



Myosal

A scientifically developed formula designed to support **neuromuscular health**, recovery and **physical performance**.

An innovative **formula** with **Levagen+ (PEA)**, **taurine**, **fully chelated magnesium bisglycinate**, **vitamin B6**, **standardized extract of Melissa officinalis** and **Boswellia serrata**.

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When limited movement gets in the way of life

MYOSAL contains a **carefully selected** combination of **ingredients** designed to provide **comprehensive support** for individuals experiencing increased **muscle tension**, **stiffness** or **discomfort** associated with:

- **Muscle spasms of various origins**
- **Musculoskeletal pain**
- **Increased physical exertion**
- **Prolonged sitting and sedentary work**
- **Repetitive movements**
- **Intense physical or sport activity**
- **Everyday stress**
- **Natural age-related changes**

The formulation **helps reduce muscle tension** and **stress while supporting relaxation, mobility and recovery** after physical exertion.

Myosal 30 capsules	One capsule contains:
Levagen + (palmitoylethanolamide - PEA)	100 mg
Taurine	125 mg
Magnesium bisglycinate $\geq 11\%$ (fully chelated) Providing elemental magnesium at least	100 mg 11 mg
Vitamin B6 (<i>Pyridoxine hydrochloride</i>)	5 mg
Lemon balm leaf extract (<i>Melissa officinalis</i> L.) Standardized to $\geq 5\%$ rosmarinic acid	40 mg
Indian frankincense resin extract (<i>Boswellia serrata</i>) Standardized to $\geq 65\%$ boswellic acids	50 mg

Recommended use:

2 capsules once or twice daily | **Maximum daily dose:** 4 capsules

Levagen+ is an advanced form of PEA with increased bioavailability and format versatility utilizing award-winning LipiSpense technology. PEA is a naturally occurring lipid mediator produced by the body in response to various forms of tissue stress and damage. In addition to its anti-inflammatory activity, it exhibits analgesic and neuroprotective properties. It acts locally by regulating mast cell degranulation, thereby helping to reduce the release of pain mediators and the activation of pain receptors. In a randomised, double-blind, placebo-controlled study in adults reporting joint pain, supplementation with 350 mg of Levagen+ daily for 14 days resulted in significantly lower pain scores compared with placebo on day 14. ⁽¹⁾

Functional synergy of taurine and fully chelated magnesium bisglycinate

Magnesium contributes to normal muscle function, nervous system function, electrolyte balance, and energy-yielding metabolism, while taurine plays a role in regulating intracellular calcium, stabilizing cell membranes, protecting against oxidative stress, and maintaining optimal muscle contractility. Together, they form a rationally designed combination that supports efficient neuromuscular signaling, physiological muscle contraction and relaxation, as well as recovery processes following physical exertion.

Vitamin B6 – supporting energy metabolism and nervous system function

Vitamin B6 contributes to normal nervous system function and psychological well-being. It supports neurotransmitter synthesis and helps reduce tiredness and fatigue. Vitamin B6 also contributes to normal energy, protein and glycogen metabolism, as well as to the regulation of hormonal activity.

Lemon balm (*Melissa officinalis*), standardized extract – supporting relaxation and emotional balance

Lemon balm promotes relaxation and emotional well-being. It may also support cognitive function and help the body cope with everyday stress. Its antioxidant properties may additionally help protect cells from oxidative stress ⁽²⁾.

Indian frankincense (*Boswellia serrata*), standardized extract – supporting joint comfort and mobility

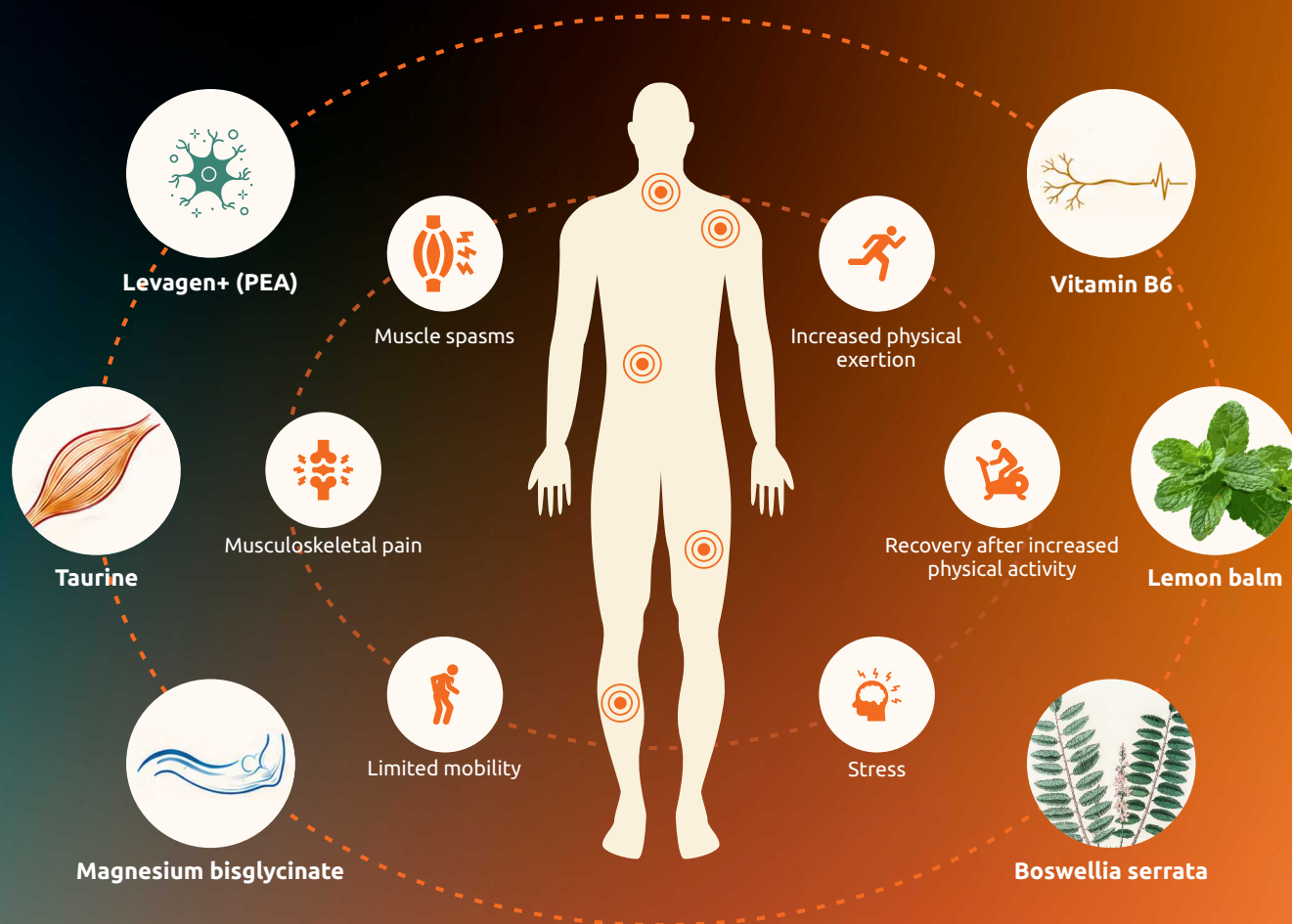
Indian frankincense contains boswellic acids, natural compounds involved in the regulation of inflammatory processes. Due to its anti-inflammatory and analgesic properties, *Boswellia serrata* is commonly used to support joint comfort, mobility and function, particularly in conditions associated with chronic inflammation and pain ⁽³⁾.

1. Briskey D, Mallard AR, Rao A (2020) Increased Absorption of Palmitoylethanolamide Using a Novel Dispersion Technology System (LipiSpense®). J Nutraceuticals Food Sci Vol.5 No.2:3. DOI: 10.36648/nutraceuticals.5.2.3

2. Shakeri A, Sahebkar A, Javadi B. *Melissa officinalis* L. - A review of its traditional uses, phytochemistry and pharmacology. J Ethnopharmacol. 2016; 188:204-228. doi: 10.1016/j.jep.2016.05.010

3. Umar S, Umar K, Sarwar AH, et al. *Boswellia serrata* extract attenuates inflammatory mediators and oxidative stress in collagen induced arthritis. Phytomedicine. 2014;21(6):847-856. doi: 10.1016/j.phymed.2014.02.001

Complementary support



Helping people move more freely, recover faster and stay active

Why Myosal?

- **Evidence-based** ingredient selection
- **Quality-controlled** premium raw materials
- **Innovative Levagen+ (PEA)-based formulation**, fully chelated bioavailable magnesium bisglycinate, standardized botanical extracts
- **Complementary** mechanisms of action
- **Multi-target neuromuscular support** without pronounced sedation



Caring for
Everyone's *Health*