

**TEREZIA**



## **PRODUCT CATALOGUE**

Natural food supplements and medical devices  
from medicinal mushrooms and plants



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## FOUNDATION OF THE COMPANY

Mrs. Svátová, the founder, is newly engaged in foreign trade.

## VEGI SEASONING BLENDS

We are launching seasoning blends without sodium glutamate and preservatives.

## PRESENTATION EXHIBITIONS AND TRADE FAIRS

We spent 270 days of the year at exhibitions, where we presented our natural products.

## THE FIRST OYSTER MUSHROOM ON THE MARKET

We were the first to launch the Oyster Mushroom supplement in capsules.

1990

1994

1998

2004

## OUR OWN CERTIFIED PRODUCTION

We have opened our own production with HACCP certification for capsule production.

## KIDDY VIT GUMMIES

The first food supplement on the market in the form of gummies with sea buckthorn.

## MEDICINAL PLANTS IN OUR PRODUCTS

We launch products containing miraculous sea buckthorn and other plants.

## CZECH AND SLOVAK PHARMACIES

Our products are available in most pharmacies in the Czech Republic and Slovakia.

2016

2011

2009

2006

## WE EXPORT TO 15 WORLD COUNTRIES

Thanks to participation in foreign exhibitions, our products are available in 15 countries of the world.

## WE WERE AWARDED THE ISO 22000:2019 CERTIFICATE

(Food safety management system)

## FSSC 22000 CERTIFICATE

International food safety and quality standard

## EXPANSION OF PRODUCTION

Completion of construction of certified production and warehouse

2018

2019

2021

2023

since  
199♥

## with you on the road to health

... They say water is the source of life and health. The source of the now large imaginary TEREZIA river began to spring forth thirty five years ago.

My philosophy of life was always: „If you want to achieve something, you must have a goal, go after it, and never give up.“ It was only when I became seriously ill that I realized that when your health leaves you, achieving your goals becomes very difficult. I became more interested in nutrition, which led me to medicinal mushrooms and plants, but I also wanted to help others. This resulted in the development and launch of the unique set of VEGI vegetable seasoning blends without sodium glutamate. As one of them contained the healthy oyster mushroom and had a positive effect on the health of customers, this was an impulse to create a separate food supplement containing the whole dried oyster mushroom.

Oyster mushroom in capsules were unique in 2004 because it was a completely new product in the form of a food supplement, and it opened a new segment of food supplements containing medicinal mushrooms and plants in the pharmacy market. The TEREZIA river flow created a completely new riverbed, opening the way for oyster mushroom growers and their competitors. The TEREZIA brand remained strong, traditional and Czech, and it gradually expanded its product portfolio with other healthy mushrooms, either on their own or in combination with herbs. Today we have over 90 products in our portfolio.

Our philosophy is to give people the maximum amount of effective natural substances in their most natural form, processed using the gentlest technology and without chemical additives. Thanks to our innovative approach, which we have kept from the beginning, all our products are the result of our own development and are produced in our own certified production facilities. Each batch of ingredients is thoroughly analyzed by independent laboratories, and the quality of our products is confirmed by other certificates from reputable institutions to ensure that TEREZIA is the right brand for the health of your entire family. Even after 35 years, TEREZIA did not abandon its philosophy, and it turns out that this was the right choice from the beginning. Today, TEREZIA is a strong brand that you can come across in the entire pharmacy network, especially in the Czech Republic and Slovakia. However, it is also successfully creating a new riverbed abroad. This success is mainly due to customers who have developed a trust in the TEREZIA brand and products.



**Ing. Terézia Svátová**  
founder



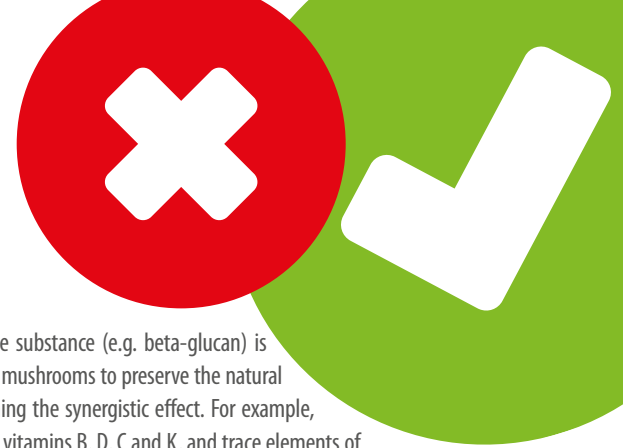


# High-quality ingredients always come first

**High-quality ingredients** are the basis of all products. Because we produce food supplements that are really intended to offer the human body something and help, **it is logical that the raw material is the most important thing we care about.** Each natural ingredient we use for our products comes from long-term proven suppliers, mostly from the EU. Each ingredient has its own country of origin where it occurs naturally and where it is of the highest quality. Our company is trying its best to get the ingredients from these places for you and to provide you with the highest possible quality. We are in regular contact with our suppliers, so they are not anonymous. We regularly verify whether our required standards are still at the highest possible level. In terms of mushrooms, many of them are cultivated directly for us. **Thanks to our cooperation with university specialists, we use special strains with the highest content of active substances.**

We have the ingredients for each batch of products **tested in an independent, certified laboratory** for the content of active substances, and we also perform a microbiology analysis and test them for heavy metals and other substances. Only then can they be transferred to production, where they are processed into a final food supplement **under very strict hygiene conditions in our own certified production**, which meets the strictest criteria. Our products **are evaluated by an independent institution, the National Institute of Public Health in Prague**, which issues a product safety certificate. The vast majority of manufacturers do not undergo this process, but we want to be sure that we aren't giving our customers anything that might be harmful to their health. Chemicals that are contained in certain dietary supplements have been shown to be harmful to human health. **We therefore don't use any preservatives, added food colorings or chemical binders** that only accelerate the production process. **We prefer purity and quality.**

# We use whole mushrooms and not extracts



Each mushroom contains a unique complex of beneficial substances. During extraction, only one single substance (e.g. beta-glucan) is recovered from the mushroom and all the others are unnecessarily lost. That is why we always use whole mushrooms to preserve the natural harmonic combination of all health-promoting substances as nature has “blended” them, thus maintaining the synergistic effect. For example, our **100% dried oyster mushroom** contains not only beta-glucan, but also lovastatin, mushroom fiber, vitamins B, D, C and K, and trace elements of copper, chromium, zinc, selenium, iodine and many other active substances. A distinguished professor and expert on medicinal mushrooms, Mr. Chang, said that a mushroom extract such as beta-glucan is a mere soloist, but the whole mushroom with all the active ingredients is a well-coordinated symphony orchestra.



## DRYING



Beta-glucan, mushroom fiber, vitamins B, D, C and K, chitin, chitosan, lovastatin, protein and trace elements (copper, chromium, zinc, selenium, iodine).



Dried oyster mushrooms contain all the active substances in a quantity and proportion that is most suitable for the human body. This results in interaction and increases the effect (synergistic effect).



## EXTRACTION



Beta-glucan



We can deliberately extract specific substances from mushrooms, but then we also get rid of other substances that they naturally contain.

„Extracts obtained from mushrooms are a mere soloist, while the whole mushroom is a well-coordinated symphony orchestra.“

S.T. Chang,  
Professor of Biology

# Quality products for the whole family

We use the power of medicinal mushrooms and plants proven over thousands of years, both on their own and in blends. The advantage of these combinations is the synergistic effect, i.e. the interaction of all active substances, resulting in a stronger effect.

**Our portfolio contains products from the following categories:**



Mushroom and plant food supplements



Food supplements for children



Medical devices



Cosmetics



Vitamins and minerals

## Why choose our products?

- We develop and produce our own products with unique recipes (combination of herbs or herbs with mushrooms).
- Most of our products are purely natural or based on natural ingredients.
- You can use our products in the long term without discontinuation.
- Most of our supplements are gluten-free, and some are also suitable for vegetarians and vegans.
- We produce our products in our own certified production facilities.



Certificate of health safety from the National Institute of Public Health in Prague.

# Our own certified production is a guarantee of quality

Our production facilities are under constant supervision of the Czech Agriculture and Food Inspection Authority, and they meet strict **certification of HACCP** (Hazard Analysis and Critical Control Points) and **FSSC 22000** (International standard for food safety).

## **FSSC 22000**

It includes a complete certification scheme for a food safety system based on food safety management in accordance with ISO 22000 and incorporates and supports HACCP principles. The certificate guarantees the products are manufactured with above-standard food safety requirements.

## **HACCP** (Hazard Analysis and Critical Control Points)

HACCP is based on the knowledge of critical points, where there is the greatest possibility or likelihood of contamination of the food chain, whether microbiological, chemical or physical. These points become the most important control point, which is monitored and evaluated or controlled in such a way that possible contamination is eliminated (such as adherence to technological procedures, crossing of clean and unclean parts of operation, etc.).

**IN ACCORDANCE WITH GMP**

Thanks to our own certified production, we supervise the entire production process and we can ensure maximum cleanliness and quality of our products.









# Mushroom and plant food supplements

In order for our body to function optimally, we need to give it a variety of substances every day. We should naturally get these from the food we eat, but our diet is often not varied enough. It is also important to pay attention to information about its quality, country of origin and manufacturer. We can also give our body the substances it needs through appropriate dietary supplements that contain a wide range of beneficial substances (vitamins, minerals, trace elements and many others). Food supplements are suitable for all age groups.

When choosing products, it's important that they are as natural as possible. Food supplements contain a guaranteed amount of selected active substances, and they can be used to support the immune system, digestion, blood circulation, the musculoskeletal system, cleansing the body, a healthy urinary tract and weight loss, and to combat stress and fatigue. Our portfolio of nutritional supplements made from healthy mushrooms and plants is designed for the whole family. We guarantee the clear origin of the ingredients and perform laboratory analyses on each batch to make sure that the product does not contain any harmful substances. Each supplement has a Certificate of health safety from the National Institute of Public Health in Prague.



Gelatin capsule



Suitable from 3 years of age



Suitable for pregnant and nursing women



Suitable for celiacs

## IMMUNE SYSTEM – VITALITY

### OYSTER MUSHROOM WITH SEA BUCKTHORN OIL

A 100% natural product without additives and preservatives, combining the effects of oyster mushroom and sea buckthorn oil, suitable for both children and adults. Sea buckthorn oil is the most valuable component obtained from the sea buckthorn fruit, which contains a wide range of biologically active substances. Sea buckthorn supports the body's immune system, heart and digestive tract.

**Ingredients (1 capsule):** 300 mg mixture [dried oyster mushroom powder and sea buckthorn oil]. Contains 118.2 mg of  $\beta$ -glucans  $\pm$  3.75 mg.



Gelatin capsule



Suitable from 3 years of age



Suitable for pregnant and nursing women



Suitable for celiacs



## DIGESTION – IMMUNE SYSTEM

### OYSTER MUSHROOM + LACTOBACILLI

This product combines the effect of oyster mushrooms and probiotic bacteria that replenish the intestinal microflora. Vitamic C supports the immune system. Rose hip has a positive effect on digestion. It is suitable to support the digestive tract and immune system function, which is closely linked to the intestinal tract.

**Ingredients (1 capsule):** 330 mg mixture [dried oyster mushroom powder, vitamin C (L-ascorbic acid), rose hip extract 20 mg, *Lactobacillus acidophilus*, *Bifidobacterium bifidum*, *Bifidobacterium lactis*, inulin]. Contains 118.2 mg of  $\beta$ -glucans  $\pm$  3.75 mg.

 Suitable for celiacs
  Suitable for pregnant and nursing women
  Suitable from 3 years of age
  Gelatin capsule
 

## IMMUNE SYSTEM – VITALITY – VESSELS

### OYSTER MUSHROOM + REISHI WITH SEA BUCKTHORN OIL FORTE

This product contains beneficial oyster mushroom, a source of beta-glucans, and reishi, which supports the body's defenses and contributes to a healthy heart and blood vessels. The added sea buckthorn oil is the most valuable component obtained from sea buckthorn fruits, which helps reduce fatigue, supports the body's natural defenses and heart and digestive tract function.

**Ingredients (1 capsule):** 350 mg mixture [dried oyster mushroom powder, dried reishi mushroom powder and sea buckthorn oil]. Contains 129.3 mg of  $\beta$ -glucans  $\pm$  4.1 mg.

 Suitable for celiacs
  Suitable from 3 years of age
  Gelatin capsule
 





## IMMUNE SYSTEM – HEART – BLOOD VESSELS

### REISHI FORTE

Reishi (lingzhi mushroom) is the most beneficial mushroom in traditional Chinese medicine which, along with some herbs such as ginseng, was among the privileges that only the emperor could use. It is one of the most researched mushrooms with the widest spectrum of biologically active substances. Among other things, it contributes to the body's natural defenses and helps maintain healthy circulatory functions.

**Ingredients (1 capsule):** 300 mg powder of the whole reishi mushroom. Contains 147.5 mg of  $\beta$ -glucans.



Suitable from 3 years of age



Suitable for celiacs



Suitable for vegetarians and vegans

## ANTIOXIDANT

### CHAGA + REISHI and SEA BUCKTHORN

This product contains unique ingredients and is a strong antioxidant. Its main ingredient is the CHAGA mushroom from Siberian forests, which is the source of the important enzyme superoxide dismutase. Reishi and sea buckthorn support the body's natural defenses and promote a healthy heart and blood vessels. Vitamin E protects cells from oxidative stress.

**Ingredients (1 capsule):** 330 mg mixture [chaga mushroom powder 150 mg, dried reishi mushroom powder 100 mg, dried powder from sea buckthorn fruit, vitamin E (d-alpha-tocopheryl acetate)].



Suitable from 3 years of age



Not suitable for pregnant and nursing women



Suitable for celiacs



## ENERGY – FITNESS

### CORDYCEPS active

This product is intended for athletes and physically active people. It combines herbs and rare caterpillar fungus (cordyceps) and reishi, which contain glucans, fiber and many other valuable biologically active substances. *Rhodiola rosea* provides strength and endurance in athletic performances. Maral root promotes the body's adaptability in extreme situations and has a positive effect on mental functions and physical performance.

**Ingredients (1 capsule):** 320 mg mixture [dried powder of the whole mushroom spectrum of caterpillar fungus, *Rhodiola rosea* extract 50 mg, whole reishi mushroom powder, maral root extract 20 mg].

Suitable for celiacs  Not suitable for pregnant and nursing women  Suitable from 18 years of age  Gelatin capsule 

## DIGESTION

### HERICIUM ERINACEUS WITH SEA BUCKTHORN OIL

This product is intended for all those looking for a balm for their digestive system. The rare unusual lion's mane mushroom (*Hericium erinaceus*) is a source of unique polysaccharides and polypeptides, and is also high in fiber. Sea buckthorn oil is the most valuable part of sea buckthorn fruits; it supports the digestive tract and contains a wide range of biologically active substances.

**Ingredients (1 capsule):** 200 mg mixture [lyophilized powder of the whole lion's mane mushroom and sea buckthorn oil].

Suitable for celiacs  Suitable from 3 years of age  Gelatin capsule 





Gelatin capsule



Suitable from 18 years of age



Not suitable for pregnant and nursing women



Suitable for celiacs

## BLOOD SUGAR REGULATION

### GLUREGUL

An exceptional product that combines the shaggy mane mushroom and herbs that have a beneficial effect on blood sugar levels. It is suitable for people who are overweight or those with glucose intolerance. Heart-leaved moonseed helps regulate blood sugar levels. Ginger and cinnamon help maintain normal blood sugar levels.

**Ingredients (1 capsule):** 320 mg mixture [lyophilized shaggy mane mushroom powder 170 mg, heart-leaved moonseed extract 80 mg, dried ginger powder 50 mg, dried cinnamon 20 mg].



Gelatin capsule



Suitable from 3 years of age



Not suitable for pregnant and nursing women



Suitable for celiacs



## TENSION RELEASE – RELAXATION

### ASHWAGANDHA

A unique blend of herbs for mental and physical well-being. Ashwagandha supports overall mental and physical balance and is a natural adaptogen with antioxidant properties. Valerian helps the body in difficult situations, holy basil has a positive effect on the heart and respiratory system. Gotu kola contributes to cardiovascular care, mental health, and supports cognitive functions.

**Ingredients (1 capsule):** 480 mg of the mixture [Ashwagandha root extract 250 mg; Valerian root extract; Holy basil leaf extract; Gotu kola extract].

Suitable for  
celiacs 

Not suitable for pregnant  
and nursing women 

Suitable from  
18 years of age 

Gelatin  
capsule 

## ENERGY – STIMULANT

### GUARANA

A natural combination to support energy and vitality. Guarana helps reduce fatigue and improves alertness. Rhodiola has a positive effect on the nervous system and blood circulation related to brain activity. Eleutherococcus (Siberian ginseng) increases the body's resistance under demanding conditions.

**Ingredients (1 capsule):** 500 mg of the mixture [guarana seed extract 250 mg, Yerba mate leaf extract, *Rhodiola rosea* root extract 50 mg, Siberian ginseng root extract].

Suitable for  
celiacs 

Not suitable for pregnant  
and nursing women 

Suitable from  
18 years of age 

Gelatin  
capsule 





## BOOST – ENERGY ENERGIZER

A combination of natural ingredients for overall stimulation of the body and resilience. Guarana helps with fatigue and states of exhaustion. Rhodiola and leuzea support the nervous system and the body's adaptation. Reishi strengthens immunity and supports the circulatory system.

**Ingredients (1 capsule):** 380 mg of the mixture [whole reishi mushroom powder/*Ganoderma lucidum*, guarana seed extract 100 mg, instant coffee 80 mg, *rhodiola rosea* root extract 50 mg, Maral root extract].



Gelatin capsule



Suitable from 18 years of age



Not suitable for pregnant and nursing women



Suitable for celiacs



## MENTAL AND PHYSICAL HEALTH MUSHROOM QUARTET with REISHI

This product combines four beneficial mushrooms and rare herbs to help promote overall physical and mental fitness. Reishi mushroom promotes the body's natural defenses. *Rhodiola rosea* helps with managing emotional and physical exertion. Maral root helps the body adapt to extreme and stressful situations.

**Ingredients (1 capsule):** 300 mg mixture [lyophilized powder from four types of mushrooms 150 mg: shiitake, lion's mane, shaggy mane, reishi; *Rhodiola rosea* extract 100 mg, maral root extract 50 mg].



Cellulose capsule



Suitable from 18 years of age



Not suitable for pregnant and nursing women



Suitable for celiacs



Suitable for vegetarians and vegans

## NERVOUS SYSTEM

### SHII-TAKE + RHODIOLA ROSEA

This product is designed for overall nervous system support. Shiitake mushroom is characterized by a high nutritional value. *Rhodiola rosea* has a beneficial effect on fatigue and quality of sleep, and it helps the body manage emotional and physical exertion. Lemon balm promotes peaceful sleep and has a positive effect on mood.

**Ingredients (1 capsule):** 300 mg mixture [lyophilized shii-take mushroom powder 150 mg, *Rhodiola rosea* extract 80 mg, lemon balm extract 70 mg].

Suitable for  
vegetarians and vegans



Suitable for  
celiacs



Not suitable for pregnant  
and nursing women



Suitable from  
18 years of age



Cellulose  
capsule



## HEMATOPOIESIS SUPPORT

### HEMO PLUS + FOLIC ACID

This product contains important substances that support hematopoiesis.

**Ingredients (1 capsule):** 250 mg mixture [dried blue grape vine powder, dried oyster mushroom powder, vitamin C (L-ascorbic acid), dried powder from sea buckthorn fruit, Fe-iron (ferrous fumarate), dried powder from blackberry bush fruit, dried beetroot powder, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B9 – folic acid (pteroylmonoglutamic acid), vitamin B12 (cyanocobalamin)].

Suitable for  
celiacs



Suitable for pregnant  
and nursing women



Suitable from  
3 years of age



Gelatin  
capsule





## IMMUNE SYSTEM – HEART – DIGESTION

### SEA BUCKTHORN OIL capsules

100% cold-pressed sea buckthorn oil is nature's true gold and the most valuable ingredient obtained from the sea buckthorn berries. The product contains a fatty acids, which our body cannot create by itself, so it is suitable to supplement them regularly. Sea buckthorn supports the body's immune system, heart and digestive tract.

**Ingredients (1 capsule):** 250 mg 100% sea buckthorn oil. 1 soft gelatin capsule (gelatin, glycerol, sorbitol, purified water).



Gelatin capsule



Suitable from 3 years of age



Suitable for pregnant and nursing women



Suitable for celiacs

## SKIN – IMMUNE SYSTEM – HEART – DIGESTION

### SEA BUCKTHORN OIL drops

100% cold-pressed sea buckthorn oil is a natural source of unsaturated fatty acids and beta-carotene, which our body cannot create on its own, so it is suitable to supplement them regularly. Sea buckthorn supports the body's immune system, heart and digestive tract, and helps keep the skin healthy. The drops can be used internally and applied to the skin, which it protects and regenerates and increases its elasticity and vitality in areas of healed wounds.

**Ingredients:** 100% sea buckthorn oil.



Drops



Suitable from 3 years of age



Suitable for pregnant and nursing women



Suitable for celiacs



## BONES – JOINTS

### MOVE HELP

This product is especially suitable for the elderly and athletes. It contains the natural mineral complex Aquamin containing calcium, which contributes to normal muscle and bone activity, and magnesium, which has a beneficial effect on bones. The product is enriched with shiitake mushroom, boswellia, rose hip and sea buckthorn.

**Ingredients (1 capsule):** 570 mg mixture [Aquamin 400 mg – source of Ca (calcium carbonate) 80 mg/10 % **RDI\***, source of Mg (magnesium hydroxide) 28.2 mg/7.5 % **RDI\***, boswellia sawtooth extract 50 mg, lyophilized shii-take mushroom powder, rose hip extract, sea buckthorn extract, vitamin D3 (cholecalciferol) 5 µg/100 % **RDI\***].

Reference  
daily intake

\*RDI

Suitable for  
celiacs



Not suitable for pregnant  
and nursing women



Suitable from  
18 years of age



Cellulose  
capsule



## LIVER – PURIFICATION

### MILK THISTLE + REISHI Forte

This product is designed for internal cleansing of the organism. It combines the effects of the popular milk thistle, which contributes to the protection and cleansing of the liver, and the rare reishi mushroom, which is a source of valuable beta-glucans, contributing to improving the body's defenses and supporting the circulatory system.

**Ingredients (1 capsule):** 300 mg mixture [milk thistle dried powder and extract 200 mg, reishi mushroom powder 75 mg, dried elderberry powder 25 mg]. Contains 33 ± 2 mg silymarin and 16.60 mg β-glucans ± 0.6 %.

Not suitable for pregnant  
and nursing women



Suitable from  
15 years of age



Gelatin  
capsule





Gelatin capsule



Suitable from 3 years of age



Suitable for pregnant and nursing women



Suitable for celiacs

## IMMUNE SYSTEM – FATIGUE – EXHAUSTION

### VITAMIN C 500 trio natur +



Gelatin capsule



Suitable from 3 years of age



Suitable for pregnant and nursing women



Suitable for celiacs

\*RDI Reference daily intake

Three sources of natural vitamin C: acerola fruit, rose hip fruit and sea buckthorn fruit. Vitamin C supports the immune system and helps reduce fatigue.

**Ingredients: 1 capsule with acerola:** 530 mg mixture [L-ascorbic acid; 100 mg acerola fruit extract; sea buckthorn dried fruit and oil; lingonberries dried fruit], **1 capsule with rose hip:** 530 mg mixture [L-ascorbic acid; 100 mg rose hip fruit extract; sea buckthorn dried fruit and oil]. **1 capsule with sea buckthorn:** 530 mg mixture [L-ascorbic acid; 150 mg sea buckthorn dried fruit and extract, sea buckthorn oil]. Each capsule contains at least 250 mg of vitamin C/312 % RDI\*.

## LINGONBERRY POWDER

### LINGONBERRIES

Lingonberry is a herb whose crimson bitter fruits are especially known to women. It is rare in our country, and it can mostly be found in mountain areas. Lingonberry fruits contain a number of natural substances, the most important of which are proanthocyanidins (PAC), which the product contains in the declared amount.

**Ingredients (1 capsule):** 300 mg mixture [lingonberry extract 200 mg, potato starch].



## HEALTHY URINARY TRACT

### LINGONBERRIES + HERBS Akut

A reliable helper to support the proper functioning of the urinary tract, which is especially appreciated by women. It combines cranberry extract and a declared amount of active substance proanthocyanidine (PAC) with goldenrod, knotweed and bearberry, which have a beneficial effect on the normal functioning of the urinary tract. D-mannose is added to this carefully put together blend.

**Ingredients (1 capsule):** 350 mg mixture [lingonberry extract 250 mg, bearberry (uva-ursi) extract and leaf 33 mg, lingonberry leaf extract, knotgrass, goldenrod, D-mannose, starch].





## METABOLISM – WEIGHT CONTROL

### Bella Linia

This product is designed for all who want to maintain their weight or lose weight. We have created this product for a beautiful figure using carefully selected herbs, chaga mushroom and fiber. The main ingredients guarana and yerba mate help control your weight and contribute to lipid metabolism. Psyllium is added for fiber.

**Ingredients (1 capsule):** 550 mg mixture [milk thistle 200 mg, psyllium powder 150 mg, guarana powder 100 mg, yerba mate leaves extract 50 mg, chaga mushroom extract, sea buckthorn extract].



Suitable from 18 years of age



Not suitable for pregnant and nursing women



Suitable for celiacs



Suitable for vegetarians and vegans

## LIBIDO – BLOOD CIRCULATION

### ErecTOP

A product designed for both men and women to promote sexual potency. *Tribulus terrestris* promotes sexual function and libido. *Rhodiola rosea* promotes potency. Reishi mushroom promotes the body's defense system and the circulatory system.

**Ingredients (1 capsule):** 330 mg mixture [powdered root and extract Red root 140 mg, *Tribulus terrestris* stem 80 mg, *Rhodiola rosea* extract 40 mg, lyophilized powder of the whole shii-take mushroom 40 mg, lyophilized powder of the whole reishi mushroom, dried powder of the whole mushroom spectrum of caterpillar fungus, vitamin E (d-alpha tocopheryl acetate) 6 mg/50 % RDI\*].



Suitable from 18 years of age



Not suitable for pregnant and nursing women



Suitable for celiacs



Suitable for vegetarians and vegans



## CALM SLEEP – RELAXATION

### SLEEP & RELAX

A purely natural product with a carefully put together mixture of herbs whose positive effect on sleep and relaxation has been known since time immemorial. Lemon balm, valerian, purple passionflower and lavender are like an herbal pillow that will help you fall asleep and induce and maintain good, peaceful sleep.

**Ingredients (1 capsule):** 450 mg mixture [purple passionflower extract 100 mg, valerian root extract 100 mg, lemon balm leaf extract 100 mg, lyophilized powder of the whole shii-take mushroom, English lavender flower extract 50 mg].

Suitable for celiacs  Suitable from 15 years of age  Gelatin capsule 



## BEAUTY – STRENGTH – SHINE

### HAIR & NAILS

Quality, strength and shine hair and nails. The popular ingredients selenium and biotin help maintain normal hair and nails. Sea buckthorn oil from sea buckthorn fruit promotes healthy skin. The product also contains the essential amino acid L-methionine.

**Ingredients (1 capsule):** 400 mg mixture [L-methionine, lyophilized powder of the whole shii-take mushroom, lyophilized powder of the whole reishi mushroom, dried powder from sea buckthorn fruit and sea buckthorn oil 100 mg, lyophilized powder of the whole lion's mane mushroom, selenium yeast 27.5 µg/50 % RDI\*, biotin 25 µg/50 % RDI\*].

Reference daily intake \*RDI Suitable for celiacs  Not suitable for pregnant and nursing women  Suitable from 18 years of age  Gelatin capsule 





## CHOLESTEROL – HEART

### BLACK GARLIC

Black garlic contains a complex of healthy substances in high concentrations. It is a great helper for all those who want to maintain normal levels of cholesterol and lipids (fats) in the blood. It promotes healthy functioning of the heart and blood vessels and helps against heavy legs. It is odorless and without the characteristic pungent taste thanks to fermentation, and it does not irritate the mucous membranes of the digestive tract. 7 kg of fresh (white) garlic = 1 kg of dried fermented (black) garlic.

**Ingredients (1 capsule):** 500 mg dried fermented (black) garlic powder.



Gelatin capsule



Suitable from 3 years of age



Suitable for celiacs

## EYES

### SHARP EYE

The natural supplement for your eyes contains eyebright and marigold, a natural source of lutein. The highly valuable saffron extract is a source of crocins (3%), carotenoids with rapid absorption into the body. Blueberry supports the proper function of the retina and vision. Zinc contributes to maintaining normal vision.

**Ingredients (1 capsule):** 530 mg of mixture [pumpkin seeds (*Cucurbita pepo*) – source of Zn 10 mg/100 % **RDI\***, marigold (*Calendula officinalis*) flower extract 110 mg, eyebright (*Euphrasia officinalis*) extract, blueberry (*Vaccinium myrtillus*) extract 70 mg, saffron (*Crocus sativus*) extract (crocins 3%), turmeric (*Curcuma longa*) 10 mg].



Gelatin capsule



Suitable from 3 years of age



Not suitable for pregnant and nursing women



Suitable for celiacs

\***RDI** Reference daily intake



## ELASTICITY AND STRENGTH OF BLOOD VESSELS

### VEINS & VESSELS

A purely natural product containing exceptional plants that form a coordinated team promoting the elasticity and strength of veins and blood vessels, which is important for the overall health of the circulatory system.

**Ingredients (1 capsule):** 500 mg mixture [yarrow flower extract, hawthorn fruit extract, prostrate knotweed stem extract, rose hip extract, buckwheat stem extract 50 mg, meadowsweet stem extract 50 mg, red clover stem extract 50 mg, black chokeberry fruit extract, extract rich in taxifolin (*Larix gmelinii* Rupr) 3 mg].



Not suitable for pregnant  
and nursing women



Suitable from  
18 years of age



Gelatin  
capsule



## APRICOT KERNELS – BETA-GLUCAN

### B17 APRICARC WITH APRICOT OIL

This product supports the immune system even during the toughest times. It contains apricot kernels that are a source of the valuable “vitamin” B17, which is at the forefront of many people’s interest around the world. It also contains oyster mushroom and reishi mushroom, which are the source of beta-glucans, and sea buckthorn berries. Reishi mushroom promotes the body’s natural defenses.

**Ingredients (1 capsule):** 400 mg mixture [apricot kernels powder, dried powder from sea buckthorn fruit, lyophilized powder of the whole reishi mushroom, dried oyster mushroom powder, apricot kernels oil].



Not suitable for pregnant  
and nursing women



Suitable from  
18 years of age



Gelatin  
capsule





Gelatin capsule



Suitable from 18 years of age



Not suitable for pregnant and nursing women



Suitable for celiacs



Gelatin capsule



Suitable from 18 years of age



Not suitable for pregnant and nursing women



Suitable for celiacs

## THYROID FUNCTION SUPPORT

### THYROID

100% natural product designed for support the normal activity of the thyroid gland. An important ingredient is the Laminaria seaweed, a natural source of iodine. Iodine contributes to the normal production of thyroid hormones and to its normal function. Lemon balm maintains a natural hormonal balance and contributes to maximum relaxation.

**Ingredients (1 capsule):** 400 mg mixture [white cinquefoil dried root powder, Laminaria dried seaweed 80 mg, lemon balm dried powder and leaf extract 80 mg, linseed dried powder, bladderwrack dried extract, cocklebur flowering stem extract, green oat dried extract].

## HORMONAL BALANCE

### MENOPAUSE

100% natural product that contains maitake mushroom and 6 herbs with a beneficial effect for women's hormonal balance before and during menopause. Rhodiola rosea helps the body adapt to emotional and physical tension. Vitex agnus-castus contributes to hormonal balance and relief of menopausal symptoms.

**Ingredients (1 capsule):** 310 mg mixture [chaste tree dried fruit powder 56 mg; sidebells wintergreen dried stem; Rhodiola rosea root extract 50 mg; lady's mantle stem extract; common yarrow dried stem; Tribulus terrestris dried stem 42 mg; dried powder of whole maitake mushroom].

## IMMUNE SYSTEM – VITALITY

### KIDDY VIT BIO SEABUCKTHORN JUICE WITH PEACH AND HONEY

Children and adults alike will enjoy this delicious drink containing a unique combination of sea buckthorn, honey and peach. Sea buckthorn is a wonderful plant that boosts the immune system and heart health, among other things. The sweet peach and honey balance out the tartness of the sea buckthorn.

**Ingredients:** Water, bio seabuckthorn juice (*Hippophae rhamnoides*) 15 %, bio peach juice 15 %, bio honey 15 %, citric acid - antioxidant.



## DIGESTION

### GINGER JELLY

Delicious multivitamin jellies with a strong ginger taste. Sea buckthorn supports the activity of the digestive tract. Ginger helps maintain a feeling of comfort when traveling, contributes to normal digestion during early pregnancy.

**Ingredients:** Glucose syrup; sugar; water; gelatin; pear concentrate 4 %; dried sea buckthorn juice 2 %; acidity regulator: citric acid; ginger extract (*Zingiber officinale*) 1 %; natural aroma: pear; glazing mix: (coconut oil, glazing agent: carnauba wax); vitamins: biotin, riboflavin, pteroylmonoglutamic acid, cyanocobalamin.







# Medical devices

Medical devices are a new group of products in our portfolio. This specific category may include a diverse range of products that fall into several categories. It includes products for internal and external use, various instruments and aids for patient examination, diagnosis or therapy (blood pressure meter, glucometer, pregnancy test, etc.). The group of medical devices used internally (orally), which includes our products, is intended primarily to alleviate or prevent diseases or other complaints.

Unlike food supplements, medical devices are approved and supervised by competent authorities (State Institute for Drug Control), which deal with the assessment and registration of medication. To put it simply, this category of products is on the borderline between food supplements and OTC drugs.





## SORE THROAT

### free ANGIN spray

This 100% natural herbal spray contains a combination of sage, marigold, chamomile, peppermint and sea buckthorn oil, which have a beneficial effect on mucous membranes. The spray forms a protective oily film on the surface of the mucosa of the oral cavity and pharynx, which prevents the penetration of microorganisms into the body. It is suitable for a sore throat and colds, as well as for relieving irritated mucous membranes of the oral cavity and pharynx, after surgery and for irritated vocal cords.

**Ingredients:** vegetable oil, sea buckthorn oil, sage leaf extract, marigold flower extract, chamomile extract, peppermint leaf extract.

**Instructions for use:** The spray is intended for children from 2 years of age. Children under 6 years of age must use the product under adult supervision. Apply 2-3 pump sprays into the throat 3x a day until symptoms subside. It is recommended to not eat or drink for at least 30 minutes after use. The spray should be used by one person. If symptoms persist after a week of use, seek medical attention.

**Method of use:** Before use, shake the bottle with a rotating nozzle. Turn the nozzle 90 degrees counterclockwise. Spray the oral cavity and throat by pressing the rotary applicator two or three times.

**Warning:** Do not use if you are allergic or hypersensitive to any of the ingredients in this product. In case of contact with eyes, rinse eyes quickly and thoroughly with clean water. In the case of more extensive issues, seek medical help.



Suitable from 2 years of age



Suitable for pregnant and nursing women

Carefully read the instructions for use of the medical device before use.





## DRY AND WET COUGH

### ANTI COUGH Junior syrup

Herbal syrup for children 100% natural composition. It contains 5 herbal extracts (plantago, rose hip, 2 species of thymus and chamomile) to help relieve symptoms associated with a cold. Suitable for dry and wet cough. The syrup forms a protective layer on the surface of the mucous membranes of the oral cavity and pharynx, thus relieving coughing and scratching in the throat. flavor is also popular among children Thanks to the apple concentrate and lemon juice, the syrup has an excellent taste, which even the most demanding child will love.

**Ingredients:** Apple fruit concentrate, dark agave syrup, aqueous extract of lanceolate plantain (*Plantago lanceolata*), natural apple aroma, rose hip (*Rosa canina*) fruit extract, narrow-leaved thyme aqueous extract (*Thymus serpyllum*), aqueous extract of chamomile (*Chamomilla recutita*), aqueous extract of common thyme (*Thymus vulgaris*), lemon juice concentrate.

**Recommended dosage:** Children older than 1 year: 5 ml (1 tea-spoonful) 3 times a day. Adults and children older than 6 years: 15 ml (1 spoonful) 3 times a day. For better effect, it is recommended to gargle the syrup briefly in the prescribed dose; this will allow the syrup to adhere to the mucosa and help the affected areas more effectively (pharynx, soft palate, tonsils). If symptoms persist after a week of use, seek medical attention.

**Warning:** Do not use if you are allergic or hypersensitive to any of the ingredients in this product. Do not exceed the daily dosage. Sedimentation does not affect the product's quality. No preservatives, sugar, sweeteners or food coloring.



Syrup



Suitable from 1 year of age



Suitable for pregnant and nursing women

Carefully read the instructions for use of the medical device before use.

## DRY AND WET COUGH

### ANTI COUGH syrup

Thanks to its ingredients, this 100% natural syrup is suitable for both wet and dry cough. It contains six herbal extracts (plantago, rose hip, mint, linden blossom, thymus and spruce) to help relieve symptoms associated with a cold. The syrup forms a protective layer on the surface of the mucous membranes of the oral cavity and pharynx, thus relieving coughing and scratching in the throat, irritation of the vocal cords and hoarseness. The syrup is also popular among children thanks to its pleasant flavor.

**Ingredients:** grape concentrate, dark agave syrup, water extract from plantago leaf, rose hip fruit extract, peppermint leaf water extract, linden blossom water extract, thymus leaf water extract, spruce leaf water extract, lemon juice concentrate.

**Recommended dosage:** Adults: 15 ml (1 spoon) 3x a day. Children from 3 years of age: 5 ml (1 teaspoon) 3x a day. For better effect, it is recommended to gargle the syrup briefly in the prescribed dose; this will allow the syrup to adhere to the mucosa and help the affected areas more effectively (pharynx, soft palate, tonsils). If symptoms persist after a week of use, seek medical attention.

**Warning:** Do not use if you are allergic or hypersensitive to any of the ingredients in this product. Do not exceed the daily dosage. Sedimentation does not affect the product's quality. No preservatives, sugar, sweeteners or food coloring.

Carefully read the instructions for use of the medical device before use.

Suitable for pregnant and nursing women



Suitable from 3 years of age



Syrup







# Vitamins, minerals and others

Vitamins and minerals are very important for the proper functioning of our body. They are contained in different foods in various amounts. Sometimes our diet is not very varied and we may not get the amount of these substances our body needs from food.

Our bodies cannot make vitamins, with some exceptions. Vitamins have a number of irreplaceable roles in our bodies. They are involved in nutrient metabolism and play an important role in the overall health of our body. We distinguish between fat-soluble vitamins (A, D, E, K) and water-soluble vitamins (B vitamins, C).

Minerals, which are mostly of inorganic origin, are equally important. Mineral substances cannot be created by the human body, so it is necessary to replenish them regularly. Minerals form about 3% of our weight. They are involved in various hormone and metabolism processes. One way to give your body enough vitamins and minerals is through suitable food supplements.



food supplements

## BONES – TEETH – MUSCLES

### VITAMIN D3 400 IU

Vitamin D3 is very important for the human body. It is especially important for infants and toddlers for the growth and development of strong bones. It plays an important role in the formation and mineralization of bones and teeth, regulates the metabolism of calcium and facilitates its absorption and utilization in the body.

**Ingredients:** olive oil, vitamin D3 (cholecalciferol), vitamin E (mix of tocopherols). 1 drop contains 10 µg/400 IU of vitamin D3 in an oil base/200 % **RDI**\*.



Drops



Suitable from birth



Suitable for pregnant and nursing women



Suitable for celiacs

\***RDI**

Reference daily intake

## BONES – TEETH – MUSCLES

### VITAMIN D3 1000 IU

A strong dose of solar vitamin D3 in a soft capsules for adults. Vitamin D is essential for the health of bones and teeth, helps the body absorb calcium from the diet and is suitable also to support immunity and muscle function. Suitable for everyone to meet the daily need for vitamin D3.

**Ingredients (1 capsule):** olive oil, vitamin D3 (cholecalciferol), (gelatin, glycerol, sorbitol, purified water). 1 capsule contains 25 µg/1000 IU of vitamin D3 in an oil base/500 % **RDI**\*.



Gelatin capsule



Suitable from 15 years of age



Suitable for pregnant and nursing women



Suitable for celiacs

\***RDI**

Reference daily intake

## BONES – TEETH – MUSCLES

### VITAMIN D3 2000 IU

A strong dose of solar vitamin D3 in a soft capsules for adults. Vitamin D is essential for the health of bones and teeth, helps the body absorb calcium from the diet and is suitable also to support immunity and muscle function. Suitable for everyone to meet the daily need for vitamin D3.

**Ingredients (1 capsule):** olive oil, vitamin D3 (cholecalciferol), (gelatin, glycerol, sorbitol, purified water). 1 capsule contains 50 µg/2000 IU of vitamin D3 in an oil base/1000 % **RDI\***.

Reference  
daily intake

\*RDI

Suitable for  
celiacs



Suitable for pregnant  
and nursing women



Suitable from  
15 years of age



Gelatin  
capsule



## EYES – SKIN – IMMUNE SYSTEM

### VITAMIN A 6000 IU

Vitamin A is important for vision, the immune system, and the condition of the skin and mucous membranes. It plays a role in proper iron metabolism and in the process of cell specialization. As a fat-soluble vitamin, it has a key role in many bodily functions.

**Ingredients (1 capsule):** soy oil, retinyl palmitate (vitamin A (RE) 1800 µg/225 % **RDI\***), soft gelatin capsule (gelatin, glycerol, purified water).

RE - retinol equivalent.

Reference  
daily intake

\*RDI

Suitable for  
celiacs



Not suitable for pregnant  
and nursing women



Suitable from  
12 years of age



Gelatin  
capsule





food supplements

## ANTIOXIDANT VITAMIN E 200 IU

Vitamin E helps protect cells from oxidative stress and contributes to maintaining fresh, healthy-looking skin. Thanks to its antioxidant effects, it belongs among the important fat-soluble vitamins that support vitality and overall cell protection.

**Ingredients (1 capsule):** Vitamin E (DL- $\alpha$ -tocopheryl-acetate) 134 mg/1116 % **RDI\***, olive oil, soft gelatin capsule (gelatin, glycerol, purified water).



Gelatin capsule



Suitable from 18 years of age



Not suitable for pregnant and nursing women



Suitable for celiacs

\*RDI

Reference daily intake



## IMMUNITY – RESPIRATORY TRACT ZINC + SELENIUM

Zinc contained in pumpkin seeds and selenium from yeast have excellent absorbability. Zinc and selenium support the natural immune system and contribute to maintain healthy hair and nails. Echinacea and schisandra chinensis help the respiratory system function properly. Siberian ginseng promotes physical and mental health.

**Ingredients (1 capsule):** 520 mg mixture [ground pumpkin seeds 250 mg – source of zinc 10 mg/100 % **RDI\***, magnolia berry extract 115 mg, purple coneflower (echinacea) extract 100 mg, selenium yeast 55  $\mu$ g / 100 % **RDI\***, Siberian ginseng root extract 20 mg].



Gelatin capsule



Suitable from 15 years of age



Suitable for celiacs

\*RDI

Reference daily intake

## MUSCLES – NERVES – EXHAUSTION

### MAGNESIUM + vitamin B6 and lemon balm

A combination of magnesium from a natural source with high absorbability, vitamin B6 and lemon balm. Magnesium has a positive effect on muscles and nervous system function. Lemon balm fights against fatigue and exhaustion and promotes relaxation. Vitamin B6 is important for the immune system. This product is suitable for people under increased stress and for overall mental and physical fitness support.

**Ingredients (1 capsule):** Aquamin (*Lithothamnion calcareum*) natural source of Mg (magnesium hydroxide) 168.7 mg/45 % **RDI\***; lemon balm extract; vitamin B6 (pyridoxine hydrochloride) 1.4 mg/100% **RDI\***.

Reference  
daily intake \***RDI**

Suitable for  
celiacs



Suitable from  
3 years of age



Gelatin  
capsule



## MUSCLES – NERVES – EXHAUSTION

### MAGNESIUM soluble powdered drink

Magnesium from a natural mineral source of sea water in powder form for the preparation of a drink. Magnesium in the form of an organic compound of magnesium citrate with high bioavailability for people exposed to increased stress. Magnesium positively affects muscle activity, relieves tension, and has a beneficial effect on the nervous system, especially in case of fatigue and exhaustion. A drink suitable for promoting regeneration, mental and physical well-being.

**Ingredients (1 sachet):** Aquamin - natural source of magnesium - magnesium citrate 280 mg/75 % **RDI\***; inulin.

Reference  
daily intake \***RDI**

Suitable for  
celiacs



Suitable from  
3 years of age



Soluble  
drink





Tablet



Suitable from  
12 years of age



Suitable for pregnant  
and nursing women



Suitable for  
celiacs



Cellulose  
capsule



Suitable from  
12 years of age



Suitable for  
celiacs



Suitable for  
vegetarians and vegans

\*RDI Reference  
daily intake

## food supplements

### MENTAL AND PHYSICAL FITNESS

#### B-KOMPLEX SUPER FORTE +

The complete B vitamin complex in one tablet (B1, B2, B3, B5, B6, folic acid, biotin and B12) in high doses and declared amounts. Together, these vitamins promote metabolism and nervous system function.

**Ingredients (1 tablet):** anti-caking agent microcrystalline cellulose, nicotinamide, calcium pantothenate, thiamine hydrochloride, riboflavin, pyridoxine hydrochloride, tablet coating (hydroxypropyl methylcellulose, hydroxypropyl cellulose, talc, riboflavin, calcium carbonate), anticaking agent magnesium stearate, pteroylmonoglutamic acid, biotin, cyanocobalamin.

### MENTAL AND PHYSICAL FITNESS

#### B-KOMPLEX PREMIUM + TURMERIC

A complete spectrum of B-group vitamins with their broad action to support energy metabolism, nervous system, mental activity, normal function of the immune system and reduction of fatigue and exhaustion.

**Ingredients (1 capsule):** inulin, dried beer yeast, nicotinamide 50 mg/313%\*, turmeric (*Curcuma longa*) powder 50 mg, calcium pantothenate 22.5 mg/375%\*, thiamin hydrochloride 10mg/909%\*, riboflavin 10mg/714%\*, pyridoxine hydrochloride 8 mg/571%\*, pteroylmonoglutamic acid 400 µg/200%\*, biotin 200 µg/400%\*, cyanocobalamin 10 µg/400%\*. Capsule shell: cellulose.





food supplements

**IMMUNE SYSTEM**

**BETAGLUCANS TRIO COMPLEX FORTE**

Triple combination of high-purity beta-glucans from three natural sources (mushrooms, yeasts, **oat**), which differ in their properties and have different biological activity. Reishi mushroom contributes to the body's natural defenses and healthy functioning of the circulatory system. The complex of various sources of beta-glucan allows for wider utilization and increased efficiency of the whole product through its synergistic effect.

**Ingredients (1 capsule):** 420 mg mixture [dried oyster mushroom powder, yeast betaglucan 80%, **oat** betaglucan 80%, lyophilized powder of the whole reishi mushroom 30 mg]. Contains 250 mg β-glucan.



Gelatin capsule



Suitable from 3 years of age



Not suitable for celiacs

**BONES – TEETH**

**CALCIUM + vitamin D3 and K2**

A combination of 3 natural ingredients to promote bone and tooth health with high absorbability and bioactivity. It contains calcium derived from calcified seaweed and vitamins D3 and K2. Calcium is necessary to maintain healthy bones and teeth. This product is suitable for adolescents undergoing intense bone formation and growth, and for women and the elderly due to higher demands on calcium supply.

**Ingredients (1 capsule):** Aquamin (*Lithothamnion calcareum*) natural source of Ca (calcium carbonate) 136 mg/17 % **RDI\***; vitamin K2 (menaquinone-7) 22.5 µg/30 % **RDI\***; vitamin D3 (cholecalciferol) 5 µg/100 % **RDI\***.



Gelatin capsule



Suitable from 3 years of age



Suitable for celiacs

\***RDI** Reference daily intake



## IMMUNE SYSTEM – DIGESTION

### PROBIOTICS + OYSTER MUSHROOM FORTE

This is a functional combination of oyster mushroom and 20 billion probiotic cultures from three strains with vitamin C and rose hip to support digestion and immunity. The oyster mushroom is used whole, containing a wide range of biologically active substances. This product should be used during or after taking antibiotics.

**Ingredients (1 capsule):** 340 mg mixture [dried oyster mushroom powder, vitamin C (L-ascorbic acid) 40 mg/ 50 % **RDI\***, rose hip extract, *Lactobacillus acidophilus*, *Bifidobacterium bifidum*, *Bifidobacterium lactis*, inulin].

Reference  
daily intake

\*RDI

Suitable for  
celiacs



Suitable for pregnant  
and nursing women



Suitable from  
3 years of age



Gelatin  
capsule



## CALM TUMMY

### PROBIOTICS BABY DROPS

Probiotic drops contain a carefully selected mixture of live cultures. Drops are suitable for children from birth, unless the doctor prescribes otherwise. The recommended dose of 5 drops ensures the intake of 1.6 billion live probiotic strains to replenish the intestinal microbiota. Immunity starts in the gut. Does not contain milk, lactose, gluten, dyes, preservatives or sweeteners. Suitable for vegetarians.

**Ingredients:** Sunflower oil, mixture of probiotic strains *Bifidobacterium longum* CECT7894, *Pediococcus pentosaceus* CECT8330, *Saccharomyces Boulardii* SP92, *Lactobacillus rhamnosus* ATCC 53103, *Bifidobacterium animalis ssp. lactis* BLC1.

Suitable for  
celiacs



Suitable for pregnant  
and nursing women



Suitable  
from birth



Drops



dropper  
with a screw cap





food supplements

## JOINTS – TENDONS – BONES

### GELATINA PLUS

Gelatina plus is recommended for women and men in middle age, for active athletes, overweight people and for everyone who wants to keep their bones and joints in good condition.

**Ingredients (6 capsules):** hydrolyzed beef collagen 2600 mg, Aquamin (*Lithothamnion calcareum*) – the natural source of Ca (calcium carbonate) 120 mg/15 %\* and Mg (magnesium hydroxide) 57 mg/15 %\*, L-ascorbic acid 40 mg/50 %\*, Fe (ferrous gluconate) 2.8 mg/20 %\*. Shell of capsule: gelatin.



Suitable from  
12 years of age



Suitable for  
celiacs

\*RDI

Reference  
daily intake

## JOINTS – TENDONS – BONES

### GELATINA PLUS MARITIME

Gelatina plus maritime is a product with protein – maritime collagen, with minerals and vitamin C for good nutrition and support of the joint system.

The product is recommended for women and men in middle age, for active athletes, overweight people and for everyone who wants to keep their bones and joints in good condition.

**Ingredients (6 capsules):** hydrolyzed fish collagen 2200 mg, Aquamin (*Lithothamnion calcareum*) – the natural source of calcium (calcium carbonate) 120 mg/15 %\* and magnesium (magnesium hydroxide) 57 mg/15 %\*, L-ascorbic acid 24 mg/30 %\*. Shell of capsule: gelatin.



Suitable from  
12 years of age



Suitable for  
celiacs

\*RDI

Reference  
daily intake



## JOINTS – TENDONS – BONES

### GELATINA PLUS JELLIES WITH COLLAGEN AND HYALURONIC ACID

GELATINA PLUS jellies contain sea buckthorn, collagen, hyaluronic acid, and boswellia extract, which supports the musculoskeletal system and helps with collagen production.

**Ingredients:** Sugar; glucose syrup; water; gelatin; dried sea buckthorn juice 2%; hydrolyzed collagen; acidity regulator: citric acid; hyaluronic acid; aroma: passion fruit; glazing mix (coconut oil, glazing agent: carnauba wax); Boswellia serrata extract.

**Content (in 4 pcs/16 g):** collagen 310 mg, hyaluronic acid 84 mg, sea buckthorn juice 320 mg, Boswellia serrata 24 mg, gelatin 1275 mg.



Not suitable for pregnant and nursing women



Suitable from 18 years of age



Jelly



## BEAUTY – GLOWING SKIN – SHINY HAIR

### COLLAGEN HYALURONIC ACID JELLIES

Jellies with collagen, hyaluronic acid, sea buckthorn, and boswellia extract. Collagen plays a key role in maintaining beautiful skin, a youthful appearance, and healthy joints. Hyaluronic acid (HA) is one of the main components of the extracellular matrix. It binds water and has viscoelastic properties. Well-hydrated skin appears radiant and smooth. Sea buckthorn helps maintain healthy skin and shiny hair.

**Ingredients:** Sugar; glucose syrup; water; gelatin; dried sea buckthorn juice 2%; hydrolyzed collagen; acidity regulator: citric acid; hyaluronic acid; aroma: passion fruit; glazing mix (coconut oil, glazing agent: carnauba wax); Boswellia serrata extract.



Not suitable for pregnant and nursing women



Suitable from 18 years of age



Jelly







# Food supplements for children

Children are our future and their health is the greatest treasure, which we guard carefully. This is why we pay increased attention to things that affect their health. Children's bodies go through various stages during their development, and each stage requires certain substances important for them at the given stage to a greater or lesser extent. When the principles of good nutrition are followed, children get everything they need from their food. However, their diet can be supplemented with vitamins and other substances, e.g. to support immunity and overall vitality, especially during periods when they are exposed to various adverse influences, such as the weather, etc.

Parents choose their children's healthcare products conscientiously to ensure they are as safe as possible. All our food supplements, even those designed for children, have a Food Safety Certificate issued by the National Institute of Public Health. In addition, products intended for children from birth and under 3 years of age are reviewed of the Working Group for Pediatric Gastroenterology and Nutrition of the Czech Pediatric Society. We make sure that our products don't contain anything that could negatively affect children's health.



Don't contain any preservatives,  
gluten and sweeteners.

## IMMUNE SYSTEM – VITALITY

### KIDDY VIT MULTIVITAMIN JELLIES WITH SEA BUCKTHORN

Popular juicy multivitamin jellies with a high amount of fruit juice, with sea buckthorn to boost immunity and 9 vitamins.

**Ingredients Sea buckthorn:** glucose syrup, sugar, water, gelatin, fruit juice concentrates and purees with vitamins (white grape concentrate, orange, apple, tangerine, grapefruit, passion fruit and lemon; apricot, mango, nectarine, banana, guava and peach puree), dried sea buckthorn juice 3%, acidity regulator: citric acid; glazing mix: coconut oil, glazing agent: carnauba wax; aroma: passion fruit; vitamins\*

**Ingredients Cherry:** glucose syrup; sugar; water; gelatin; mix of fruit concentrates from grapes, orange, apple, tangerine, grapefruit, passion fruit and lemon; purees from apricot, peach, mango, nectarine, banana, guava; dried sea buckthorn juice 3%; cherry concentrate 2%; acidity regulator: citric acid; elderberries concentrate; natural aroma: cherry; glazing mix (coconut oil, glazing agent: carnauba wax); vitamins\*

**Ingredients Jungle:** glucose syrup; sugar; gelatin; mix of fruit concentrates from grapes, orange, apple, tangerine, grapefruit, passion fruit and lemons; purees from apricot, peach, mango, nectarine, banana, guava; water; dried sea buckthorn juice 3%; acidity regulator: citric acid, colours chlorophyll and chlorophyllins, paprika extract, black carrot juice concentrate, safflower extract (*Carthamus tinctorius*); aroma: passion fruit; glazing mix (coconut oil, glazing agent carnauba wax); vitamins\*

**Ingredients Sea world:** glucose syrup; sugar; gelatin; mix of fruit concentrates from grapes, orange, apple, tangerine, grapefruit, passion fruit and lemons; purees from apricot, peach, mango, nectarine, banana, guava; water; dried sea buckthorn juice 3%; acidity regulator: citric acid, colours chlorophyll and chlorophyllins, paprika extract, black carrot juice concentrate, safflower extract (*Carthamus tinctorius*); aroma: passion fruit; glazing mix (coconut oil, glazing agent carnauba wax); vitamins\*

**\*vitamins:** L-ascorbic acid, DL-alpha-tocopheryl acetate, calcium-D-pantothenate, pyridoxine hydrochloride, riboflavin, thiamin hydrochloride, pteroylmonoglutamic acid, biotin, cyanocobalamin.



Jelly



Suitable from  
3 years of age



Suitable for pregnant  
and nursing women



Suitable for  
celiacs



**Don't contain any preservatives, gluten, sweeteners or food colorings.**



## IMMUNE SYSTEM – VITALITY

### KIDDY VIT VEGAN JELLIES WITH SEA BUCKTHORN Dwarfs - wild fruit

With sea buckthorn and 9 vitamins. Content 20% of fruit juice.

**Ingredients:** sugar, glucose syrup, water, cornstarch, mixture of fruit concentrates from grapes, oranges, apples, tangerines, grapefruit, passion fruit (maracuja) and lemon; apricot, peach, mango, nectarine, banana, guava puree; acidity regulator: citric acid; dried sea buckthorn juice 1%; wild fruit mix (raspberry, blueberry, cranberry, blackcurrant, aronia and cranberry extract) 0.4%; black carrot juice concentrate; natural raspberry aroma; glazing mix (coconut oil, glazing agent: carnauba wax); vitamins: L-ascorbic acid, DL-alpha-tocopheryl acetate, calcium D-pantothenate, biotin, pyridoxine hydrochloride, riboflavin, thiamin hydrochloride, pteroylmonoglutamic acid, cyanocobalamin.



Vegan jelly



Suitable from 3 years of age



Suitable for pregnant and nursing women



Suitable for celiacs



Suitable for vegetarians and vegans

## IMMUNE SYSTEM – VITALITY

### KIDDY VIT+ MULTIVITAMIN JELLIES WITH HONEYSUCKLE

With sea buckthorn to boost immunity and 11 vitamins. Content 20% of fruit juice.

**Ingredients:** glucose syrup; sugar; water; gelatin; mixture of fruit concentrates from grapes, oranges, apples, tangerines, grapefruit, passion fruit (maracuja) and lemon; apricot, peach, mango, nectarine, banana, guava puree; dried sea buckthorn juice 2 %; fruit juice concentrate of blue honeysuckle (Lonicera caerulea) 2 %; acidity regulator: citric acid; natural tangerine aroma; glazing mix (coconut oil, glazing agent: carnauba wax); vitamins: L-ascorbic acid, DL-alpha-tocopheryl acetate, calcium-D-pantothenate, vitamin K2, biotin, pyridoxine hydrochloride, riboflavin, thiamin hydrochloride, cholecalciferol, pteroylmonoglutamic acid, cyanocobalamin.



Jelly



Suitable from 3 years of age



Suitable for pregnant and nursing women



Suitable for celiacs

## IMMUNE SYSTEM - VITALITY

### KIDDY VIT FRUTTY FRUIT JELLIES WITH SEA BUCKTHORN + PROBIOTICS

The fruit jellies KIDDY VIT FRUTTY contain sea buckthorn and a mixture of fruit concentrates and probiotics. Sea Buckthorn is suitable for supporting the body's defenses, helps reduce fatigue, supports the activity of the heart and digestive tract, helps maintain healthy skin. 2 billion probiotics in a daily dose.

**Ingredients:** mixture of fruit concentrates and puree from apple, blackberry, strawberry, cherry, dried sea buckthorn juice 2%, lemon; gelling agent: pectins; *Bacillus subtilis*; black carrot juice concentrate; acidity regulator: potassium citrate; natural aroma of forest fruits; lemon fiber.

Suitable for vegetarians  
and vegans



Suitable for  
celiacs



Suitable for pregnant  
and nursing women



Suitable  
3 years of age



Vegan  
jelly



## IMMUNE SYSTEM - VITALITY

### MULTIVITAMIN JELLIES WITH SEA BUCKTHORN – MINIONS

Multivitamin jellies contain natural sea buckthorn, fruit concentrates and vitamins. Sea buckthorn strengthens the immune system and heart, positively influences digestive tract to good physical condition and helps maintain healthy skin.

**Ingredients:** glucose syrup, sugar, water, gelatin, fruit juice concentrates and purees with vitamins (white grape concentrate, orange, apple, tangerine, grapefruit, passion fruit and lemon; apricot, mango, nectarine, banana, guava and peach puree), dried sea buckthorn juice 3%, acidity regulator: citric acid; glazing mix: coconut oil, glazing agent: carnauba wax; aroma: passion fruit; vitamins: L-ascorbic acid, DL-alpha-tocopheryl acetate, calcium-D-pantothenate, pyridoxine hydrochloride, riboflavin, thiamin hydrochloride, pteroylmonoglutamic acid, biotin, cyanocobalamin.

Suitable for  
celiacs



Suitable for pregnant  
and nursing women



Suitable  
3 years of age



Jelly





## IMMUNE SYSTEM – VITALITY

### FRUIT JELLIES WITH SEA BUCKTHORN AND BANANA + Zinc and Selenium + Vitamin E + Probiotics – MINIONS

Delicious banana-flavoured fruit jellies with no sweeteners, preservatives or colourings; they contain a mixture of fruit concentrates, sea buckthorn, probiotics, vitamin E, minerals zinc and selenium. Sea buckthorn boosts the immune system and supports the heart and digestive system. Zinc and selenium help the immune system function properly and act as antioxidants together with vitamin E. 1.4 billion probiotics in a daily dose.

**Ingredients:** mixture of fruit concentrates and puree from apple, sour cherry, banana 3.5%, sea buckthorn 2%, lemon; gelling agent: apple and citrus pectins; vitamin E (DL-alpha-tocopherol acetate); citrus fiber; *Bacillus subtilis*; black carrot juice concentrate; zinc sulfate; sodium selenite; natural cherry-banana aroma; acidity regulator: potassium citrate.



Vegan  
jelly



Suitable from  
3 years of age



Suitable for pregnant  
and nursing women



Suitable for  
celiacs



Suitable for vegetarians  
and vegans



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## CHILDREN'S IMMUNE SYSTEM

### BABY IMUN syrup with oyster mushroom and sea buckthorn

Completely natural syrup to support the immune system of children from 1 year of age (assessed by the Czech Pediatric Society). It contains whole oyster mushroom with all its bioactive substances with a declared amount of beta-glucans and sea buckthorn, which supports the body's defenses. The base of the syrup is a fruit concentrate made from more than 1 kg of fresh fruit. It doesn't contain any preservatives, food colorings or artificial sweeteners, which parents will surely appreciate.

#### pear

**Ingredients:** 100% pear concentrate (58.3%), 100% apple concentrate, 100% oyster mushroom powder, dried sea buckthorn juice powder.

#### cherry

**Ingredients:** 100% natural apple concentrate, fructose syrup, 100% cherry concentrate (13%), 100% pure oyster mushroom powder, dried sea buckthorn juice powder.

#### raspberry

**Ingredients:** 100% natural pear concentrate, 100% natural raspberry concentrate (10%), 100% pure oyster mushroom powder, dried sea buckthorn juice powder.

#### apple

**Ingredients:** 100% natural apple concentrate (93.3 %), 100% pure oyster mushroom powder, dried sea buckthorn juice.



Suitable for pregnant and nursing women



Suitable from 1 year of age



Syrup







# Cosmetics

Human skin (cutis in Latin and derma in Greek) is an independent organ that is also the body's largest organ measuring approximately 1.6 to 1.8 m<sup>2</sup>. It covers our entire body and is a kind of barrier that separates the internal environment of the body from the external environment. The skin's primary function is to protect the body against the entry of harmful substances into our body (as well as harmful UV radiation), and its thermoregulatory function is very important. Our skin is often a reflection of our overall health and changes taking place inside our body. We should take care of our skin regularly, keeping its basic functions in balance and protecting it from the effects of the external environment. It is also important to provide the skin with optimum hydration and to avoid overheating or overdrying it.



irritated skin after  
excessive sunbathing



skin with tendency  
to nappy rash



dry and rough  
skin



itchy skin



skin of the nipples of  
breastfeeding women



dry mouth corners  
and chapped lips



Cream



Suitable  
from birth



Suitable for pregnant  
and nursing women

Suitable for  
external use

## SKIN

### CALCIUM PANTOTHENICUM Ointment

The Calcium pantothenicum cream is used to soothe and regenerate irritated skin after excessive sunbathing, for dry and rough skin, corners of the mouth, fine skin defects and cracked lips. It is suitable for the treatment of nipples of nursing women and for the care infant skin after each diaper change.

**Ingredients:** Aqua, Paraffinum Liquidum, Calcium Pantothenate, Cetearyl Ethylhexanoate, Glycerin, Cera Alba, Petrolatum, Polyacrylate-13, PEG-30 Dipolyhydroxystearate, Paraffin, Polyisobutene, Polysorbate 20, Diazolidinyl Urea, Sodium Benzoate, Potassium Sorbate.



**TEREZIA**



*Thank you for your trust*

*We wish you a life full of health, well-being and personal satisfaction.*

Handwritten signature of Terézia Svátová

Respectfully yours,

**Ing. Terézia SVÁTOVÁ**

founder

and team

**TEREZIA COMPANY**







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family company



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