



BRUDYLAB®

**VADEMECUM 2025
OPHTHALMOLOGY**



| WE BELIEVE IN SCIENCE |



BRUDYMACULA

Tridocosahexanoína-AOX®



C.N. 158367.3
60 capsules

BRUDYSEC 1,5g

Tridocosahexanoína-AOX®



C.N. 158371.0
30 capsules
C.N. 161522.0
90 capsules

BRUDYRETINA 1,5g

Tridocosahexanoína-AOX®



C.N. 158369.7
30 capsules
C.N. 160301.2
90 capsules

BRUDYPIO 1,5g

Tridocosahexanoína-AOX®



C.N. 158368.0
30 capsules
C.N. 165081.8
90 capsules

COMPOSITION	1 caps.	%RI*
Omega-3 fatty acids		
22:6ω3, DHA (mg)	350	-
20:5ω3, EPA (mg)	42.5	-
22:5ω3, DPA (mg)	30	-
Vitamins		
Vitamin C (mg)	80	100
Vitamin D3 (µg)	7.5	150
Vitamin E (mg α-TE)	12	100
Minerals		
Zinc (mg)	10	100
Copper (µg)	1000	100
Other ingredients		
Lutein (mg)	5	-
Zeaxanthin (mg)	1.4	-

COMPOSITION	1 caps.	3 caps.	%RI*
Omega-3 fatty acids			
22:6ω3, DHA (mg)	350	1,050	-
20:5ω3, EPA (mg)	42.5	127	-
22:5ω3, DPA (mg)	30	90	-
Vitamins			
Vitamin A (µg RE)	133.33	400	16.7-50
Vitamin C (mg)	26.7	80	33-100
Vitamin E (mg α-TE)	4	12	33-100
Minerals			
Zinc (mg)	1.6	5	16.7-50
Copper (µg)	166	500	16.7-50
Manganese (mg)	0.33	1	16.7-50
Selenium (µg)	9.17	27.5	16.7-50
Other ingredients			
Tyrosine (mg)	10.8	32.5	-
L-Cysteine (mg)	5.83	17.5	-
Glutathione (mg)	2	6	-

COMPOSITION	1 caps.	3 caps.	%RI*
Omega-3 fatty acids			
22:6ω3, DHA (mg)	350	1050	-
20:5ω3, EPA (mg)	42.5	127	-
22:5ω3, DPA (mg)	30	90	-
Vitamins			
Vitamin B1 (mg)	0,37	1,1	33-100
Vitamin B2 (mg)	0,47	1,4	33-100
Vitamin B3 (mg-NE)	5,3	16	33-100
Vitamin B6 (mg)	0,47	1,4	33-100
Vitamin B9 (µg)	66,7	200	33-100
Vitamin C (mg)	26,7	80	33-100
Vitamin E (mg α-TE)	4	12	33-100
Minerals			
Zinc (mg)	1,66	5	16,7-50
Copper (µg)	166	500	16,7-50
Selenium (µg)	9,16	27,5	16,7-50
Manganese (mg)	0,33	1	16,7-50
Other ingredients			
Lutein (mg)	3,4	10,2	-
Zeaxanthin (mg)	0,3	0,9	-
L-Cystine (mg)	2	6	-

COMPOSITION	1 caps.	3 caps.	%RI*
Omega-3 fatty acids			
22:6ω3, DHA (mg)	350	1,050	-
20:5ω3, EPA (mg)	42.5	127	-
22:5ω3, DPA (mg)	30	90	-
Vitamins			
Vitamin A (µg RE)	133.33	400	17-50
Vitamin C (mg)	26.7	80	33-100
Vitamin E (mg α-TE)	4	12	33-100
Vitamin B1 (mg)	0.37	1.1	33-100
Vitamin B2 (mg)	0.47	1.4	33-100
Vitamin B3 (mg NE)	5.3	16	33-100
Vitamin B6 (mg)	0.47	1.4	33-100
Vitamin B9 (µg)	66.7	200	33-100
Vitamin B12 (µg)	0.83	2.5	33-100
Minerals			
Zinc (mg)	3.33	10	33-100
Copper (µg)	330	1000	33-100
Manganese (mg)	0.66	2	33-100
Selenium (µg)	18.3	55	33-100
Other ingredients			
Lutein (mg)	3.33	10	-
Zeaxanthin (mg)	0.33	1	-
Glutathione (mg)	2	6	-
Lycopene (mg)	2	6	-
Coenzyme Q10 (mg)	2	6	-
Anthocyanidins (mg)	5	15	-
Oleuropein (mg)	0.8	2.4	-

BRUDYOPIA

Tridocosahexanoína-AOX®



C.N. 158370.3
30 capsules

BRUDYITIS

Tridocosahexanoína-AOX®



C.N. 179532.8
30 capsules

COMPOSITION	1 caps.	%RI*
Omega-3 fatty acids		
22:6ω3, DHA (mg)	250	-
20:5ω3, EPA (mg)	31	-
22:5ω3, DPA (mg)	22	-
Vitamins		
Vitamin A (µg-RE)	400	50
Other ingredients		
Blueberry extract (mg)	100	-
Lutein (mg)	3	-
Zeaxanthin (mg)	0.30	-

COMPOSITION	1 caps.	2 caps.	%RI*
Omega-3 fatty acids			
22:6ω3, DHA (mg)	500	1000	-
20:5ω3, EPA (mg)	61	122	-
22:5ω3, DPA (mg)	42	84	-
Minerals			
Zinc (mg)	5	10	50-100
Selenium (µg)	27.5	55	50-100
Copper (µg)	500	1000	50-100
Manganese (mg)	1	2	50-100
Other ingredients			
Glutathione (mg)	5	10	-

*Ri: Reference Intake

RECOMMENDATIONS

Retina and macula conditions	BRUDYRETINA BRUDYMACULA BRUDYOPIA	1-3 capsules/day = 350-1,050 mg DHA 1-2 capsules/day = 350-700 mg DHA 1 capsule/day = 250 mg DHA
Intraocular pressure conditions	BRUDYPIO	1-3 capsules/day = 350-1,050 mg DHA
Inflammation conditions	BRUDYITIS	1-2 capsules/day = 500-1,000 mg DHA
Ocular surface conditions	BRUDYSEC	1-3 capsules/day = 350-1,050 mg DHA



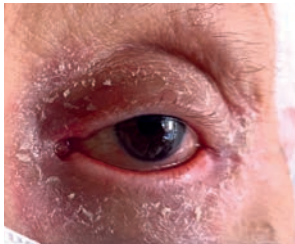
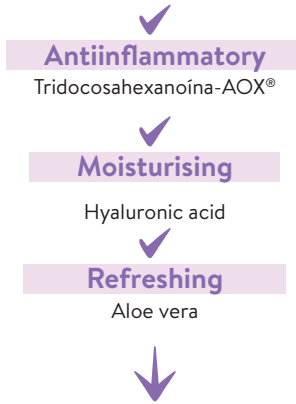
BRUDYDERM DRY EYE



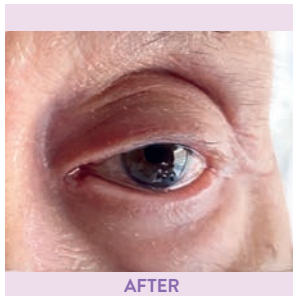
C.N. 180690.1
Multidose 10 ml

Eyelid gel with Tridicosahexanoína-AOX® for night-time use

- For approx. 50 applications
- Do not apply inside the eye and use only on undamaged skin



BEFORE



AFTER

Patient with eyelid dermatitis caused by chronic use of antiglaucoma drugs. Baseline and endline after 2 daily applications of the cream gel (morning and evening) for 1 month.

RECOMMENDATIONS

Eyelid surface	BRUDYDERM DRY EYE	1-2 applications a day
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BRUDYAL



C.N. 167573.6
20 single doses

0.10% high molecular weight hyaluronic acid solution

- Isotonic (300 mOsm)
- Preservative-free

BRUDYAL PLUS MULTI



C.N. 195092.5
Multidose 10 ml

0.10% high molecular weight hyaluronic acid solution

- High viscosity, isotonic (300 mOsm) and with physiological pH (7.3)
- Preservative-free
- Once opened, use within 3 months

HA: Hyaluronic acid

RECOMMENDATIONS

Eye hydration	BRUDYAL / BRUDYAL PLUS MULTI / VISMED / VISMED GEL / VISMED MULTI	Apply as often as necessary. Suitable for contact lens wearers.
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159578.2
20 single doses

0.18% high molecular weight HA solution*

- Hypotonic (150 mOsm)
- Preservative-free



159779.3
20 single doses

0.30% high molecular weight HA solution*

- Hypotonic (150 mOsm)
- Preservative-free



163806.9
Multidose 10 ml

0.18% high molecular weight HA solution*

- Hypotonic (150 mOsm)
- Preservative-free
- Once opened, use within 3 months

*Distributed in Spain only



BRUDYLAB PACK EYE CARE



C.N. 214885.7

- 1 box of BRUDYSEC 90 capsules
- 1 box of BRUDYAL PLUS MULTI
- 1 box of BRUDYDERM DRY EYE

BRUDYLAB PACK EYELID CARE



C.N. 214884.0

- 1 box of BRUDYITIS 30 capsules
- 1 box of BRUDYAL PLUS MULTI
- 1 box of BRUDYDERM DRY EYE



A combined systemic and topic treatment with Tridocosahexanoína-AOX® provides relief to **dry eye and inflammatory conditions**



C.N. 194983.7
30 sachets

NUTRITIONAL INFORMATION	1 sachet (10 ml)	100 ml
Energy value (kJ) (kcal)	173.87 42.04	1738.7 420.4
Fats (g)	4.01	40.1
of which:		
saturated (g)	0.5	5.0
monounsaturated (g)	2.61	26.1
polyunsaturated (g)	0.91	9.1
Omega-3 fatty acids		
22:6ω3, DHA (g)	0.5	5.0
20:5ω3, EPA (g)	0.06	0.6
22:5ω3, DPA (g)	0.04	0.4
Carbohydrates (g)	1.67	16.7
of which:		
Sugars (fructose) (g)	1.0	10
Polyols (g)	0.56	5.6
Starches (g)	0.11	1.1
Dietary fibre (g)	0.02	0.24
Protein (g)	0	0
Salt/sodium (g)	0	0
Vitamins/minerals (g)	0	0.12
Potassium (g)	0	0

Food for special medical purposes

- Drinkable DHA triglyceride emulsion in gel form, sweetened with fructose and orange flavouring
- Daily dosage and duration of treatment should be determined by a healthcare professional
- To be used under medical supervision in situations where a DHA-enriched diet is needed such as amblyopia, attention deficit disorders with or without hyperactivity



C.N. 190761.5
125 ml

NUTRITIONAL INFORMATION	1 ml	2.5 ml
Energy value (kJ) (kcal)	34.4 8.4	86.0 20.9
Fats (g)	0.93	2.32
of which:		
saturated (g)	0.09	0.23
monounsaturated (g)	0.20	0.48
polyunsaturated (g)	0.64	1.61
Omega-3 fatty acids (mg)	120	300
22:6ω3, DHA (mg)	100	250
20:5ω3, EPA (mg)	12	30
22:5ω3, DPA (mg)	8	20

Food supplement

- Drinkable syrup with tangerine aroma

RECOMMENDATIONS

BrudyDHA KIDS

Recommended dosage to obtain beneficial effects:

- Children under the age of 2: 1ml
- Children over the age of 2: 2.5ml

Do not exceed the recommended dose, unless otherwise advised by a healthcare professional.

Oral administration, alone or mixed with other foods.



BRUDYGLAUCO

Baseline **3 months**

BRUDYGLAUCO
Tridocosahexanoína-AOX® y Citicolina

Complemento para el control de la presión intraocular
Fórmula con Tridocosahexanoína-AOX® y Citicolina
60 cápsulas
80,39g
C.N. 217107.7
60 capsules

C.N. 217107.7
60 capsules

Discover the combined power of Tridocosahexanoína-AOX® and Citicolina, **your allies in glaucoma treatment**

1 box
60 capsules

=

1 month
of treatment

COMPOSITION	1 caps.	2 caps.
Omega-3 fatty acids		
22:6ω3, DHA (mg)	500	1000
20:5ω3, EPA (mg)	61	122
22:5ω3, DPA (mg)	43	86
Citicolina (mg)	163	326

RECOMMENDATIONS

Optic nerve **BRUDYGLAUCO** 2 capsules/day = 1,000 mg DHA

BRUDY WASH



C.N. 219427.4
50 ml

New eye cleansing foam

1. Dispense foam onto hands.
2. Apply foam to the eye.
3. Rinse the eye.



Gentle Cleansing
Removes impurities without irritating



Moisturising
Keeps the skin moisturised thanks to glycerin



Soothing
Contains bisabolol, which is known for its soothing properties

RECOMMENDATIONS

Eyelids **BRUDYWASH** 2-3 times a day



brudy green



C.N. 219825.8
60 ml

Our first vegan, vanilla-flavoured DHA made from algae!

Recommended for:

- Vegetarians and vegans
- Children
- Adults with swallowing difficulties

Beneficial effects of DHA:

- Visual function
- Brain function
- Cardiovascular function
- Lipid metabolism
- Inflammatory processes
- Antioxidant effect

NUTRITIONAL INFORMATION

	1 ml	2 ml
Energy value (kJ)	35	70
(kcal)	8.3	16.6
Fats (mg)	923	1,846.5
Schizochytrium sp. oil (mg)	236.2	472.5
Olive oil (mg)	687	1,374
Vitamin E (mg)	1.2	2.4
Fatty acid composition:		
Polyunsaturated (mg)	249.4	498.8
Omega-3 fatty acids (mg)	164.5	329
22:6ω3, DHA (mg)	125	250
20:5ω3, EPA (mg)	3.6	7.2
22:5ω3, DPA (mg)	35.4	70.8

RECOMMENDATIONS

250 mg/day of DHA BRUDYGREEN 2 ml

BRUDY NUTRACEUTICS ONCO



C.N. 160344.9
30 sachets

New stick format

Lemon and mint flavour

Food for special medical purposes

- To be used under medical supervision in situations where a DHA-enriched diet is needed, such as chemotherapy, radiotherapy or cachexia.
- Daily dosage and duration of treatment should be determined by a healthcare professional.
- Box with 30 sachets of 10.4-g (210 g)

NUTRITIONAL INFORMATION

	1 vial (7 g)	100 g
Energy value (kJ)	263	3762
(kcal)	63	900
Fats (g)	7	100
of which:		
Omega-3 fatty acids	5.5	78
22:6ω3, DHA (g)	4.6	65
20:5ω3, EPA (g)	0.49	7
22:5ω3, DPA (g)	0.42	6
Protein (g)	0	0
Carbohydrates (g)	0	0

BRUDY PLUS



C.N. 152783.7
90 capsules



C.N. 189007.8
60 capsules

BRUDY FERTIL-AOX®



C.N. 179180.1
90 capsules

BRUDY GESTA



C.N. 195041.3
60 capsules

BRUDY LACTANCIA



C.N. 179179.5
60 capsules

BRUDY NEO



C.N. 212835.4
5-ml vial: 200 mg DHA
and 20 mg ARA
Boxes of 1, 6 and 12 vials

BRUDY HEPATO



C.N. 197927.8
60 capsules

BRUDY IMMUNO



C.N. 200398.9
60 capsules

brudy balm



NEW

C.N. 220138.5
50 ml

brudy hera



NEW

C.N. 220274.0
90 capsules

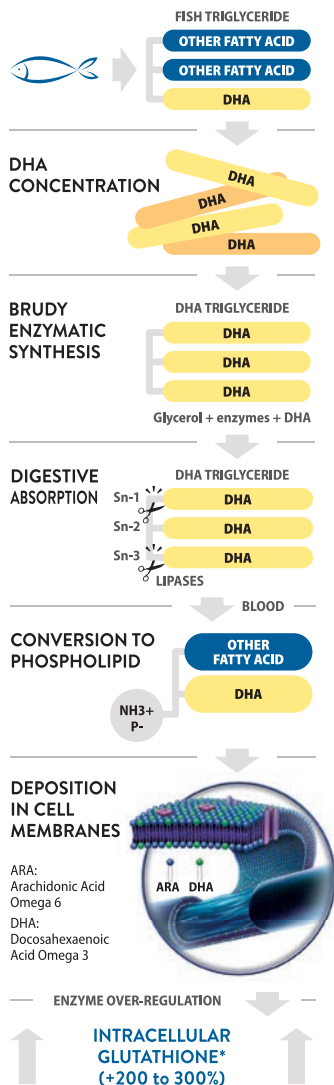
BRUDY cosmetics



Access
www.brudylab.com



Access
www.brudycosmetics.com



10 STEPS FROM FISH OIL TO CELLULAR OXIDATIVE PROTECTION:

- 01 Fish oil in triglyceride form.
- 02 Removal of other fatty acids to enrich DHA concentration.
- 03 Double distillation and adsorption to remove contaminants and heavy metals.
- 04 Obtaining a DHA concentrate.
- 05 Full removal of ethanol.
- 06 Enzymatic triglyceride re-esterification to produce Tridocosahexanoína-AOX®.
- 07 Digestive lipases break the bonds at the Sn-1 and Sn-3 positions.
- 08 The monoglyceride with DHA at the centre is absorbed intact into the blood.
- 09 Metabolism of DHA monoglyceride into a DHA phospholipid for insertion at cell membrane.
- 10 Cellular oxidative protection

BRUDY TECHNOLOGY PATENT: DHA stimulates intracellular glutathione synthesis* by 200 to 300%.

*P. Bogdanov, et al; Docosahexaenoic Acid Improves Endogen Antioxidant Defense in Arpe-19 Cells; IOVS, ARVO Journals; May 2008, Vol. 49, 5932. doi:



19
Studies
EYE CARE

9 Studies
Dry eye*

5 Studies
Retina

4 Studies
Glaucoma*

2 Studies
Other ophthalmological
inflammatory processes

*Categories shared by one or more studies.



5
Studies
SPORTS



3
Studies
LIPID
METABOLIC
DISORDERS



3
Studies
FERTILITY



2
Studies
PRETERM
INFANTS



1
Study
CHILDREN
WITH ADHD



2
Studies
CHILDREN
WITH CYSTIC
FIBROSIS



2
Studies
NEURO-
LOGICAL
PATHOLOGY



1
Study
IN CELLS



Would you like to know more about our experience with Tridocosahexanoína-AOX®?

◀ Scan the code to review all our available studies and reports.



See digital version

BRUDYLAB QUALITY SCIENTIFICALLY SUPPORTED



CELLULAR OXIDATIVE
DAMAGE PATENT



DYSLIPIDEMIA IN HIV
PATENT



TUMORAL DISEASES
PATENT



CLINICAL
TRIALS



DHA WITH GUARANTEED
BIOACTIVITY



DHA
MADE IN EUROPE



CERTIFIED QUALITY
ISO 9001



THIRD PARTY
TESTED



SUSTAINABLE
DHA



MEMBERS
OF THE GOED



CONTAMINANT-FREE
DHA



PLASTIC-FREE
OIL



KOSHER
DHA



HALAL
DHA



GLUTEN-FREE
DHA



LACTOSE-FREE
DHA



BRUDYLAB®

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Exclusive information for health professionals