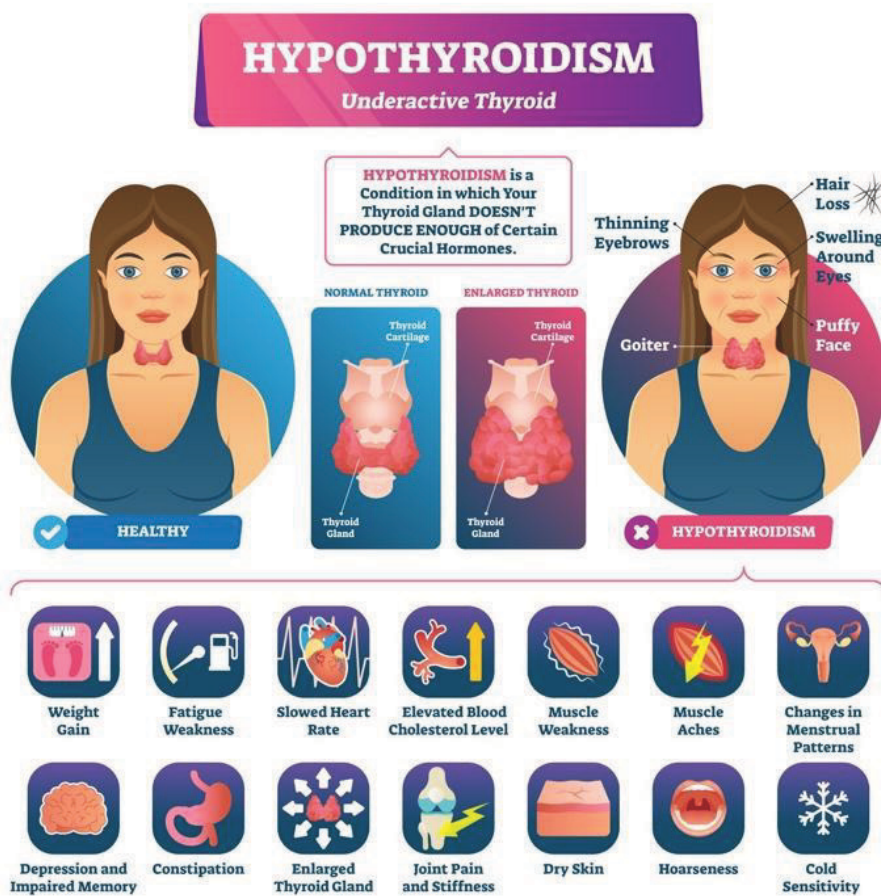


# Thyrokomp



Hormones secreted by the thyroid gland ensure that many systems and organs in our body work in a healthy way by stimulating them. Hypothyroidism, which is a type of thyroid gland disease, is a disease that occurs as a result of the thyroid gland secreting less hormones than it should.

**THYROKOM** - is a food supplement that helps promote thyroid health which contains Iodine, Selenium, Zinc, Magnesium, L-tyrosine, Vitamin B12 and Vitamin B6.



**Iodine** - helps the thyroid gland to make the hormone thyroxine.

**Selenium** - helps the production of T4 and also converts T4 to T3. Selenium is necessary for thyroid function and if you take iodine without selenium, you can end up with a selenium deficiency. If you take selenium without iodine, you can cause an iodine deficiency.

**L-Tyrosine** - is a stimulating amino acid and precursor to thyroid hormone.



**Zinc** -Supports thyroid function as it helps convert the inactive hormone T4 into the active hormone T3.

**Magnesium** – supports the body in eliminating the symptoms of thyroid deficiency.

Magnesium in combination with other supplements can lower TSH, reduce thyroid damage, and even speed healing of thyroid tissue.

**Vitamin B6** - Without this vitamin, the thyroid cannot utilise its iodine raw material efficiently to make the hormones. Vitamin B6 is needed even more by an overactive thyroid and is needed by the thyroid gland to effectively use iodine for hormone production and increases the absorption of magnesium.

Muscle weakness is very common in people with an overactive thyroid and in those who are also lacking in B6.

| Nutritional information          | Amount | %NRV* |
|----------------------------------|--------|-------|
| Iodine (as Potassium Iodide)     | 150mcg | 100   |
| Selenium (as Selenomethionine)   | 100mcg | 182   |
| L-tyrosine                       | 200mg  | -     |
| Zinc (from zinc oxide)           | 5mg    | 50    |
| Magnesium (from magnesium oxide) | 100mg  | 27    |
| Vitamin B6 (from Pyridoxine HCl) | 4mg    | 286   |
| Vitamin B12 (as Methylcobalamin) | 50mcg  | 2000  |

NRV: Nutrient Reference Values

**Vitamin B12** - plays an important role in red cell metabolism. It also increases your energy and strengthens your nervous system.



**1 box contains 30 capsules.**

**Recommended daily dose:** Take one capsule per day.

**Made in Germany**

**Product of: Komot SHPK, Lubizhda p.n., 20000 Prizren, Republic of Kosovo**