Lactobacillus Gasseri Sachets

Electrolyte Drink Mix Sachets



NUTRITION FACTS :

Serving Size: 1 Sachet (16g),

	Amount per serving	% DV
Calories	45	
Total Fat	0g	0%
Saturated fat	0g	0%
Trans fat	0g	
Cholesterol	0 mg	0%
Sodium	500mg	22%
Total Carbohydrate	11g	4%
Dietary Fiber	0g	0%
Total Sugars	11g	
Includes	11g	
Added Sugars		22%
Protein	0g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0mg	0%
Potassium	380mg	8%
Vitamin C	73mg	80%
Niacin	22.8mg	140%
Vitamin B6	2.3mg	140%
Vitamin B12	6.8mcg	280%
Vitamin B5	11.4mg	230%
(Pantothenic Acid)		

Available Pack : 0.56 OZ (16 g) 10 Sachets, 30 sachets



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CDMO

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