

PRODUCT GUIDE

from 1985
to today
for you

“

Oh, mickle is the powerful grace that lies
In herbs, plants, stones, and their true qualities.
For naught so vile that on the earth
doth live But to the earth some special
good doth give.

Within the infant rind of this small flower
Poison has residence and medicine power.
For this, being smelt, with that part cheers
each part; Being tasted, stays all senses
with the heart.

”

William Shakespeare.

eladiet





GLUTEN
FREE



ORANGE
FLAVOUR



CITRIC
FLAVOUR



LACTOSE
FREE



MINT
FLAVOUR



DO NOT
TAKE MORE
THAN 1 WEEK



SUGAR
FREE**



BERRY
FLAVOUR



WITHOUT COLORANTS



+ 3
YEARS



ANISE
FLAVOUR



WITHOUT CHEMICALS



+ 6
YEARS



TUTIFRUTI
FLAVOUR



HIGH ABSORTION



+ 12
YEARS



STRAWBERRY
FLAVOUR



HEAT
EFFECT



FACE CERTIFICATE
(GLUTEN FREE)



SUITABLE FOR
PREGNANT

(NRV*): Nutritional Reference Value
**No added sugars. Contains naturally sugars.

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Eladiet

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Musculoskeletal Line

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OUR MISSION

We create **natural solutions** to improve the **health** and **wellbeing** of people; promoting a healthy lifestyle.

We are a family-owned business and our corporate culture reflects our family values: which are based on effort, commitment, striving for excellence, results orientation and strict ethical principles.





eladlet

RECIBIDOR MISIONEROS
C/ Salvador Espido 1º 2º

OUR ORIGINS



1985

Our origins

Eladiet was founded in 1985 by Amelia Boix, as a pharmaceutical laboratory of medicinal plants



2001

Sustained growth

From 2001 onwards, after the entrance in the business of the family's second generation, Eladiet starts a sustained growth



2012

CDMO Business

In 2012, Eladiet expands its CDMO business internationally



2015

Growing up together

In 2015, after a huge facility investment (new offices and enlargement of production facilities), Eladiet sped up its growth up to double digits



Present

Living naturally

Today, we are an international healthcare company specialized in investigating, developing and manufacturing natural food supplements present in +50 countries worldwide

WE ARE YOUR PARTNER

We are committed to your success and support you in



R&D

- Tailored Formulas
- Galenic Trials (full R&D plant)
- Production Qualification protocols



QUALITY

- GMP's USFDA, KFDA & ISO Compliance
- Batch Pilots
- Stability studies



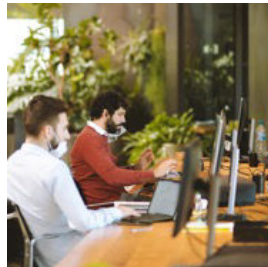
REGULATORY

- International Regulatory
- Affairs Expertise
- Registration Dossiers



MARKETING

- Graphical Development
- Strategic Marketing Materials
- Trainings



SALES

- Sales & Business Development
- Clinical Studies
- Market Access Assessment



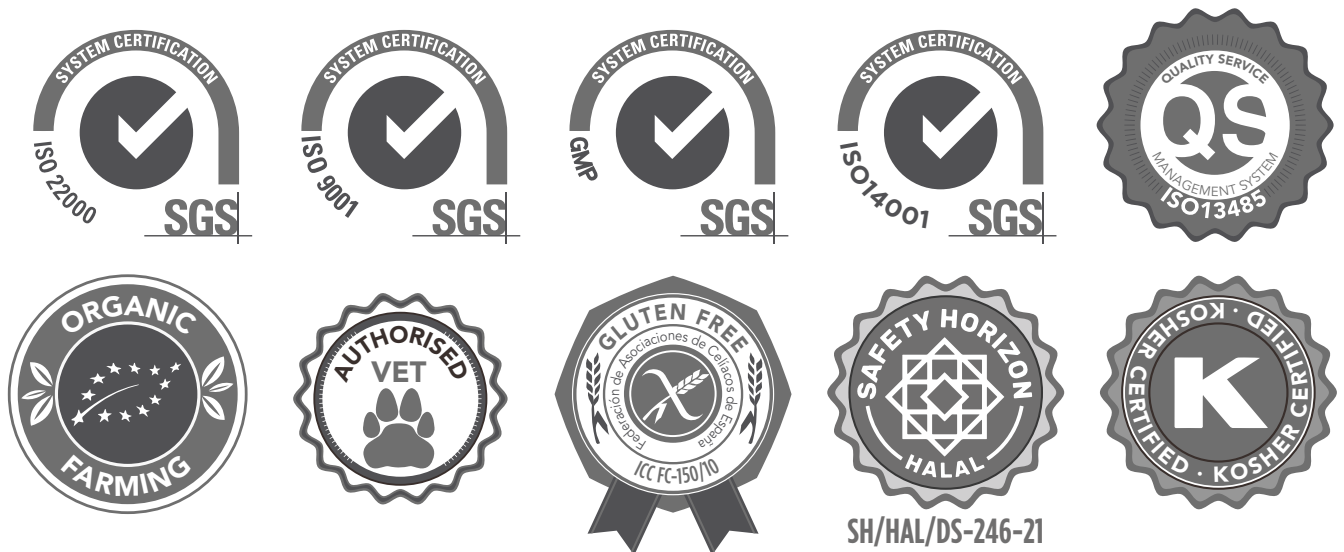
SUPPLY & MANUFACTURING

- Full in-house Process
- Cost Optimizations
- Logistic Support



WE ARE QUALITY

We are a european sourcing company which complies with
all the food safety certifications and good manufacturing
practices for food supplements





MUSCULOSKELETAL

Do you want to take care of your bones and joints to maintain and improve your everyday movement? Over the years, our bone density and joint flexibility can decrease. In addition, some daily habits such as lack of exercise, alcohol, tobacco consumption and overweight can

worsen these problems. Complementing your diet with the right supplements will help you forget about the pain caused by aging and other situations, contributing to better mobility and comfort.

MUSCULOSKELETAL

REGENDOL Joints



JOINTS



Food supplement based on vegetable glucosamine, vegetable chondroitin, MSM, hyaluronic acid, coenzyme Q10, vitamin C, vitamin D and traditional plant extracts.

Composition per tablet: Vegetable Glucosamine (500 mg); Methylsulfonylmethane (200 mg); Vegetable Chondroitin Sulfate (134 mg); Turmeric dry extract (100 mg); Devil's Claw dry extract (100 mg); Hyaluronic acid (20 mg); Coenzyme Q10 (20 mg); Vitamin C (12 mg, 15% NRV); Vitamin D (1.67 µg, 33% NRV).

Directions Take 1 to 3 tablets a day, preferably with the main meals.

Contents: 30 tablets.



REGENDOL[®] Magnesium

ENERGY, MUSCLES AND BONES



Food supplement based on three magnesium sources (bisglycinate, citrate and magnesium oxide), highly soluble and bioavailable.

Composition per tablet: Magnesium (187.5 mg, 50% NRV).

Directions: Take 2 tablets a day in separate intakes, preferably one at breakfast and one at lunch.

Contents: 40 tablets.



REGENDOL® Forte sticks



JOINTS



Food supplement with glucosamine, chondroitin, MSM, HMB, turmeric, devil's claw, bromelain, hyaluronic acid, vitamin C.

Composition per vial: Glucosamine hydrochloride (vegetable) (1500 mg); Blackcurrant juice concentrate (*Ribes nigrum* L.); Chondroitin sulfate (fish) (720 mg); Methylsulfonylmethane (600 mg); Calcium hydroxymethylbutyrate (HMB-Ca) (500 mg); Turmeric rhizome dry extract (*Curcuma longa* L.) (300 mg); Devil's claw root dry extract (*Harpagophytum procumbens* DC) (300 mg); Bromelain (125 mg); Sodium hyaluronate (Hyaluronic acid) (60 mg).

Directions: Take 1 stick a day, directly or diluted in water, juices, or infusions. Shake before opening.

Contents: 20 sticks.



REGENDOL® Flexi

TENDONS AND LIGAMENTS



Food supplement based on collagen, hyaluronic acid, turmeric, bamboo, vitamins, coenzyme Q10, magnesium, major amino acids from ligaments and tendons and vitamin C.

Composition per sachet: Fortigel® Collagen (5000 mg); Arginine (600 mg); Glycine (300 mg); Alanine (300 mg); Proline (300 mg); Lysine (240mg); Bamboo extract (100 mg); Coenzyme Q10 (90 mg); Vitamin C (80 mg, 100% NRV); Magnesium (56.25 mg, 15% NRV); Cavacurmin® (50 mg), Hyaluronic Acid (10 mg); Vitamin B6 (1.4 mg, 100% NRV).

Directions: Take 1 sachet a day dissolved in a glass of water.

Contents: 14 sachets.



REGENDOL® Collagen UC-II

BONES & ARTICULATIONS



Food supplement based on UC-II® Collagen, calcium hydroxyapatite, Vitamin D3, Vitamin K2 and Vitamin C.

Composition per tablet: CalciumHydroxyapatite (MCH-Cal™) (500 mg) (120 mg Calcium, 15% NRV); Vitamin C (80 mg, 100% NRV); Collagen UC-II® (40 mg); Vitamin D3 (5 µg, 100% NRV); Vitamin K2 (0.037 mg, 50% NRV).

Directions: Take 1 tablet a day.

Contents: 30 tablets.



REGENDOL[®] Cream CBD

MUSCLE WELLBEING



Cosmetic cream with cannabidiol, arnica, devil's claw, willow and hypericum. Formulated to provide a sensation of relief, complemented with a heating effect, to achieve faster well-being in muscles and joints.

Composition: Aqua, Propylene Glycol, Olea Europaea Fruit, Oil, Glycerin, Sodium Acrylates Copolymer, Arnica Montana, Flower Extract, Harpagophytum Procumbens Root Extract, Salix Alba Bark Extract, Hypericum Perforatum Flower/Leaf/Stem Extract, Cannabidiol, Hydroxyacetophenone, Vanillyl, Butyl Ether, Lecithin, 1,2-Hexanediol, Caprylyl Glycol, Potassium, Sorbate, Sodium Benzoate, N-Butyl Alcohol, Vanillyl, Alcohol, Parfum, Tocopherol, Vanillin.

Directions: Apply locally, 2 or 3 times a day doing a soft massage until its complete absorption.

Contents: 60 and 200 ml.



REGENDOL[®] Collagen

CARTILAGE, BONES AND SKIN



Food supplement based on pure assimilable hydrolyzed collagen with hyaluronic acid and vitamin C.

Composition per sachet: Hydrolyzed collagen (9500 mg); Vitamin C (80 mg, 100% NRV); Hyaluronic acid (10 mg).

Directions: Take 1 sachet a day.

Contents: 30 sachets.





GASTROINTESTINAL

Do you have heavy digestions, feel bloated or have intestinal irregularity? Digestive problems are usually annoying and often affect our mood and interfere with our daily lives. In Eladiet we have mastered and proven the efficacy of medicinal plants, making them available to you to

treat these disorders, protect your stomach and help you achieve a good digestion.

GASTROINTESTINAL

DIGEST[®] Multiactive

BOWEL REGULARITY



Food supplement based on Green Anise, Oregano, Caraway, Milk Thistle, Mint, Chamomile, Lemon Balm, Marjoram, Licorice, and Vitamin B8.

Composition per 2.13 ml: Anise fruit dry extract (750 mg); Oregano leaf fluid extract (520 mg); Caraway fruit fluid extract (300 mg); Milk Thistle fruit fluid extract (205 mg); Mint leaf fluid extract (200 mg); Chamomile flower fluid extract (200 mg); Lemon Balm leaf fluid extract (100 mg); Marjoram flowering tops fluid extract (100 mg); Licorice root fluid extract (10 mg); D-Biotin (50 µg, 100% NRV) .

Directions: Take 20 to 25 drops three times a day. Take before or during meals, dissolved in 100 ml. Shake before use. Tilt the bottle slightly for proper dosing.

Contents: 20 ml.



DIGEST[®] Gases

FLATULENCE AND SWELLING



Food supplement based on coriander, green anise, fennel and caraway, which helps combat flatulence.

Composition per tablet: Caraway dry extract (50 mg); Fennel dry extract (50 mg); Coriander dry extract (50 mg); Green anise dry extract (50 mg).

Directions: Dissolve 1 or 2 tablets after meals in a glass with cold or hot water to obtain a pleasant aromatic drink.

Contents: 60 tablets.



DIGEST® Aciflux

HEARTBURN AND REFLUX



Food supplement based on Alginate, Calcium and Bicarbonate that reduces acidity.

Composition per tablet: Sodium alginate (250 mg); Sodium bicarbonate (110 mg); Calcium (60 mg).

Directions: Dissolve or chew 1 or 2 tablets after meals.

Contents: 30 tablets.



DIGEST® Ultrabiotics

INTESTINAL MICROBIOTA



Food supplement with probiotic and prebiotic lactic ferments that helps to balance the intestinal flora.

Composition per tablet: Lactic ferments mixture (221 mg, including *L. acidophilus*, *S. boulardii*, *B. lactis*, *E. faecium*, *L. paracasei*, *L. plantarum*, *L. salivarius*, *L. lactis*, *L. esporogenes*, *B. longum*, *B. infantis*); Fructooligosaccharides (100 mg); Vitamin B2 (1.4 mg, 100% NRV); Vitamin B6 (1.4 mg, 100% NRV); Vitamin B1 (1.1 mg, 100% NRV); Vitamin B12 (2.5 µg, 100% NRV).

Directions: Take 1 tablet at any time of the day.

Contents: 30 tablets.



DIGEST® Prolax

BOWEL REGULARITY



Food supplement based on Aloe vera that helps regulate intestinal transit and protects the mucosa.

Composition per tablet: Caraway dry extract (4:1) (25 mg); Cascara buckthorn dry extract (20%) (100 mg); Senna dry extract (50 mg); Biotin (Vitamin B8) (50 µg, 100% NRV).

Directions: Take 1 tablet a day.

Contents: 15 bilayer tablets.



DIGEST® Ultrabiotics Recovery

MICROBIOTA RECOVERY



NEW
PRODUCT

PROGRAMA INTENSIVO
10 días
INTENSIVE PROGRAM

Food supplement based on 5 strains with involved in intestinal microbiota balance.

Composition per sachet: *Bifidobacterium longum subsp. longum* BL-G301 (20 mg); *Lactobacillus acidophilus* LA-G80 (10 mg); *Bifidobacterium bifidum* BB-G90 (10 mg); *Lactiplantibacillus plantarum* LP-G18 (6 mg); *Bifidobacterium animalis subsp. lactis* BL-G101 (4 mg).

Directions: Take 1 sachet a day separate form intake of other drugs. Dissolve the content of the sachet in room temperature water.

Contents: 10 sachets.



Eladiet guarantees 5×10^9 CFU at the beginning of the shelf life and 5×10^7 CFU at the end of the shelf life. Minimum quantity to have a probiotic action on the microbiota balance.

DIGEST[®] SIBO

HEARTBURN AND REFLUX

NEW
PRODUCT



Food supplement based on L-glutamine, lion's mane, thyme, oregano, fennel and biotin.

Composition per stick: L-glutamine (2000 mg); Lion's Mane fruiting body dry extract (400 mg); Thyme leaf dry extract (225 mg); Oregano aerial parts dry extract (100 mg); Fennel fruit dry extract (100 mg); Biotin (50 µg, 100% NRV).

Directions: Take 1 stick a day dissolved in a glass of water.

Contents: 28 sticks.







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SLEEP

Does your pace of life prevent you from having a good rest? Sleep is fundamental for our daily life and a biological necessity that allows us to restore the physical and psychological functions essential for full performance. That's why it's important

to give our body the recommended rest needed. In Eladiet we recommend following good routines before going to sleep and taking supplements, which will help you falling asleep and having a good rest.

SLEEP

GOOD NIGHT[®] Tablets

FALLING ASLEEP AND SLEEP
MAINTENANCE



Food supplement based on Melatonin, GABA, Valerian, California poppy, Passion flower, Vitamin B3 and B6.

Composition per tablet: Passiflora dry extract (100 mg); Valerian dry extract (100 mg); GABA (100 mg); California Poppy dry extract (50 mg); Vitamin B3 (16 mg, 100% NRV); Melatonin (1.85 mg*); Vitamin B6 (1.4 mg, 100% NRV).

Directions: Take 1 tablet at night, before bedtime.

Contents: 30 or 60 bilayer tablets.

GOOD NIGHT[®] Total

RESISTANT INSOMNIA



Food supplement based on Melatonin, Gabaglicin 6[®] Complex, Valerian, California poppy, Passion flower and vitamin B3.

Composition per tablet: Gabaglicin 6[®] Complex (151.7 mg); Valerian dry extract (100 mg); Passiflora dry extract (75 mg); California Poppy dry extract (25 mg); Vitamin B3 (16 mg, 100% NRV); Melatonin (1.85 mg).

Directions: Take 1 tablet at night, before bedtime.

Contents: 30 or 60 bilayer tablets.

Product protected by European and Worldwide Patent Application.

GOOD NIGHT® Drops

SLEEP CONCILIATION



Liquid food supplement with Melatonin that contributes to alleviating the subjective feeling of jet lag and reducing the time needed to fall asleep.

Composition per 0.25 ml: Lemon Balm leaves glycerinated extract (50 mg); Vitamin B6 (1.4 mg, 100% NRV); Melatonin (1 mg).

Directions: Take 0.25 ml at night, diluted in water, infusion, or directly in the mouth, before bedtime.

Contents: 30 ml.



GOOD NIGHT® Spray

SLEEP CONCILIATION AND INSOMNIA



Liquid food supplement based on melatonin, GABA, glycine, and vitamin B6 that contributes to alleviating the subjective feeling of jet lag and reducing the time needed to fall asleep.

Composition per tablet: Water; Gamma-aminobutyric acid (GABA); Glycine; Stabilizer: Glycerin; Melatonin; Vitamin B6 (Pyridoxine hydrochloride); Acidulant: Citric acid; Preservatives: Sodium benzoate, Potassium sorbate; Flavoring: Lemon flavor.

Directions: 2 sprays before bedtime.

Contents: 30 ml.



GOOD NIGHT[®] Melatonin

SLEEP CONCILIATION



Food supplement in tablets coated with smart release technology and based on Melatonin and Lavender.

Composition per tablet: Lavender essential oil (7 mg); Melatonin (1.85 mg).

Directions: Take 1 tablet at night, before bedtime.

Contents: 30 tablets.







MENTAL HEALTH

At Eladiet, we offer a line of food supplements rich in minerals, vitamins, and plant complexes designed to help recover your energy and well-being. If your hectic lifestyle is overwhelming you and stress has become part of your daily routine, our Mental Health line can help break this cycle.

Our supplements will boost your memory, enhance cognitive functions and mental achievements, and support the normal functioning of your nervous system. Mental health is a crucial aspect of your emotional and physical well-being, and it deserves the attention and care we provide through our specialized products.

MENTAL HEALTH

COGNIBEN® Plus

MENTAL PERFORMANCE



Food supplement based on phosphatidylserine, huperzia, bacopa, ginkgo, vitamins and minerals. It contributes to the normal performance of the nervous system, favoring a correct cognitive, mental and memory function.

Composition per tablet: Phosphatidylserine (100 mg); Huperzia dry extract (6 mg); Bacopa dry extract (240 mg); Ginkgo Biloba dry extract (50 mg); Iodine (0.15 mg, 100% NRV); Zinc (10 mg, 100% NRV); Copper (1 mg, 100% NRV); Vitamin B1 (1.1 mg, 100% NRV); Vitamin B3 (16 mg, 100% NRV); Vitamin B5 (6 mg, 100% NRV); Vitamin B6 (1.4 mg, 100% NRV); Vitamin B8 (0.05 mg, 100% NRV); Vitamin B9 (0.2 mg, 100% NRV); Vitamin B12 (2.5 µg, 100% NRV).

Directions: Take 1 tablet a day.

Contents: 30 tablets.



COGNIBEN® Ginkoro

COGNITIVE FUNCTION



Food supplement based on Ginkgo biloba. Ginkgo biloba helps maintain memory and preserve cognitive function with age.

Composition per tablet: Ginkgo biloba leaves (0.5% Ginkgo flavonoids); stabilizers: microcrystalline cellulose and hydroxypropylcellulose; bulking agent: dicalcium phosphate; anti-caking agent: silicon dioxide; dry extract of Ginkgo biloba leaves; stabilizer: magnesium stearate. Coating: stabilizers: hydroxypropyl methylcellulose, microcrystalline cellulose, and stearic acid

Directions: Take 2 to 6 tablets a day.

Contents: 90 tablets.



SEREZEN® Triptosmile

POSITIVE MIND



Food supplement with Tripto 10® complex (Tryptophan, coenzyme Q10), magnesium, iron and vitamins B3, B5 and B6.

Composition per tablet: Tryptophan (300 mg); Magnesium (28.25 mg, 8% NRV); Coenzyme Q10 (14 mg); Vitamin B3 (8 mg, 50% NRV); Iron (2.1 mg, 15% NRV); Vitamin B5 (3 mg, 50% NRV); Vitamin B6 (0.7 mg, 50% NRV).

Directions: Take 1 to 2 tablets a day.

Contents: 30 tablets.



SEREZEN® Stressout

RESISTANCE TO STRESS



Food supplement presented in of bilayer tablets based on purple basil, magnesium, group B vitamins, rhodiola, shisandra and eleutherococcus, with two release times: a first layer of immediate release that contributes to greater vitality and resistance to stress, and a second layer of prolonged release that contributes to a better adaptation of the organism to stress.

Composition per tablet: Holy basil dry extract (200 mg); Rhodiola dry extract (200 mg); Schisandra dry extract (200 mg); Eleutherococcus dry extract (100 mg); Magnesium (60 mg, 16% NRV); Vitamin B3 (8 mg, 50% NRV); Vitamin B5 (3 mg, 50% NRV); Vitamin B6 (0.7 mg, 50% NRV); Vitamin B1 (0.55 mg, 50% NRV); Vitamin B9 (0.1 mg, 25% NRV).

Directions: Take 1 to 2 tablets a day, preferably in the morning.

Contents: 20 bilayer tablets.





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WOMAN

Are you concerned about feeling your best at every stage of life? As we age, our bodies undergo changes, and sometimes our daily diet doesn't provide all the necessary nutrients. That's where VITAWOMAN® comes in.

Designed to meet the specific needs of women at various life stages, VITAWOMAN® supplements help you maintain optimal health and well-being. At Eladiet, we're committed to supporting you with the essential nutrients your body requires, complementing your diet to ensure you thrive at every age.

WOMAN HEALTHCARE

VITAWOMAN® Menopause

MENOPAUSE



Food supplement with double effect (day and night), which contributes to the female hormonal balance during the climateric and to alleviate the symptoms of menopause.

Composition per yellow tablet: Hops dry extract (50 mg); Sage dry extract (50 mg); Wild yam dry extract (50 mg); Siberian ginseng dry extract (50 mg); Black Cohosh dry extract (35 mg); Chasteberry dry extract (30 mg).

Composition per blue tablet: Passion flower dry extract (90 mg); Vervain dry extract (50 mg); Hops dry extract (50 mg); Hawthorn dry extract (50 mg); L-theanine (10 mg).

Directions: Take 1 yellow tablet in the morning and 1 blue tablet at night, half an hour before bedtime.

Contents: 30 yellow tablets and 30 blue tablets.



VITAWOMAN® Black Cohosh

MENOPAUSE



Food supplement based on Black cohosh which contributes to reduce menopause symptoms.

Composition per tablet: Black cohosh root (247 mg).

Directions: Take 1 tablet a day.

Contents: 60 tablets.



VITAWOMAN® Cranberry Forte

URINARY TRACT WELL-BEING



Food supplement based on American cranberry extract, Methionine and Zinc.

Composition per blue tablet: Methionine (500 mg)

Composition per dark pink tablet: Cranberry (250 mg, 125 mg PACs); Zinc (10 mg, 100% NRV).

Directions: Take 1 blue tablet during the morning and 1 dark pink tablet before bedtime.

Contents: 15 blue tablets and 15 dark pink tablets.



VITAWOMAN® Hydrabalance

HORMONAL BALANCE AND MUCOUS MEMBRANES



Food supplement that contributes to hormonal balance and relief of menopausal symptoms, supports the function of the mucous membrane in the eye, vagina and mouth, and helps maintain healthy skin from the inside.

Composition per solid capsule: Sage aerial parts dry extract (50 mg); Yam root dry extract (50 mg); Hop strobilis dry extract (50 mg); Eleutherococcus root dry extract (50 mg); Black cohosh root dry extract (35 mg); Chasteberry root dry extract (30 mg); Biotin (50 µg, 100%).

Composition per liquid capsule: Sea buckthorn oil (650 mg).

Directions: Take 1 solid capsule and 1 liquid capsule daily in the morning, or take the solid capsule in the morning and the liquid capsule at night.

Contents: 30 solid capsules and 30 liquid capsules.



VITAWOMAN® Hair Vitality

HAIR WELL-BEING



Food supplement based on Serenoa repens and apple extract, minerals, PABA and biotin that acts in the 3 phases of the hair cycle, contributing to the maintenance of hair under normal conditions.

Composition per tablet: Apple dry extract (100 mg); Serenoa repens dry extract (70 mg); Iron (7 mg, 50% NRV); Zinc (5 mg, 50% NRV); PABA (5 mg); Selenium (27.5 µg, 50% NRV); Biotin (25 µg, 50% NRV).

Directions: Take 2 tablets a day.

Contents: 60 tablets.



VITAWOMAN® Hair, Skin and Nails

WELLNESS OF HAIR, SKIN AND NAILS



Food supplement based on vitamins, minerals, amino acids and bamboo and millet extract that helps maintain normal skin, hair and nails.

Composition per tablet: Evening primrose oil (50 mg); L-cystine (50 mg); Millet dry extract (50 mg); Bamboo dry extract (50 mg, 70% silica); PABA (10 mg); Vitamin C (80 mg, 100% NRV); Vitamin E (12 mg, 100% NRV); Zinc (10 mg, 100% NRV); Iron (14 mg, 100% NRV); Vitamin B3 (16 mg, 100% NRV); Vitamin B5 (6 mg, 100% NRV); Vitamin B1 (1.1 mg, 100% NRV); Vitamin B2 (1.4 mg, 100% NRV); Vitamin B6 (1.4 mg, 100% NRV); Copper (1 mg, 100% NRV); Molybdenum (50 µg, 100% NRV); Selenium (55 µg, 100% NRV); Vitamin B8 (50 µg, 100% NRV); Vitamin B9 (200 µg, 100% NRV); Vitamin B12 (2.5 µg, 100% NRV); Vitamin A (800 µg, 100% NRV).

Directions: Take 1 tablet a day.

Contents: 30 tablets.



VITAWOMAN® Hot flushes

SWEATING AND HEAT RELIEF

NEW
PRODUCT



Food supplement with Sage, Hawthorn, Lemon Balm and Vitamin B6.

Composition per daily intake (12 sprays): Sage aerial parts dry extract (240 mg); Hawthorn leaves dry extract (240 mg); Lemon Balm leaves dry extract (120 mg); Vitamin B6 (1.4 mg, 100% NRV).

Directions: Take 4 sprays 3 times a day. A total of 12 sprays is equivalent to 4 ml per day. Shake before use.

Net content: 30 ml





KIDS

Is your child not eating well, having trouble sleeping, struggling to keep up, or dealing with excess mucosity? Children are in a unique stage of life and often need extra nutrients to support proper growth and development.

At Eladiet, we provide food supplements rich in minerals, vitamins, and plant extracts to help stimulate appetite, improve sleep, reduce mucosity, and boost their immune system. Our KIDS Line supports your child's physical development and overall well-being, ensuring they get the essential nutrients needed to thrive.

KIDS

JELLY KIDS® Apetit

APPETITE &
GROWTH
STIMULATION



Food supplement of fresh Royal Jelly, cinchona and vitamins. Two clinical studies have shown the effectiveness of Jellykids Appetit.

Composition per 10 ml: Fresh royal jelly (150 mg); Vitamin A (800 µg, 100% NRV); Vitamin B1 (1.1 mg, 100% NRV); Vitamin B2 (1.4 mg, 100% NRV); Vitamin B3 (16 mg, 100% NRV); Vitamin C (80 mg, 100% NRV); Vitamin D3 (5 µg, 100% NRV); Cinchona bark dry extract (20 mg).

Directions: From 3 to 5 years old: 5 ml (teaspoon) a day; children over 5 years old: 10 ml (tablespoon) a day preferably in the morning before breakfast.

Contents: 150 or 250 ml.



JELLY KIDS® Sweet Dreams

SLEEP & REST



Food supplement of fresh Royal Jelly with melatonin and Traditional plants.

Composition per 10 ml: Fresh royal jelly (150 mg); Lavender dry extract (200 mg); Chamomile dry extract (125 mg); Lime blossom dry extract (125 mg); Lemon balm dry extract (500 mg); Melatonin (1 mg*).

Directions: Over 3 years: 10 ml (tablespoon) half an hour before bedtime.

Contents: 150 or 250 ml.

*Also available without Melatonin.



JELLY KIDS® Prevent



IMMUNITY
& RECOVERY



Food supplement of fresh Royal Jelly, Propolis and Pollen with 5 Vitamins.

Composition per 10 ml: Fresh royal jelly (150 mg); Pollen (100 mg); Propolis (100 mg); Acerola dry extract (50 mg); Vitamin A (800 µg, 100% NRV); Vitamin B1 (1.1 mg, 100% NRV); Vitamin B2 (1.4 mg, 100% NRV); Vitamin B3 (16 mg, 100% NRV); Vitamin C (80 mg, 100% NRV).

Directions: From 3 to 5 years old: 5 ml (teaspoon) a day; children over 5 years old: 10 ml (tablespoon) a day preferably in the morning before breakfast.

Contents: 150 or 250 ml.



JELLY KIDS® Mucosin

MUCUS



Food supplement that naturally allows the elimination of mucus favoring the breathing of the little ones.

Composition per 10 ml: Fresh Royal Jelly (250 mg); Rose hip fruit fluid extract (150 mg); Thyme whole plant fluid extract (150 mg); Eyebright aerial parts dry extract (150 mg); Everlasting flower fluid extract (150 mg); Sage whole plant fluid extract (150 mg); Elderflower fluid extract (150 mg); Vitamin C (40 mg, 50% NRV); Vitamin A (120 µg, 15% NRV).

Directions: From 3 to 5 years old: 5 ml (teaspoon) 3 times a day; children over 5 years old: 10 ml (tablespoon) 3 times a day.

Contents: 150 or 250 ml.





METABOLIC SYNDROME

Do you want to control cholesterol, manage blood pressure, and maintain a healthy heart? Age, sedentarism, and unhealthy habits can harm our circulatory system. To counteract these effects, it is essential to follow a healthy diet, exercise regularly, get adequate rest, and avoid stress.

In addition to these lifestyle changes, complementing your diet with effective natural supplements is crucial. These supplements can help strengthen your heart and support your cardiovascular system, ensuring you maintain optimal health and well-being.

METABOLIC SYNDROME

CONTROLCOL®

ACTIVE CONTROL OF CHOLESTEROL



Food supplement based on Red yeast rice, Oryzanol, Birch, Milk thistle, Olive, Coenzyme Q10, Policosanol, Vitamin B1 and Chromium.

Composition per tablet: Red Yeast Rice (166 mg, 3% Monacolin K); Rice bran extract (150 mg, concentrated in Gamma oryzanol); Concentrated phytosterols (60 mg, Beta-sitosterol, Campesterol, and sitostanol); Milk thistle dry extract (50 mg, 80% silymarin, Silybum marianum L. Gaertn); Coenzyme Q10 (10 mg, ubiquinone); Chromium picolinate (20 µg).

Directions: Take 2 tablets a day.

Contents: 60 and 90 tablets.



CONTROLCOL®

ACTIVE CONTROL OF CHOLESTEROL



Food supplement based on Red yeast rice, Oryzanol, Birch, Milk thistle, Olive, Coenzyme Q10, Policosanol, Vitamin B1 and Chromium.

Composition per tablet: Gamma oryzanol (150 mg); Milk thistle seeds dry extract (50 mg, 80% silymarin, Red Yeast Rice (48.34 mg, 3% Monacolin K); Olive dry extract (25 mg, 5 mg Hydroxytyrosol); Coenzyme Q10 (10 mg, ubiquinone); Policosanol (8.3 mg); Vitamin B1 (0.55 mg); Chromium (0.02 mg).

Directions: Take 2 tablets a day.

Contents: 60 and 90 tablets.



CONTROLCOL[®] Phytosterols

ACTIVE CONTROL OF CHOLESTEROL



Food supplement that helps maintain normal blood cholesterol levels and reduces atherosclerotic risk.

Composition per stick: Phytosterols (1500 mg); Pomegranate Fruit (125 mg (50 mg ellagic acid)); Corn Stigma (10 mg (300 U superoxide dismutase)); Vitamin B1 (1.1 mg, 100% NRV).

Directions: Take 1 stick a day with one of the main meals. Not recommended to take on an empty stomach

Contents: 20 sticks.



CONTROLHEP[®]

ACTIVE LIVER CONTROL



Food Supplement that contributes to the liver's protection, detoxication and regeneration thanks to its content in Milk thistle, Desmodium, Boldo, Dandelion, Artichoke and Black radish.

Composition per tablet: Milk thistle dry extract (350 mg (280 mg silymarin)); Desmodium dry extract (250 mg); Boldo dry extract (100 mg); Artichoke dry extract (100 mg); Dandelion dry extract (100 mg); Black radish dry extract (100 mg).

Directions: Take 2 tablets a day, at main meals.

Contents: 60 tablets.



CONTROLTEN®

BLOOD PRESSURE



Food supplement based on Olive, Cocoa, Hawthorn and Peptides of marine origin that helps maintain normal blood pressure.

Composition per tablet: Olive extract (400 mg); Cocoa extract (300 mg, cocoapure®); Peptides of marine origin (200 mg, protensin®); Hawthorn extract (120 mg).

Directions: Take 2 tablets a day.

Contents: 60 tablets.





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ROYAL JELLY

Do you need a daily energy boost? Long-term fatigue can cause mood swings, lack of concentration, difficulty in performing daily tasks, low performance at work, and a long etcetera that you don't have to suffer from. With our eladiet® ROYAL JELLY line, you can achieve all your goals

without feeling like you are on low energy mode thanks to its composition rich in royal jelly, vitamins and minerals that reduce fatigue and promote vitality. In addition, thanks to vitamin C, it also contributes to the normal function of your immune system. Feel refreshed every morning with ROYAL JELLY.

ROYAL JELLY

JELLYOR Defense

IMMUNITY



Food supplement based on fresh Royal Jelly, propolis and elderberry.

Composition per stick: Fresh Royal Jelly (1000 mg); Elderberry extract (450 mg); Propolis (150 mg); Zinc (10.33 mg, 103% NRV).

Directions: Take 1 stick a day.

Contents: 20 liquid sticks.



JELLYOR Energy & Vitality

ENERGY



Food supplement based on fresh Royal Jelly, tryptophan, coenzyme Q-10 and vitamins.

Composition per stick: Fresh Royal Jelly (1500 mg); Tryptophan (300 mg); Vitamin C (80 mg, 100% NRV); Coenzyme Q-10 (20 mg); Vitamin B3 (16 mg, 100% NRV); Vitamin B6 (1.4 mg, 100% NRV); Vitamin B2 (1.4 mg, 100% NRV); Vitamin B1 (1.1 mg, 100% NRV); Folic acid (200 µg, 100% NRV); Biotin (50 µg, 100% NRV); Vitamin B12 (2.5 µg, 100% NRV).

Directions: Take 1 stick a day.

Contents: 20 liquid sticks.



JELLYOR Kids defense

KIDS



Food supplement based on fresh Royal Jelly, propolis and vitamins.

Composition per 10 ml: Fresh Royal Jelly (500 mg); Vitamin C (123.40 mg, 154% NRV); Propolis extract (100 mg); Vitamin B3 (16 mg, 100% NRV); Zinc (1.55 mg, 15.5% NRV); Vitamin B2 (1.40 mg, 100% NRV); Vitamin B1 (1.10 mg, 100% NRV); Vitamin A (800 µg, 100% NRV); Vitamin D (5 µg, 100% NRV).

Directions: Take 1 stick a day.

Contents: 20 liquid sticks.





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VITAMINS

In today's fast-paced world, the demands of daily life often lead to habits that can negatively impact our overall well-being. Stress, fast food, and unbalanced meals have become commonplace, making it challenging to maintain optimal health. Recognizing these challenges, we present Vitamins, a comprehensive line of supplements designed to support your health and vitality.

Vitamins is formulated to provide a balanced contribution of essential vitamins, minerals, and antioxidants, which are crucial for maintaining energy levels, supporting immune function, and promoting overall wellness. Whether you're looking to enhance your daily nutritional intake or seeking targeted support for specific health concerns, Vitamins offers a line of products tailored to meet your needs.

VITAMINS

VIT&MIN® Ferro forte

RED BLOOD
CELLS



Food supplement based on Iron, Vitamins and FOS. Iron contributes to normal cognitive function, reduction of tiredness and fatigue, to the normal formation of red blood cells and hemoglobin, to the normal transport of oxygen in the body, to the normal functioning of the immune system, and normal cognitive development of children.

Composition per stick: Fructooligosaccharides (1000 mg); Lipofer® (14 mg, 100% NRV); Vitamin C (80 mg, 100% NRV); Folic acid (0.2 mg, 100% NRV); Vitamin B12 (2.5 µg, 100% NRV).

Directions: Take 1 powder stick a day, directly in the mouth.

Contents: 20 powder sticks.



VIT&MIN® Multiadvance

MULTIVITAMINIC



Food supplement based on probiotics, 13 vitamins, 9 minerals, coenzyme Q10 and lutein.

Composition per tablet: Lactobacillus gasseri LG-G12, 10 mg (2×10^9 CFU); Bifidobacterium bifidum BB-G90, 10 mg (2×10^9 CFU); Bifidobacterium longum subsp. infantis BI-G201, 10 mg (1×10^9 CFU); and a lactic acid bacteria blend (Bifidobacterium lactis W51 and W52, Enterococcus faecium W54, Lactobacillus acidophilus W22, Lactobacillus paracasei W20, Lactobacillus plantarum W1 and W21, Lactobacillus salivarius W24, Lactococcus lactis W19), 2 mg (1×10^6 CFU), Calcium 216.27 mg (27% NRV), Phosphorus 105 mg (15% NRV), Magnesium 97.5 mg (26% NRV), Vitamin E 12 mg (100% NRV), Iron 5 mg (35.71% NRV), Niacin (Vitamin B3) 16 mg (100% NRV), Vitamin C 12 mg (15% NRV), Lutein 0.5 mg, Zinc 7.4 mg (74% NRV), Pantothenic acid (Vitamin B5) 6 mg (100% NRV), Coenzyme Q10 4 mg, Vitamin A 400 µg (50% NRV), Vitamin B6 2.1 mg (150% NRV), Copper 1 mg (100% NRV), Vitamin B12 2.5 µg (100% NRV), Riboflavin (Vitamin B2) 2.1 mg (150% NRV), Thiamine (Vitamin B1) 1.65 mg (150% NRV), Molybdenum 50 µg (100% NRV), Vitamin K1 30 µg (40% NRV), Folic acid (Vitamin B9) 400 µg (200% NRV), Chromium 40 µg (100% NRV), Biotin (Vitamin B8) 150 µg (300% NRV), Selenium 55 µg (100% NRV), and Vitamin D 10 µg (200% NRV).

Directions: Take 1 tablet a day.

Contents: 30 tablets.



VIT&MIN[®] Vitamin C

IMMUNE SUPPORT AND ANTIOXIDANT
CELL PROTECTION



NEW
PRODUCT

Food supplement with Vitamin C.

Composition per tablet: Vitamin C (1000 mg;
1250% NRV).

Directions: Take 1 tablet a day, preferably in the
morning.

Contents: 60 tablets.



VIT&MIN[®] Magnesium

TRIPLE ACTION FOR ENERGY, NERVOUS
SYSTEM AND PSYCHOLOGICAL FUNCTION



NEW
PRODUCT

Food supplement based on 3 magnesium salts
(magnesium gluconate, magnesium citrate and
magnesium chloride).

Composition per stick: Magnesium (300mg;
80% NRV).

Directions: Take 1 stick a day. Shake before use.

Contents: 20 sticks.





RESPIRATORY

Are you looking to boost your immune system and maintain optimal health? Herbafrinol harnesses the power of natural plant extracts to fortify your defenses and keep you strong. In today's environment, various factors can weaken our immune systems, leaving us susceptible to viruses and bacteria.

At Eladiet, we provide effective solutions to enhance your immune system. Our products are formulated with a blend of vitamins, minerals, and potent plant extracts to support your body's natural defenses and promote overall well-being. Choose Herbafrinol to strengthen your immune system and help you stay in peak condition.

RESPIRATORY

HERBAFRIOL[®] TUS Adults

DRY AND PRODUCTIVE COUGH



Food supplement based on flower honey, plantain and marshmallow for dry cough.

Composition per 30 ml: Flower honey (3000 mg); Dry extract of plantain aerial parts (*Plantago lanceolata* L.) (900 mg); Dry extract of marshmallow root (*Althaea officinalis* L.) (900 mg).

Directions: 10 ml 3 times a day, taking the last dose before going to bed.

Contents: 140 ml.



HERBAFRIOL[®] TUS Kids

DRY AND PRODUCTIVE COUGH



Food supplement based on flower honey, plantain and marshmallow for dry cough.

Composition per 30 ml: Flower honey (1636 mg); Dry extract of plantain aerial parts (*Plantago lanceolata* L.) (490 mg); Dry extract of marshmallow root (*Althaea officinalis* L.) (490 mg).

Directions: Children from 3 to 6 years: 5 ml 3 times a day. Children older than 6 years: 10 ml three times a day, taking the last dose before going to bed.

Contents: 140 ml.



HERBAFRIOL[®] Mucus



Food supplement with N-acetylcysteine, Thyme leaves plant extract, Primrose root plant extract, Vitamin C and Vitamin B2 that helps and contributes to respiratory well-being.

Composition per stick: N-acetylcysteine (300 mg); Thyme dry extract (225 mg); Evening Primrose dry extract (115 mg); Vitamin C (80 mg, 100% NRV); Vitamin B2 (1.4 mg, 100% NRV).

Directions: Take 1 powder stick a day, dissolved in water.

Contents: 12 powder sticks.

HERBAFRIOL[®] Mucus Forte



Food supplement with N-acetylcysteine, Thyme leaves plant extract, Primrose root plant extract, Vitamin C and Vitamin B2 that helps and contributes to respiratory well-being.

Composition per stick: N-acetylcysteine (600 mg); Thyme dry extract (225 mg); Evening Primrose dry extract (115 mg); Vitamin C (80 mg, 100% NRV); Vitamin B2 (1.4 mg, 100% NRV).

Directions: Take 1 powder stick a day, dissolved in water.

Contents: 12 powder sticks.

HERBAFRIOL[®] Propolag

THROAT



Food supplement with honey, mallow, hedge mustard, propolis and sage

Composition per 2 tablets: Powdered honey (300 mg); Mallow leaves dry extract (125 mg); Hedge Mustard flowering tops dry extract (125 mg); Propolis dry extract (125 mg); Sage aerial parts dry extract (25 mg).

Directions: Dissolve 2 to 4 tablets in the mouth a day.

Contents: 24 tablets.



HERBAFRIOL[®] Propolag Spray

THROAT



Liquid food supplement based on propolis, hedge mustard, vitamin C, sage, and vitamin B3.

Composition per 2.5 ml: Glycerin-based propolis fluid extract (220 mg); Hedge Mustard flowering tops dry extract (128 mg); Vitamin C (80 mg, 100% NRV); Sage aerial parts dry extract (61 mg); Vitamin B3 (16 mg, 100% NRV).

Directions: Take 6 sprays 3 times a day. A total of 18 sprays equals 2.5 ml a day. Shake well before use.

Contents: 30 ml.



HERBAFRIOL® Propolag Kids

THROAT



Liquid food supplement based on honey, propolis, and agrimony.

Composition per 2.5 ml: Glycerin-based propolis fluid extract (750 mg); Flower honey (150 mg); Agrimony dry extract (15 mg); Zinc (zinc citrate) (1.5 ml, 15% NRV).

Directions: Take 10 drops (1.5 ml) three times a day. Take before or during meals, dissolved in 100 ml of liquid. Shake well before use.

Contents: 50 ml.



HERBAFRIOL® Multiactive

COLDS, CONGESTION AND DISCOMFORT



Liquid food supplement with thyme, ginger, propolis, and echinacea.

Composition per 4.5 ml: Thyme aerial parts fluid extract (3214 mg); Ginger root fluid extract (535 mg); Propolis fluid extract (269 mg); Echinacea root fluid extract 225 mg).

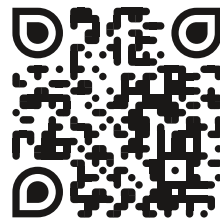
Directions: Take 4.5 ml a day or 1.5 ml 3 times a day (4.5 ml), dissolved in a glass of water. Shake well before use.

Contents: 30 ml.





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product guide NOW!**



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