



RECOVER & REPEAT

BOOST YOUR FITNESS WITH OUR PREMIUM SPORTS SUPPLEMENTS FOR ENERGY AND RECOVERY



WHEY PROTEIN POWDER

NUTRITIONAL INFORMATION		
Serving size: 1 level scoop (35 gm) Servings per container: 28		
Nutrient	Amount per serving	
Energy	136.5 kcal	
Carbohydrate	2.8 g	
Protein	24.0 g	
Total Fat	1.76 g	
Cholesterol	80.85 mg	
Sodium	49.70 mg	
Typical amino acid profile		
Essential amino acids	13.49 gm	
Semi-essential amino acids	4.20 gm	
Non-essential amino acids	11.60 gm	
Amino acid profile		
Essential amino acids	Semi essential amino acids	Non-essential amino acids
Isoleucine	Phenylalanine	Arginine
Leucine	Threonine	Cysteine
Valine	Tryptophan	Glycine
Lysine	Histidine	Proline
Methionine		Tyrosine
~ 13.48 g	~ 4.20 g	~ 11.60 g

AVAILABLE FLAVOURS

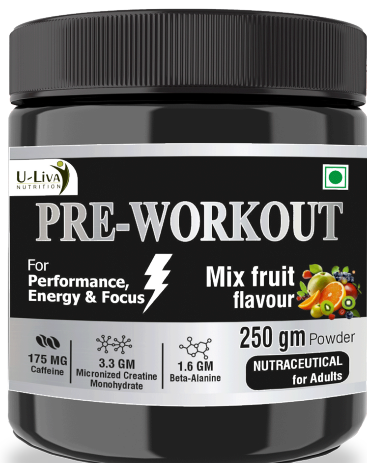


PEA PROTEIN

NUTRITIONAL INFORMATION			
Serving Size: 38 gm Serving Per container: 27			
Nutrient	Amount Per Serving	Amino acid profile	Amount Per Serving
Energy	117.2 kcal	Aspartic acid	2875 mg
Total Fat	0.43 g	Glutamic acid	4175 mg
Saturated Fat	0.19 g	Alanine	1075 mg
Polyunsaturated Fat	0.18 g	Cysteine	250 mg
Trans Fat	0 g	Glycine	1000 mg
Cholesterol	0 g	Histidine	625 mg
Total Carbohydrate	6.2 g	Lysine	1775 mg
Sugar	5.5 g	Methionine	275 mg
Dietary Fiber	0.4 g	Phenylalanine	1375 mg
Protein	25 g	Proline	1075 mg
Calcium	19.05 mg	Serine	1275 mg
Iron	7.62 mg	Threonine	950 mg
Magnesium	400 mg	Tyrosine	950 mg
Zinc	3.81 mg	Tryptophan	250 mg
Sodium	571.5 mg	Isoleucine	1175 mg
Potassium	30.5 mg	Leucine	2050 mg
		Valine	1250 mg



AVAILABLE FLAVOURS



PRE - WORKOUT

NUTRITIONAL INFORMATION			
Serving Size : 1 level scoop (12 gm) Serving per container : 21			
Nutrient	Amount per serving	Nutrient	Amount per serving
Energy	9.2 kcal	Vitamin D	600 IU
Protein	0 g	Calcium	50 mg
Total carbohydrate	1.20 g	Sodium	20 mg
Added sugar	0 g	Creatine monohydrate	3.3 gm
Total Fat	0 g	Beta-Alanine	1.6 gm
Vitamin B1	1.8 mg	Micronized L - Citrulline	3.2 gm
Vitamin B3	18 mg	L-Tyrosine	385 mg
Vitamin B5	10 mg	Caffeine	175 mg
Vitamin B6	2 mg	Taurine	333 mg
Vitamin B9	200 mcg	Black pepper extract	5 mg
Vitamin B12	2.2 mcg		

AVAILABLE FLAVOURS





BCAA POWDER

NUTRITIONAL INFORMATION	
Serving size: 1 level scoop (8 gm) Servings per container: 63	
Nutrient	Amount per serving
Energy	1.3 kcal
Protein	0 g
Total carbohydrate	0.09 g
Total Fat	0 g
Saturated Fat	0 g
Cholesterol	0 g
Trans fatty acids	0 g
L-Leucine	3 g
L-Isoleucine	1.5 g
L-valine	1.5 g

AVAILABLE FLAVOURS

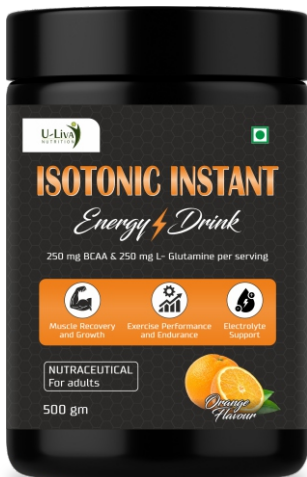


AMINO ENERGY

NUTRITIONAL INFORMATION			
Serving size: 1 level scoop (9 gm) Servings per container: 30			
Nutrient	Amount Per Serving	Nutrient	Amount Per Serving
Energy	6 kcal	Amino Blend (Micronized Taurine, Micronized L- Glutamine, Micronized L- Arginine, Micronized L-Leucine, Beta – alanine, Micronized L – Citrulline, Micronized L – Isoleucine, Micronized L – Valine, Micronized L-Tyrosine, Micronized L – Histidine, Micronized L – Lysine Hydrochloride, Micronized L – Phenylalanine, Micronized L – Threonine, Micronized L – Methionine)	5 g
Protein	0 g		
Total carbohydrate	1.8 g		
Added sugar	0 g		
Dietary fiber	0 g		
Total Fat	0 g		
Sodium	10 mg		
Caffeine	100 mg		
Green Tea Leaf Extract	50 mg		
Green Coffee Bean Extract	10 mg		



AVAILABLE FLAVOURS



ISOTONIC INSTANT ENERGY DRINK

NUTRITIONAL INFORMATION			
Serving size: 1 level scoop (34 gm) Servings per container: 15			
Nutrient	Amount Per Serving	Nutrient	Amount Per Serving
Energy	120 kcal	BCAA	250 mg
Protein	0 g	L-Leucine	125 mg
Total carbohydrate	30 g	L-Isoleucine	62.50 mg
Added sugar	29 g	L-Valine	62.50 mg
Dietary fiber	0 g	L-Glutamine	250 mg
Total Fat	0 g	Magnesium	50 mg
Sodium	200 mg	Phosphorus	43 mg
Potassium	75 mg	Chloride	386 mg

AVAILABLE FLAVOURS





L – GLUTAMINE POWDER

NUTRITIONAL INFORMATION	
Serving size: 1 level scoop (5 gm) Servings per container: 50	
Nutrient	Amount Per Serving
Energy	0 kcal
Protein	0 g
Total carbohydrate	0 g
Added sugar	0 g
Dietary fiber	0 g
Total Fat	0 g
Saturated Fat	0 g
Trans fatty acids	0 g
Sodium	0 mg
L – Glutamine	5 g

Also Available in Flavours



L – ARGININE POWDER

NUTRITIONAL INFORMATION	
Serving size: 1 level scoop (5 gm) Servings per container: 50	
Nutrient	Amount Per Serving
Energy	1.06 kcal
Protein	0 g
Total carbohydrate	0.5 g
Added sugar	0 g
Dietary fiber	0 g
Total Fat	0 g
Saturated Fat	0 g
Trans fatty acids	0 g
Sodium	0 mg
L – Arginine	3 g



AVAILABLE FLAVOURS



CITRULLINE MALATE POWDER

NUTRITIONAL INFORMATION	
Serving size: 1 level scoop (5 gm) Servings per container: 50	
Nutrient	Amount Per Serving
Energy	2.03 kcal
Protein	0 g
Total carbohydrate	0.6 g
Added sugar	0 g
Dietary fiber	0 g
Total Fat	0 g
Saturated Fat	0 g
Trans fatty acids	0 g
Sodium	0 mg
L - Citrulline Malate	2 g

AVAILABLE FLAVOURS





CREATINE POWDER FLAVOURED

NUTRITIONAL INFORMATION	
Serving size: 1 level scoop (8 gm) Servings per container: 31	
Nutrient	Amount per serving
Energy	1.02 kcal
Protein	0 g
Total carbohydrate	0.30 g
Added sugar	0 g
Dietary fiber	0 g
Total Fat	0 g
Sodium	0 mg
Creatine monohydrate	5 g

AVAILABLE FLAVOURS



CREATINE POWDER UNFLAVOURED

NUTRITIONAL INFORMATION	
Serving size: 1 level scoop (3 gm) Servings per container: 50	
Nutrient	Amount per serving
Energy	0 kcal
Protein	0 g
Total carbohydrate	0 g
Added sugar	0 g
Dietary fiber	0 g
Total Fat	0 g
Sodium	0 mg
Creatine monohydrate	3 g



CREATINE CAPSULE

NUTRITIONAL INFORMATION	
Serving size: 3 Capsule serving per container: 30	
Nutrient	Amount per serving
Energy	00 kcal
Carbohydrates	00 g
Protein	00 g
Fat	00 g
Creatine monohydrate	1.5 g



CREATINE GUMMIES

NUTRITIONAL INFORMATION	
Serving size: 1 or 2 Gummies Serving per Container: 30	
Nutrient	Amount per serving
Energy	11.2 Kcal
Dietary Fiber	0 g
Carbohydrates	1.68 g
Total sugar	0 g
Added sugar	0 g
Protein	0 g
Fat	0 g
Creatine monohydrate	3 g

MASS GAINER

NUTRITIONAL INFORMATION					
Serving Size : 334 gm (About 2 scoops), Serving per container : 6					
Nutrient	Amount per serving	Nutrient	Amount per serving	Nutrient	Amount per serving
Energy	1230 Kcal	Riboflavin	0.2 mg	Iron	1 mg
Carbohydrates	245 g	Niacin	2 mg	Iodine	50 mcg
Total sugar	8 g	Folic Acid	66 mcg	Magnesium	50 mg
Added sugar	0 g	Vitamin B6	0.3 mg	Manganese	0.7 mg
Protein	51 g	Vitamin B12	2 mcg	Molybdenum	45 mcg
Total Fat	3 g	Biotin	30 mcg	Selenium	40 mcg
Saturated Fat	2 g	Pantothenic Acid	2 mg	Zinc	2 mg
Trans Fat	0 g	Vitamin C	5 mg	Creatine	3 gm
Cholesterol	144 mg	Vitamin D	7 mcg	L-Glutamine	1 gm
Sodium	544 mg	Vitamin E	3.5 mg	Choline	250 mg
Potassium	434 mg	Calcium	571 mg	Inositol	250 mg
Vitamin A	124 mcg	Phosphorus	361 mg		
Thiamine	0.14 mg	Chromium	33 mcg		



AVAILABLE FLAVOURS



TESTRO-OP PLUS CAPSULE



NUTRITIONAL INFORMATION	
Serving size 3 Capsules Serving per Container: 30	
Nutrient	Amount per serving
Ashwagandha Extract (Standardized to contain 7% Withanolids)	400 mg
Fanugreek Extract (Standardized to contain 40% Saponin)	400 mg
Mucuna Pruriens Extract (Standardized to contain 10% LDOPA)	250 mg
Panax Ginseng	100 mg
Zinc (Zinc citrate)	30 mg
Magnesium (Magnesium citrate)	100 mg

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Our Wide Range of Products Available in Different Size and Flavour to Fuel Your Ambition!



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OUR ACCREDITATION





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