

Magnekom

Food Supplement
Containing Magnesium

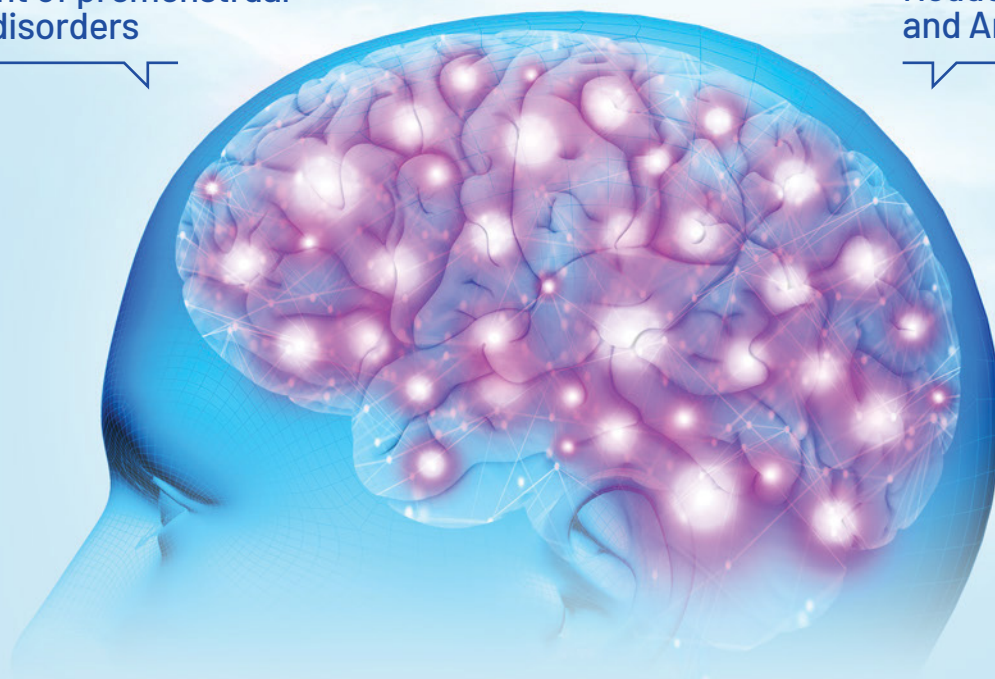


NMDA receptors' modulation proven with ATA Mg®
The best bioavailability in brain cells
The widest cerebral functions

Management of premenstrual
syndrome disorders

Improvement of Memory
and Cognition functions

Reduction of Stress
and Anxiety



Relief of head trauma symptoms

- Morphological damage
- Cell death (apoptosis)
- Emotional behavioral problems

Reduction of Migraine
and Epilepsy seizures



Magnekom

WHAT IS MAGNEKOM?

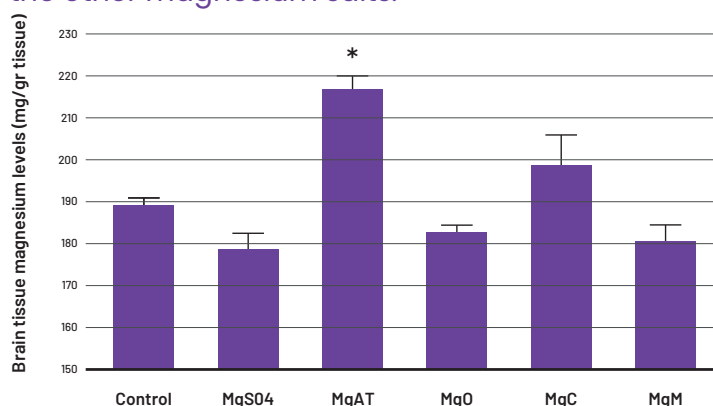
Magnekom is a food supplement containing 460 mg ATA Mg®.

Magnesium acetyl taurate has a lipophilic character, which facilitates membrane phospholipids passage and cell penetration for both magnesium and taurine, in particular into neuronal cells.

Magnekom contains a patented magnesium acetyl taurate salt, which offers enhanced magnesium cell penetration and provides physiological properties related to optimized intracellular magnesium concentration.

ATAMg® = Magnesium Acetyl Taurinate
= Lipophilic properties

ATA Mg® -> HIGHER BIOAVAILABILITY IN THE BRAIN:
The ATA Mg absorption is significantly higher than the other magnesium salts.



Brain tissue magnesium levels. * indicates $p < 0.05$ compared to other groups

Mg malate (MgM)

Mg citrate (MgC)

Mg oxide (MgO)

Mg acetyl taurate ATA Mg® (Mg AT)

Mg sulfate (MgSO4)

Ingredients: Magnesium acetyl taurate (ATA Mg®).

Excipient: MCC (Microcrystalline Cellulose)

Active ingredient	Per capsule	%NRV
Magnesium*	29.9 mg	8%
* Total elemental magnesium from 460 mg of Magnesium Acetyl Taurate (ATA Mg®)		

NRV: Nutrient Reference Values

Directions for use:

Take two capsules daily

Magnekom is recommended to:

- Magnekom contains the highest bioavailable magnesium for brain and women health, offering better cellular penetration and an increase of magnesium neuro-muscular activity.
- Magnekom can help to reduce stress
- Magnekom can contribute to support anxiety and improve cognitive performance
- Magnekom can help improve cognition and learning or memory problems
- Magnekom can help manage the premenstrual syndrome disorders
- Kainic acid is a neurotransmitter involved in neuronal hyperactivity (headaches, photic migraines, audiogenic seizures, epilepsy, convulsions, etc.). ATA Mg® is an inhibitor of kainic acid.



Ndihmon në lehtësimin e simptomave të PMS

Headaches
Abdominal bloating
Anxiety
Insomnia
Irritability
Dizziness or fainting
Crying
Swelling of the extremities
Tiredness
Confusion
Increased appetite
Loss of memory
Breast tenderness
Feeling of loneliness
Depression
Heartbeat
Craving for sweets
Weight gain
Mood swings
Nervous tension



www.magnekom.com