

Thyme Extract

Thymus vulgaris L.

STANDARDIZED EXTRACT
FOR RESPIRATORY HEALTH



Botanical Name

Thymus vulgaris L.
/ *Thymus zygis* L.



Part Used

Herb



**Active Compound
and Purity**

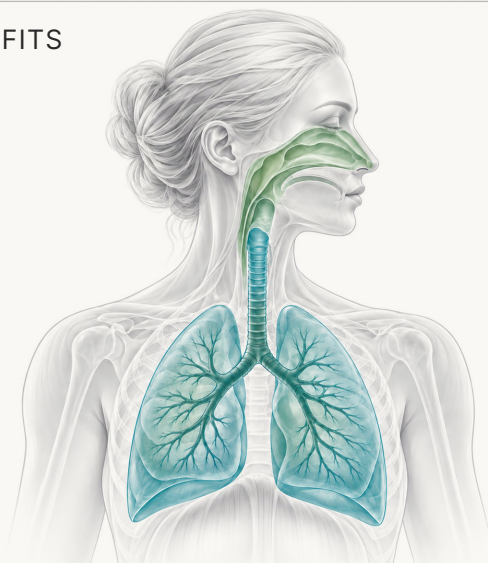
Rosmarinic Acid $\geq 0.50\%$



01 PRIMARY HEALTH BENEFITS

Respiratory Health

Supports respiratory comfort, and **helps** relieve coughs and soothes the throat.



02 MECHANISM OF ACTION

Spasmolytic effect by decreasing calcium availability for smooth muscle contraction in the trachea, reducing coughs.

Decreases mucus production by inhibiting MUC5AC and MUC5B genes, which produce thick mucus, and limits goblet cell hyperplasia (growth of mucus producing cells).

Promotes mucus clearance by stimulating ciliary activity.

03 EU CLAIMS



✓ The EMA Herbal Monograph recognized thyme traditional use in relief of productive (chesty) coughs associated with colds.

04 OUR CERTIFICATIONS



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